



100 N College Row
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*Committed to Brevard,
Dedicated to Seniors*

Find us on 

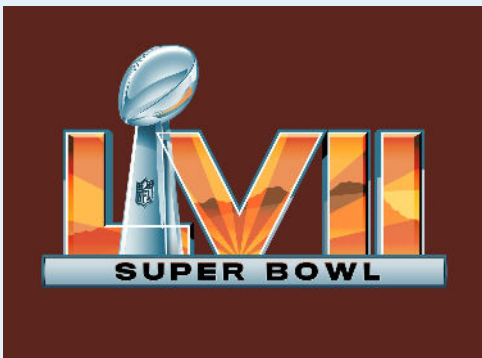
Mardi Gras Buffet

Our Fat Tuesday celebration starts with a jazz concert by Neal Douglas Trio at 3 pm in the Auditorium. Next, enjoy a New Orleans themed buffet where we will crown our "King" or "Queen" of College Walk. Don't forget to wear the special colors of purple, gold and green.



Super Bowl Party

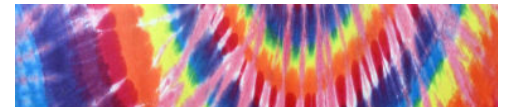
It's Super Bowl time! Which team are you rooting for? Or are you cheering for the commercials? Whatever draws you to the big game, join us for football, food and fun during our Super Bowl party on Sunday, February 12, at 6 pm in the Auditorium. Subway sandwiches, chips, cookies and beverage are only \$5. Sign up and pay at the desk!



Volunteer Spotlight

You will see Jean doing several different activities in Assisted Living but she is famous for her Craft Time sessions. Many residents proudly display their art/crafts in front of their apartments. We are so appreciative of her creativeness and infectious smile. Thank you, Jean!

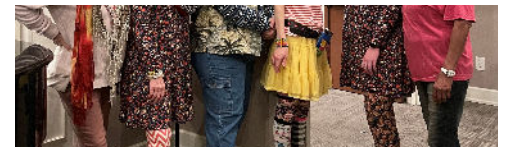
College Walk Spirit Week 13 - Tie Dye Monday



14 - Show Your Love Tuesday



15 - Wacky Tacky Wednesday



16 - Superhero Thursday



17 - Freedom Friday



Card Sale

Wednesday, February 8, the Recycled Card Group will be selling all occasion cards for the low price of \$1 each from 10 am to Noon in Activity Room. Proceeds benefit the Children's Center of Transylvania County.



Baked Potato Bar Buffet

Tuesday, February 7, enjoy loaded baked potatoes with all your favorite toppings from Noon to 1 pm in Main Dining Room. Caesar salad, fruit and beverages, too. No additional charge and open to ALL residents. Sign up at Front Desk by Friday, February 3.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
5	6	7	8	9	10	11
10:30 Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 Snack Time 3:30 A Vespers	9:15 E Coffee Chat 9:30 G Errands 10:00 A Exercise with Kerry DVD 11:00 M Bocce 11:00 A Chair Yoga DVD 2:00 A Cornhole 2:00 F Sit, Step, Sing with Debra 3:30 E Monday Mixers	9:30 Hubble Group 10:00 C RC Communion 12:00 J Baked Potato Bar Buffet 1:00 E Bingo with Andy 2:00 C Episcopal Communion 2:00 A Ping Pong 2:30 E Episcopal Coffee 3:00 Music with Linda 6:45 A Movie 7:00 G Parker Concert Hall at BMC	8:00 Continental Breakfast 9:30 G Grocery Shopping 10:00 Children's Center Card Sale 10:00 A Exercise with Kerry DVD 10:30 G Grocery Shopping 11:00 M Bocce 11:00 A Chair Yoga DVD 11:00 Dog Visits 2:00 F Sit, Step, Sing with Debra 2:30 A Yoga with Lauren 3:00 D Dominoes	9:15 E Coffee Chat 10:00 A Line Dancing 10:30 Sarah Ruth Circle of PW 11:00 D Wii Bowling 1:00 E Bingo with Andy 1:00 D Knitting Group 2:00 A Cornhole 6:30 A "All About Tolkien" with Bill Moore	9:30 G Errands 10:00 A Exercise with Kerry DVD 10:30 G Shopping at Walmart and Belk 11:00 M Bocce 11:00 A Morning Yoga with Laura 1:00 F Sit, Step, Sing with Debra 1:00 Turning Points 2:00 E Fun Friday - National Carrot Cake Day 2:00 D Pinochle 6:30 D Billiards	10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:30 D Scrabble 2:00 E Coffee Chat 2:00 A Ping Pong 6:00 F Popcorn & Movie in The Inn 7:00 A Movie
12	13	14	15	16	17	18
Super Bowl Sunday 10:30 Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 Snack Time 3:30 A Vespers 6:00 A Super Bowl Party	Tie Dye Monday 9:15 E Coffee Chat 9:30 G Errands 9:30 PEO Group 10:00 A Exercise with Kerry DVD 11:00 M Bocce 11:00 A Chair Yoga DVD 2:00 A Cornhole 2:00 F Sit, Step, Sing with Debra 3:30 E Monday Mixers	Show Your Love Tuesday 9:30 Hubble Group 10:00 C RC Communion 10:00 G Shopping at Aldi Grocery Store 1:00 E Bingo with Andy 2:00 C Episcopal Communion 2:00 Land of Waterfalls Dulcimer Group 2:00 A Ping Pong 2:30 E Episcopal Coffee 7:00 A Movie	Wacky Tacky Wednesday 8:00 Continental Breakfast 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:30 G Grocery Shopping 11:00 P Blood Pressure Checks 11:00 M Bocce 11:00 A Chair Yoga DVD 11:00 Dog Visits 2:00 F Sit, Step, Sing with Debra 2:30 A Yoga with Lauren 3:00 D Dominoes	Superhero Thursday 9:15 E Coffee Chat 10:00 A Line Dancing 11:00 D Wii Bowling 12:00 Pizza Party 1:00 E Bingo with Andy 1:00 D Knitting Group 2:00 A Cornhole 7:00 G Parker Concert Hall at BMC	Freedom Friday 9:30 G Errands 10:00 A Exercise with Kerry DVD 10:30 G Shopping at Walmart and Belk 11:00 M Bocce 11:00 A Morning Yoga with Laura 1:00 F Sit, Step, Sing with Debra 1:00 Turning Points 2:00 E Fun Friday - Snow Cream Ice Cream 2:00 D Pinochle 2:30 G Random Acts of Kindness Deliveries 6:30 D Billiards	10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:30 D Scrabble 2:00 E Coffee Chat 2:00 A Ping Pong 6:00 F Popcorn & Movie in The Inn 7:00 A Movie
19	20	21	22	23	24	25
10:30 Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 Snack Time 3:30 A Vespers	Presidents Day 9:15 E Coffee Chat 9:30 G Errands 10:00 A Exercise with Kerry DVD 11:00 M Bocce 11:00 A Chair Yoga DVD 2:00 A Cornhole 2:00 E National Cherry Pie 2:00 F Sit, Step, Sing with Debra 3:30 E Monday Mixers	Mardi Gras Buffet 9:30 Hubble Group 10:00 C RC Communion 1:00 E Bingo with Andy 1:00 A Ping Pong 2:00 C Episcopal Communion 2:30 E Episcopal Coffee 3:00 Music with Linda 3:00 A Musical Performance by Neal Douglas Trio 7:00 A Movie	8:00 Continental Breakfast 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:30 G Grocery Shopping 11:00 M Bocce 11:00 A Chair Yoga DVD 11:00 Dog Visits 1:00 UU's 2:00 F Sit, Step, Sing with Debra 2:30 A Yoga with Lauren 3:00 D Dominoes 4:00 G National Margarita Day	9:15 E Coffee Chat 10:00 A Line Dancing 11:00 Craft Time with Jean 11:00 D Wii Bowling 11:30 The Inn Pizza Party 1:00 E Bingo with Andy 1:00 D Knitting Group 3:00 A Betts Bar 3:00 Scenic Ride for The Inn	9:30 G Errands 10:00 A Exercise with Kerry DVD 10:30 G Shopping at Walmart and Belk 11:00 M Bocce 11:00 A Morning Yoga with Laura 1:00 F Sit, Step, Sing with Debra 1:00 Turning Points 2:00 E Fun Friday - National Tortilla Chips Day 2:00 D Pinochle 3:30 A Senior Games Presentation with Brenda Skeffington 6:30 D Billiards	10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:30 D Scrabble 2:00 E Coffee Chat 2:00 A Ping Pong 6:00 F Popcorn & Movie in The Inn 7:00 A Movie
26	27	28				
10:30 Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 Snack Time 3:30 A Vespers 4:00 E Vesper Committee Meeting	9:15 E Coffee Chat 9:30 G Errands 10:00 A Exercise with Kerry DVD 10:00 L Library Committee Meeting 11:00 M Bocce 11:00 A Chair Yoga DVD 2:00 A Cornhole 2:00 F Sit, Step, Sing with Debra 3:30 E Monday Mixers	Breakfast for Dinner Buffet 9:30 Hubble Group 10:00 C RC Communion 1:00 E Bingo with Andy 2:00 C Episcopal Communion 2:00 A Ping Pong 2:30 E Episcopal Coffee 3:00 F Listen and Laugh with Carol 6:45 A Movie 7:00 G Parker Concert Hall at BMC				

National Carrot Cake Day

Friday, February 3, enjoy a slice of carrot cake at 2 pm in The Inn Cafe Area and upstairs Cafe Area. Sign up at the Front Desk.



National Tortilla Chips Day

Friday, February 24, enjoy tortilla chips with special toppings at 2 pm in The Inn Cafe Area and upstairs Cafe Area. Sign up at Front Desk.



Special Buffet

Breakfast for dinner? Yes, please! Tuesday, February 28, we will be serving delicious breakfast options for dinner.



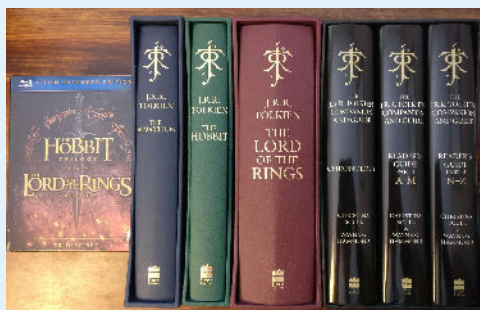
National Cherry Pie Day

Monday, February 20, enjoy a scrumptious slice of cherry pie (with or without vanilla ice cream) at 2 pm in upstairs Cafe Area and 2:30 pm in The Inn Cafe Area. Sign up at Front Desk.



Special Program

Join resident Bill Moore for a special program entitled "All About Tolkien" on Thursday, February 2, at 6:30 pm in the Auditorium. More information will be in our weekly update.



February Birthdays

2	Sue Stickle
5	Ruth Unger
9	Bob Case
9	Dottie Holum
16	Marilyn Lockhart
18	Florence Calabrese
18	Tommie Jones
18	Sharon King
18	Jill Roberts
18	Barbara Wolfe
19	Suzanne Phillips
20	Pat Darrow
22	Carolyn Nikolai
22	Margarete Peterson
23	Shirley Grahl
24	Joy Ryder
25	Voncille Calhoun
29	Jean Woods

Happy Anniversary!

14	Jerry & Joan Gerardi
17	Tim & Betsy Robinson

Random Acts of Kindness

Friday, February 17, encouraging cards from College Walk with special treats will be hand delivered to random people throughout Transylvania County at 2:30 pm. If you would like to join us, sign up at Front Desk.