



100 N College Row  
Brevard, NC 28712  
(828) 884-5800  
Fax: (828) 884-5840

*Committed to Brevard,  
Dedicated to Seniors*

Find us on 

### Conserving Carolina Program

Pam Torlina, community engagement director for Conserving Carolina presents "Beneficial Bats" on Friday, August 2, at 3 pm, in Auditorium. This presentation focuses on our only flying mammal: bats! Learn about species of bats found in North Carolina, their unique adaptations, habitat requirements, effects of White Nose Syndrome, as well as the benefits of having bats around and what you can do to help them.



### Voter Registration

Federal, state and local elections will be held in November. Are you registered to vote in Transylvania County? If not, on Wednesday, August 14, get registered at 10 am in Activity Room. Also information about absentee ballots, early voting, sample ballots and the possibility of obtaining an official photo ID.

### Cheese Blintz Brunch

Tuesday, August 20, enjoy a cheese blintz or two with choice of toppings as well as sausage, bacon, fresh fruit, milk, juice and coffee from 10:30-11:30 am, in Main Dining Room. No additional charge and open to ALL residents. Sign up at Front Desk by Friday, August 16.



### Associate Spotlight

Adrienne Spradling, Dining Room Supervisor, joins us from the manufacturing world at Demmel where she worked as a Production Manager Assistant. Her hometown is Charleston, WV, and she enjoys hiking and video games. She's married (since 2006) and proudly has 3 children. "Happy to be part of College Walk!" We are thankful Adrienne is part of our team!

### National Days in August

- 8 Frozen Custard
- 14 Creamsicle
- 15 Lemon Meringue Pie
- 21 Spumoni
- 23 Sponge Cake
- 28 Cherry Turnover



### WNC Air Museum

Wednesday, August 7, we will travel to Hendersonville for a self-guided tour of WNC Air Museum. It features an impressive collection of restored, replica and vintage airplanes, models, engines and flying memorabilia including a few new planes in the collection. Free admission but donations accepted. Depart College Walk at 9:30 am.



### August Programs

- 2 Beneficial Bats
- 7 Concert by Woodwind Quintet
- 16 Piano Concert by Solomon Eichner
- 22 Van Gogh: His Life, Art & Rise to Fame
- 23 Crazy Quilts
- 30 Magic & Balloons

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
4	5	6	7	1	2	3
<p>10:30 Church Service</p> <p>11:30 <b>J</b> Main Meal in the Dining Room</p> <p>1:30 <b>D</b> Scrabble</p> <p>2:30 <b>G</b> Brevard Music Center</p> <p>2:30 Snack Time</p> <p>3:30 <b>A</b> Vespers</p>	<p>9:00 <b>M</b> Bocce</p> <p>9:30 <b>G</b> Errands</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>10:50 <b>A</b> Chair Yoga DVD</p> <p>11:00 <b>G</b> Corn on the Cob Sale</p> <p>1:15 <b>A</b> Sit, Step, Sing with Debra</p> <p>2:00 <b>A</b> Cornhole</p> <p>2:00 <b>F</b> Sit, Step, and Sing with Debra</p> <p>3:30 <b>E</b> Monday Mixers</p>	<p>9:30 <b>G</b> Grocery Shopping</p> <p>9:30 Hubble Group</p> <p>10:30 <b>G</b> Grocery Shopping</p> <p>1:00 <b>A</b> Tai Chi with Chris</p> <p>1:00 <b>A</b> Bingo with Andy</p> <p>1:00 <b>A</b> Ping-pong</p> <p>2:00 <b>C</b> Episcopal Communion</p> <p>2:00 Pinochle</p> <p>2:30 <b>E</b> Episcopal Coffee</p> <p>3:00 Music with Linda</p> <p>7:00 <b>A</b> Movie</p>	<p>8:00 Continental Breakfast</p> <p>9:00 <b>M</b> Bocce</p> <p>9:30 <b>G</b> Visit Western North Carolina Air Museum in Hendersonville</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>10:50 <b>A</b> Chair Yoga DVD</p> <p>11:00 <b>P</b> Blood Pressure Checks</p> <p>11:00 Dog Visits</p> <p>2:00 <b>F</b> Sit, Step, and Sing with Debra</p> <p>2:30 <b>A</b> Yoga with Lauren</p> <p>3:00 <b>D</b> Dominoes</p> <p>6:30 <b>A</b> Special Concert by Woodwind Quintet</p>	<p>9:30 <b>C</b> RC Mass</p> <p>10:00 <b>A</b> Line Dancing</p> <p>11:00 Craft Time with Jean</p> <p>11:00 <b>D</b> Wii Bowling</p> <p>1:00 Bible Study</p> <p>1:00 Bingo with Andy</p> <p>1:00 <b>C</b> First Methodist Gathering and Communion</p> <p>1:00 <b>D</b> Knitting Group</p> <p>2:00 <b>A</b> Cornhole</p> <p>2:00 <b>E</b> Frozen Custard</p> <p>2:00 <b>D</b> Scrabble</p> <p>5:30 <b>G</b> All Things Appalachian at TC Library</p>	<p>9:00 <b>M</b> Bocce</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>10:00 <b>G</b> Shopping at Walmart and Belk</p> <p>10:30 Book Discussion Group</p> <p>11:00 <b>A</b> Morning Yoga with Laura</p> <p>1:00 <b>F</b> Sit, Step, and Sing with Debra</p> <p>1:00 Turning Points</p> <p>1:45 <b>A</b> Sit, Step, Sing with Debra</p> <p>2:00 <b>E</b> August Birthday Party</p> <p>3:00 <b>A</b> Conserving Carolina Program</p> <p>6:30 <b>D</b> Billiards</p> <p>7:00 <b>G</b> Brevard Music Center</p>	<p>10:00 <b>A</b> Stand &amp; Sit Yoga DVD</p> <p>10:30 <b>A</b> Chair Yoga DVD</p> <p>1:00 <b>A</b> Ping-Pong</p> <p>1:30 <b>D</b> Scrabble</p> <p>2:00 <b>E</b> Coffee Chat</p> <p>2:00 <b>F</b> Popcorn &amp; Movie in The Inn</p> <p>6:45 <b>A</b> Movie</p> <p>7:00 <b>G</b> Brevard Music Center</p>
11	12	13	14	15	16	17
<p>10:30 Church Service</p> <p>11:30 <b>J</b> Main Meal in the Dining Room</p> <p>1:30 <b>D</b> Scrabble</p> <p>2:30 Snack Time</p> <p>3:30 <b>A</b> Vespers</p>	<p>9:00 <b>M</b> Bocce</p> <p>9:30 <b>G</b> Errands</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>10:50 <b>A</b> Chair Yoga DVD</p> <p>11:00 <b>G</b> Corn on the Cob Sale</p> <p>1:15 <b>A</b> Sit, Step, Sing with Debra</p> <p>2:00 <b>A</b> Cornhole</p> <p>2:00 <b>F</b> Sit, Step, and Sing with Debra</p> <p>3:30 <b>E</b> Monday Mixers</p>	<p>9:30 Hubble Group</p> <p>10:45 <b>G</b> Picnic at Mills River Recreation Area</p> <p>11:00 <b>A</b> Tai Chi with Chris</p> <p>1:00 <b>A</b> Bingo with Andy</p> <p>1:00 <b>A</b> Ping-pong</p> <p>2:00 <b>C</b> Episcopal Communion</p> <p>2:00 Pinochle</p> <p>2:30 <b>E</b> Episcopal Coffee</p> <p>3:00 <b>F</b> Listen and Laugh with Carol</p> <p>7:00 <b>A</b> Movie</p>	<p>8:00 Continental Breakfast</p> <p>9:00 <b>M</b> Bocce</p> <p>9:30 <b>G</b> Grocery Shopping</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>10:00 Voter Registration</p> <p>10:30 <b>G</b> Grocery Shopping</p> <p>10:50 <b>A</b> Chair Yoga DVD</p> <p>11:00 Dog Visits</p> <p>2:00 <b>E</b> Creamsicles</p> <p>2:00 <b>F</b> Sit, Step, and Sing with Debra</p> <p>2:30 <b>A</b> Yoga with Lauren</p> <p>3:00 <b>D</b> Dominoes</p>	<p>9:30 <b>C</b> RC Mass</p> <p>10:00 <b>A</b> Line Dancing</p> <p>11:00 Craft Time with Jean</p> <p>11:00 <b>D</b> Wii Bowling</p> <p>1:00 Bible Study</p> <p>1:00 Bingo with Andy</p> <p>1:00 <b>D</b> Knitting Group</p> <p>2:00 <b>A</b> Cornhole</p> <p>2:00 <b>E</b> Lemon Meringue Pie</p> <p>2:00 <b>D</b> Scrabble</p> <p>5:00 Vino Ladies' Guild in PDR</p>	<p>9:00 <b>M</b> Bocce</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>10:00 <b>G</b> Shopping at Walmart and Belk</p> <p>11:00 <b>A</b> Morning Yoga with Laura</p> <p>1:00 <b>F</b> Sit, Step, and Sing with Debra</p> <p>1:00 Turning Points</p> <p>1:45 <b>A</b> Sit, Step, Sing with Debra</p> <p>3:00 <b>A</b> Piano Concert by Solomon Eichner</p> <p>6:30 <b>D</b> Billiards</p>	<p>10:00 <b>A</b> Stand &amp; Sit Yoga DVD</p> <p>10:30 <b>A</b> Chair Yoga DVD</p> <p>1:00 <b>A</b> Ping-Pong</p> <p>1:30 <b>D</b> Scrabble</p> <p>2:00 <b>E</b> Coffee Chat</p> <p>2:00 <b>F</b> Popcorn &amp; Movie in The Inn</p> <p>6:45 <b>A</b> Movie</p> <p>7:30 <b>G</b> Brevard Music Center</p>
18	19	20	21	22	23	24
<p>10:30 Church Service</p> <p>11:30 <b>J</b> Main Meal in the Dining Room</p> <p>1:30 <b>D</b> Scrabble</p> <p>2:30 Snack Time</p> <p>3:30 <b>A</b> Vespers</p>	<p>9:00 <b>M</b> Bocce</p> <p>9:30 <b>G</b> Errands</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>10:50 <b>A</b> Chair Yoga DVD</p> <p>11:00 <b>G</b> Corn on the Cob Sale</p> <p>11:00 Veterans' Coffee and Conversation</p> <p>1:15 <b>A</b> Sit, Step, Sing with Debra</p> <p>2:00 <b>A</b> Cornhole</p> <p>2:00 <b>F</b> Sit, Step, and Sing with Debra</p> <p>3:30 <b>E</b> Monday Mixers</p>	<p>9:30 Hubble Group</p> <p>10:30 <b>J</b> Cheese Blintz Brunch</p> <p>11:00 <b>A</b> Tai Chi with Chris</p> <p>1:00 <b>A</b> Bingo with Andy</p> <p>1:00 <b>A</b> Ping-pong</p> <p>2:00 <b>C</b> Episcopal Communion</p> <p>2:00 Pinochle</p> <p>2:00 Traveling Betts Bar - Lodge</p> <p>2:30 <b>E</b> Episcopal Coffee</p> <p>3:00 Music with Linda</p> <p>3:00 Traveling Betts Bar - Patio Homes &amp; Cottages</p> <p>7:00 <b>A</b> Movie</p>	<p>8:00 Continental Breakfast</p> <p>9:00 <b>M</b> Bocce</p> <p>9:30 <b>G</b> Grocery Shopping</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>10:30 <b>G</b> Grocery Shopping</p> <p>10:50 <b>A</b> Chair Yoga DVD</p> <p>11:00 <b>P</b> Blood Pressure Checks</p> <p>11:00 Dog Visits</p> <p>2:00 <b>F</b> Sit, Step, and Sing with Debra</p> <p>2:00 <b>E</b> Spumoni</p> <p>2:30 <b>A</b> Yoga with Lauren</p> <p>3:00 <b>D</b> Dominoes</p>	<p>9:30 <b>C</b> RC Mass</p> <p>10:00 <b>A</b> Line Dancing</p> <p>11:00 Craft Time with Jean</p> <p>11:00 <b>D</b> Wii Bowling</p> <p>12:00 Pizza Party</p> <p>1:00 Bible Study</p> <p>1:00 Bingo with Andy</p> <p>1:00 <b>A</b> Cornhole</p> <p>1:00 <b>D</b> Knitting Group</p> <p>2:00 <b>D</b> Scrabble</p> <p>3:00 <b>A</b> Carol Jonson presents Vincent Van Gogh: His Life, Art and Rise to Fame</p> <p>5:00 Vino Ladies' Guild in PDR</p>	<p>9:00 <b>M</b> Bocce</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>10:00 <b>G</b> Shopping at Walmart and Belk</p> <p>11:00 <b>A</b> Morning Yoga with Laura</p> <p>1:00 <b>F</b> Sit, Step, and Sing with Debra</p> <p>1:00 Turning Points</p> <p>1:45 <b>A</b> Sit, Step, Sing with Debra</p> <p>2:00 <b>E</b> Fun Friday - Sponge Cake</p> <p>3:00 <b>A</b> Alice Earl presents Crazy Quilts</p> <p>6:30 <b>D</b> Billiards</p>	<p>10:00 <b>A</b> Stand &amp; Sit Yoga DVD</p> <p>10:30 <b>A</b> Chair Yoga DVD</p> <p>1:00 <b>A</b> Ping-Pong</p> <p>1:30 <b>D</b> Scrabble</p> <p>2:00 <b>E</b> Coffee Chat</p> <p>2:00 <b>F</b> Popcorn &amp; Movie in The Inn</p> <p>7:00 <b>A</b> Movie</p>
25	26	27	28	29	30	31
<p>10:30 Church Service</p> <p>11:30 <b>J</b> Main Meal in the Dining Room</p> <p>1:30 <b>D</b> Scrabble</p> <p>2:30 Snack Time</p> <p>3:30 <b>A</b> Vespers</p> <p>4:00 <b>E</b> Vesper Committee Meeting</p>	<p><b>White Squirrel Photo Contest Begins</b></p> <p>9:00 <b>M</b> Bocce</p> <p>9:30 <b>G</b> Errands</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>10:00 <b>L</b> Library Committee Meeting</p> <p>10:50 <b>A</b> Chair Yoga DVD</p> <p>11:00 <b>G</b> Corn on the Cob Sale</p> <p>1:15 <b>A</b> Sit, Step, Sing with Debra</p> <p>2:00 <b>A</b> Cornhole</p> <p>2:00 <b>F</b> Sit, Step, and Sing with Debra</p> <p>3:30 <b>E</b> Monday Mixers</p>	<p>9:30 Hubble Group</p> <p>9:45 <b>G</b> Tour New Transylvania County EMS - Brevard Base</p> <p>11:00 <b>A</b> Tai Chi with Chris</p> <p>1:00 <b>A</b> Bingo with Andy</p> <p>1:00 <b>A</b> Ping-pong</p> <p>2:00 <b>C</b> Episcopal Communion</p> <p>2:00 Land of Waterfalls Dulcimer Group</p> <p>2:00 Pinochle</p> <p>2:30 <b>E</b> Episcopal Coffee</p> <p>7:00 <b>A</b> Movie</p>	<p>8:00 Continental Breakfast</p> <p>9:00 <b>M</b> Bocce</p> <p>9:30 <b>G</b> Grocery Shopping</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>10:30 <b>G</b> Grocery Shopping</p> <p>10:50 <b>A</b> Chair Yoga DVD</p> <p>11:00 Dog Visits</p> <p>1:15 UU's</p> <p>2:00 <b>E</b> Cherry Turnovers</p> <p>2:00 <b>F</b> Sit, Step, and Sing with Debra</p> <p>2:30 <b>A</b> Yoga with Lauren</p> <p>3:00 <b>D</b> Dominoes</p>	<p><b>Night Buffet</b></p> <p>9:30 <b>C</b> RC Mass</p> <p>10:00 <b>A</b> Line Dancing</p> <p>11:00 Craft Time with Jean</p> <p>11:00 <b>D</b> Wii Bowling</p> <p>1:00 Bible Study</p> <p>1:00 Bingo with Andy</p> <p>1:00 <b>D</b> Knitting Group</p> <p>2:00 <b>A</b> Cornhole</p> <p>2:00 <b>D</b> Scrabble</p> <p>4:00 <b>G</b> Special Drinks</p> <p>6:30 <b>A</b> Movie "Mary Poppins"</p>	<p>9:00 <b>M</b> Bocce</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>10:00 <b>G</b> Shopping at Walmart and Belk</p> <p>11:00 <b>A</b> Morning Yoga with Laura</p> <p>11:30 The Inn Pizza Party</p> <p>1:00 <b>F</b> Sit, Step, and Sing with Debra</p> <p>1:00 Turning Points</p> <p>1:45 <b>A</b> Sit, Step, Sing with Debra</p> <p>2:00 <b>E</b> Fun Friday - Veggie Tray</p> <p>3:00 <b>A</b> Magic and Balloons with Chris Bilotta</p> <p>6:30 <b>D</b> Billiards</p>	<p>10:00 <b>A</b> Stand &amp; Sit Yoga DVD</p> <p>10:30 <b>A</b> Chair Yoga DVD</p> <p>1:00 <b>A</b> Ping-Pong</p> <p>1:30 <b>D</b> Scrabble</p> <p>2:00 <b>E</b> Coffee Chat</p> <p>2:00 <b>F</b> Popcorn &amp; Movie in The Inn</p> <p>7:00 <b>A</b> Movie</p>

## White Squirrel Photo Contest

Our 3rd Annual White Squirrel photo contest starts Monday, August 26. Photos must be taken by the resident/staff, framed and limited to two entries. Residents, staff and visitors will vote for their favorite squirrel. Photos will be displayed in Game Room. Voting ends Monday, September 2. Questions? Contact Valerie and good luck!



## Corn Sale

It's that time! Fresh corn-on-the-cob available @ \$.50 per ear every Monday, at 11 am, in Main Lobby. What a bargain!



## "A Night at the Movies" Theme Night Buffet

Thursday, August 29, dress as your favorite movie character and join us for drinks at 4 pm, in main lobby. Next, enjoy a delicious themed buffet followed by Mary Poppins at 6:30 pm, in Auditorium.



## Tuesday Trip

Tuesday, August 13 - Let's try again! Picnic at Mills River Recreation Area. Pack your lunch, College Walk provides drinks. Depart at 10:45 a.m.

Tuesday, August 27 - Tour the brand new Transylvania County EMS (Brevard Base) building. Depart at 9:45 a.m.



## August Birthdays

- 1 Sandi Hall
- 2 Jessica Cave
- 2 Ruth Ann Weisenauer
- 5 Martha Farrar
- 6 Joanna Bliss
- 8 Mary Gillespie
- 9 Lillian Updike
- 9 Carolyn Winchester
- 10 Ella Mae Heaton
- 10 Nanc Marshall
- 13 Richard Gibson
- 13 Claire Rouse
- 14 Anna Nielsen
- 20 Bill Wallace
- 22 Virginia Diehl
- 23 Roy Cross
- 24 Flo Suddeth
- 25 Etta Jean Jarrell
- 26 Susan Petersen
- 26 Fred Sturges
- 27 Anne Honer
- 31 Judy Nebrig



## Happy Anniversary!

- 6 Fred & Judy Nebrig
- 10 Warren & Jerri Redwing
- 21 Newt & Adele Colston

