# February 2023



100 N College Row Brevard, NC 28712 (828) 884-5800 Fax: (828) 884-5840

Committed to Brevard, Dedicated to Seniors

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### Mardi Gras Buffet

Our Fat Tuesday celebration starts with a jazz concert by Neal Douglas Trio at 3 pm in the Auditorium. Next, enjoy a New Orleans themed buffet where we will crown our "King" or "Queen" of College Walk. Don't forget to wear the special colors of purple, gold and green.



**Super Bowl Party** 

It's Super Bowl time! Which team are you rooting for? Or are you cheering for the commercials? Whatever draws you to the big game, join us for football, food and fun during our Super Bowl party on Sunday, February 12, at 6 pm in the Auditorium. Subway sandwiches, chips, cookies and beverage are only \$5. Sign up and pay at the desk!





## **Volunteer Spotlight**

You will see Jean doing several different activities in Assisted Living but she is famous for her Craft Time sessions. Many residents proudly display their art/crafts in front of their apartments. We are so appreciative of her creativeness and infectious smile. Thank vou, Jean!

### College Walk Spirit Week 13 - Tie Dye Monday



14 - Show Your Love Tuesday



15 - Wacky Tacky Wednesday

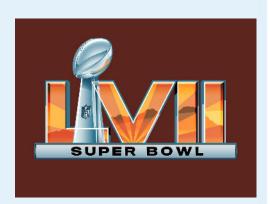


16 - Superhero Thursday



17 - Freedom Friday





#### Card Sale

Wednesday, February 8, the Recycled Card Group will be selling all occasion cards for the low price of \$1 each from 10 am to Noon in Activity Room. Proceeds benefit the Children's Center of Transylvania County.





### **Baked Potato Bar Buffet**

Tuesday, February 7, enjoy loaded baked potatoes with all your favorite toppings from Noon to 1 pm in Main Dining Room. Caesar salad, fruit and beverages, too. No additional charge and open to ALL residents. Sign up at Front Desk by Friday, February 3.



# February 2023

3:30 Monday Mixers

7:00 Parker Concert Hall at BMC

A Auditorium F The Inn Media Room Library M Bocce Courts Activity Room Main Lobby Wellness Office C Chapel The Inn D Game Room Main Dining Room

Cafe Area The Inn Cafe Area Sunday Monday Tuesday Wednesday Thursday Friday Saturday **Continental Breakfast** 9:30 G Errands 9:15 Coffee Chat Stand & Sit Yoga DVD 10:00 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:00 A Line Dancing 10:30 A Chair Yoga DVD 10:00 Exercise with Kerry DVD **Book Discussion Group** 10:30 Sarah Ruth Circle of PW 10:30 G Grocery Shopping 10:30 G Shopping at Walmart and Belk 1:30 D Scrabble 11:00 Blood Pressure Checks 11:00 D Wii Bowling 11:00 M Bocce 2:00 Coffee Chat 11:00 M Bocce Morning Yoga with Laura 11:00 1:00 E Bingo with Andy Chair Yoga DVD Ping Pong 11:00 Sit, Step, Sing with Debra 1:00 D Knitting Group Dog Visits 1:00 1:00 **Turning Points** 6:00 Popcorn & Movie in **AAUW Book Club** 2:00 Cornhole 2:00 Fun Friday - National Carrot Cake Day Sit, Step, Sing with Debra The Inn 2:00 "All About Tolkien" with 6:30 2:00 Pinochle 2:30 Yoga with Lauren 7:00 Movie 6:30 Billiards **Bill Moore** 3:00 Dominoes 11 10 **Hubble Group Continental Breakfast** 9:15 Coffee Chat 9:30 G Errands 9:30 **Church Service** 9:15 Coffee Chat Stand & Sit Yoga DVD 9:30 G Grocery Shopping 10:00 RC Communion 10:00 Line Dancing 10:00 A Exercise with Kerry DVD 10:30 Chair Yoga DVD 11:30 J Main Meal in the Dining 9:30 G Errands 10:00 Children's Center Card Sale 12:00 Baked Potato Bar Buffet 11:00 Craft Time with Jean 10:30 G Shopping at Walmart and Belk 10:00 A Exercise with Kerry DVD 10:00 Exercise with Kerry DVD 1:30 D Scrabble Room 1:00 E Bingo with Andy 11:00 D Wii Bowling 11:00 M Bocce 10:30 G Grocery Shopping 11:00 M Bocce 2:00 Coffee Chat 1:30 D Scrabble 2:00 C Episcopal Communion 1:00 E Bingo with Andy 11:00 Morning Yoga with Laura 11:00 M Bocce 2:00 A Ping Pong Knitting Group Sit, Step, Sing with Debra 11:00 Chair Yoga DVD 2:00 Pina Pona 2:30 **Snack Time** 11:00 Chair Yoga DVD 2:30 Em Episcopal Coffee **Turning Points** Cornhole 11:00 Dog Visits 2:00 Cornhole 6:00 | Popcorn & Movie in 3:30 A Vespers 3:00 Music with Linda 2:00 First Methodist Gathering and 2:00 E Birthday Party 2:00 Sit, Step, Sing with Debra 2:00 Sit, Step, Sing with Debra The Inn 6:45 Movie Communion 2:00 D Pinochle Yoga with Lauren 2:30 3:30 Monday Mixers 7:00 G Parker Concert Hall at BMC Visually Impaired Persons Meeting 6:30 D Billiards 7:00 Movie 2:00 3:00 D Dominoes 12 Tie Dye Monday 17 Super Bowl Sunday 13 Show Your Love Tuesday 14 Wacky Tacky Wednesday 15 Superhero Thursday 16 Freedom Friday **Hubble Group** Continental Breakfast 9:30 G Errands 9:15 Coffee Chat 9:15 Coffee Chat **Church Service** Stand & Sit Yoga DVD 10:30 10:00 10:00 A Exercise with Kerry DVD 9:30 G Grocery Shopping 10:00 C RC Communion 9:30 G Errands 10:00 A Line Dancing 11:30 J Main Meal in the Dining 10:30 Chair Yoga DVD 10:30 G Shopping at Walmart and Belk 10:00 Exercise with Kerry DVD 10:00 G Shopping at Aldi Grocery Store **PEO Group** 9:30 11:00 D Wii Bowling 10:30 G Grocery Shopping 11:00 M Bocce 1:30 D Scrabble Room 1:00 E Bingo with Andy 10:00 **Exercise with Kerry DVD** Blood Pressure Checks 11:00 A Morning Yoga with Laura 11:00 12:00 Pizza Party 2:00 Coffee Chat 1:30 D Scrabble 2:00 C Episcopal Communion 11:00 M Bocce 1:00 Sit, Step, Sing with Debra 11:00 Bocce 1:00 E Bingo with Andy 2:00 Ping Pong Land of Waterfalls Dulcimer 2:00 2:30 **Snack Time** 11:00 Chair Yoga DVD 1:00 **Turning Points** Chair Yoga DVD 11:00 1:00 D Knitting Group Group 2:00 Fun Friday - Snow Cream Ice Cream 11:00 Dog Visits 6:00 Popcorn & Movie in 3:30 Vespers 2:00 Cornhole 2:00 Sit, Step, Sing with Debra 2:00 Pinochle Ping Pong 2:00 A Cornhole 2:00 The Inn 6:00 Super Bowl Party 2:30 G Random Acts of Kindness Deliveries 2:00 Sit, Step, Sing with Debra 2:30 Yoga with Lauren 2:30 Em Episcopal Coffee 7:00 G Parker Concert Hall at BMC 6:30 D Billiards 7:00 Movie 3:00 Dominoes 3:30 Monday Mixers 7:00 Movie 20 Mardi Gras Buffet 21 22 23 24 25 19 Presidents Day 9:30 **Hubble Group** 8:00 Continental Breakfast 9:30 G Errands 9:15 Coffee Chat 9:15 Coffee Chat **Church Service** Stand & Sit Yoga DVD 10:30 10:00 A 10:00 \_\_ Exercise with Kerry DVD 9:30 Grocery Shopping 10:00 C RC Communion 10:00 A Line Dancing 9:30 G Errands 10:30 A Chair Yoga DVD 11:30 Main Meal in the Dining 10:00 A Exercise with Kerry DVD 10:30 Shopping at Walmart and Belk 1:00 E Bingo with Andy 10:00 A Exercise with Kerry DVD **Craft Time with Jean** 11:00 10:30 G Grocery Shopping 11:00 M Bocce 1:30 D Scrabble Room Ping Pong Morning Yoga with Laura 11:00 MB Bocce 11:00 11:00 M Bocce 11:00 D Wii Bowling 2:00 Coffee Chat 1:30 D Scrabble 2:00 C Episcopal Communion 11:00 Chair Yoga DVD 1:00 Sit, Step, Sing with Debra Chair Yoga DVD The Inn Pizza Party 11:00 2:00 A Ping Pong 11:00 Dog Visits **Turning Points** 2:30 E Episcopal Coffee 2:30 **Snack Time** 2:00 Cornhole 1:00 E Bingo with Andy 1:00 UU's 2:00 Fun Friday - National Tortilla Chips Day Music with Linda 3:00 6:00 Popcorn & Movie in 3:30 Vespers Sit, Step, Sing with Debra 2:00 Pinochle 2:00 1:00 D Knitting Group 2:00 E National Cherry Pie 3:00 Musical Performance by Neal The Inn Yoga with Lauren 3:30 2:30 Senior Games Presentation with Brenda Sit, Step, Sing with Debra Betts Bar 3:00 Douglas Trio Skeffington 3:00 D Dominoes 7:00 A Movie 3:30 Monday Mixers 3:00 Scenic Ride for The Inn 6:30 Billiards 7:00 Movie 4:00 G National Margarita Day 26 27 Breakfast for Dinner Buffet 28 **Church Service** 9:15 Coffee Chat **Hubble Group** 9:30 G Errands 10:00 C RC Communion 11:30 Main Meal in the Dining Exercise with Kerry DVD 1:00 E Bingo with Andy Room 10:00 Library Committee Meeting 2:00 C Episcopal Communion 1:30 D Scrabble 2:00 A Ping Pong 11:00 M Bocce **Snack Time** 2:30 Chair Yoga DVD 2:30 E Episcopal Coffee 11:00 3:30 Vespers Cornhole 3:00 Listen and Laugh with Carol 2:00 4:00 **E** Vesper Committee Sit, Step, Sing with Debra 6:45 Movie Meeting

### **National Carrot Cake Day**

Friday, February 3, enjoy a sliće of carrot cake at 2 pm in The Inn Cafe Area and upstairs Cafe Area. Sign up at the Front Desk.



National Tortilla Chips Day

Friday, February 24, enjoy tortilla chips with special toppings at 2 pm in The Inn Cafe Area and upstairs Cafe Area. Sign up at Front Desk.



**Special Buffet** 

Breakfast for dinner? Yes, please! Tuesday, February 28, we will be serving delicious breakfast options for dinner.



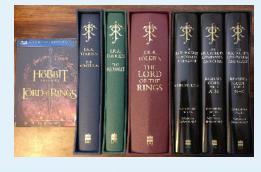
### **National Cherry Pie Day**

Monday, February 20, enjoy a scrumptious slice of cherry pie (with or without vanilla ice cream) at 2 pm in upstairs Cafe Area and 2:30 pm in The Inn Cafe Area. Sign up at Front Desk.



**Special Program** 

Join resident Bill Moore for a special program entitled "All About Tolkien" on Thursday, February 2, at 6:30 pm in the Auditorium. More information will be in our weekly update.



### **February Birthdays**

- 2 Sue Stickle
- 5 Ruth Unger
- 9 Bob Case
- 9 Dottie Holum
- 16 Marilyn Lockhart
- 18 Florence Calabrese
- 18 Tommie Jones
- 18 Sharon King
- 18 Jill Roberts
- 18 Barbara Wolfe
- 19 Suzanne Phillips
- 20 Pat Darrow
- 22 Carolyn Nikolai
- 22 Margarete Peterson
- 23 Shirley Grahl
- 24 Joy Ryder
- 25 Voncille Calhoun
- 29 Jean Woods

### **Happy Anniversary!**

- 14 Jerry & Joan Gerardi
- 17 Tim & Betsy Robinson

### **Random Acts of Kindness**

Friday, February 17, encouraging cards from College Walk with special treats will be hand delivered to random people throughout Transylvania County at 2:30 pm. If you would like to join us, sign up at Front Desk.



