February 2024



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Committed to Brevard, Dedicated to Seniors

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National Wear Red Day

The first Friday in February (February 2) is National Wear Red Day. On this day of American Heart Month, everyone across the country dons the color red to raise awareness in hopes to help eradicate heart disease and stroke in millions of women all over our nation. You can choose to wear this color all day or just to dinner.



"Love Is in the Air" Waffle Breakfast

Join us Wednesday, February 14, for a special Valentine's Day breakfast featuring waffles, bacon, sausage, fruit, milk, juice and coffee: No additional charge and for ALL residents. Sign up at Front Desk by 9 am Friday, February 9.



Friday, February 2, is National Tater Tots Day: we're serving loaded tots at 2 pm in upstairs Cafe Area. Sign up at Front Desk.





Pardee Health Talk

Thursday, February 8, learn more about Pardee's cardiovascular services, their commitment to the community, and how they're working to meet the needs of Transylvania County. Holly Humphrey, MD, FACC with Pardee Cardiology Associates will explore the topic *Heart Health* at 3 pm in Auditorium.

"Death by Chocolate" Party

If you LOVE chocolate, this party is for you! Tuesday, February 13, enjoy delicious, chocolate treats at 2:30 pm in the upstairs Cafe area. Sign up at Front Desk.





Mardi Gras Buffet

We are celebrating a little later in the month. Tuesday, February 20, grab your beads and enjoy a special piano concert by Doua Alt at 3 pm in the Auditorium. Next, wine and beer are served in Main Lobby, 4:15-5:30 pm. Our New Orleans-themed buffet is where we crown our "King" or "Queen" of College Walk. Don't forget to wear the special colors of purple, green and gold.



National Cherry Pie Day

We are celebrating this national day early. Friday, February 16, grab a fork and enjoy a slice of cherry pie at 2 pm in the upstairs Cafe Area. Sign up at the Front Desk.



National Banana Bread Dav

Friday, February 23, stop by the upstairs Cafe Area at 2 pm to sample this scrumptious treat. Sign up at the Front Desk.





A Auditorium F The Inn Media Room L Library Activity Room G Main Lobby M Bocce Courts C Chapel P Wellness Office The Inn D Game Room J Main Dining Room

A SENIOR LIVING COMMUNITY			E Cafe Area The Inn Cafe Area			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FEBRUARY BLACK HISTORY MONTH	Presidents A DAY *	STARDI CCRASS	HAPPY GROUNDHOG DAY	9:15 Coffee Chat 9:30 RC Mass 10:00 Line Dancing 10:30 Sarah Ruth Circle of PW 11:00 Craft Time with Jean 11:00 Wii Bowling 1:00 Bible Study 1:00 Bingo with Andy 1:00 Knitting Group 2:00 Corphole 5:30 Transylvania County Library Program	National Wear Red Day! 10:00	10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:30 D Scrabble 2:00 E Coffee Chat 2:00 A Ping-Pong 2:00 F Popcorn & Movie in The Inn 7:00 A Movie
10:30 Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 Snack Time 3:30 A Vespers		9:30 Hubble Group 11:00 A Tai Chi with Chris 11:00 Vesper Committee Mtg. 1:00 Bingo with Andy 2:00 Episcopal Communion 2:00 A Ping-Pong 2:00 Visit TCarts Exhibit 2:30 E Episcopal Coffee 3:00 Music with Linda 7:00 A Movie	8:00 Continental Breakfast 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 P Blood Pressure Checks 11:00 M Bocce 11:00 Dog Visits 2:00 AAUW Book Club 2:00 F Sit, Step, and Sing with Debra 2:30 A Yoga with Lauren 3:00 E Dominoes	9:15 Coffee Chat 9:30 RC Mass 11:00 Craft Time with Jean 11:00 D Wii Bowling 1:00 Bible Study 1:00 Bingo with Andy 1:00 Cornhole 1:00 First Methodist Gathering and Communion 1:00 Knitting Group 2:00 VIP Meeting 3:00 Pardee Health Talk - Heart Health 5:00 Brew Crew in Private Dining Room	10:00 A Exercise with Kerry DVD 10:00 G Shopping at Walmart and Belk 11:00 M Bocce 11:00 A Morning Yoga with Laura 1:00 F Sit, Step, and Sing with Debra 1:00 Turning Points 1:45 A Sit, Step, Sing with Debra 2:00 E Fun Friday - Birthday Party 2:00 D Pinochle 6:30 D Billiards	10 10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:30 D Scrabble 2:00 E Coffee Chat 2:00 A Ping-Pong 2:00 F Popcorn & Movie in The Inn 7:00 A Movie
National Peppermint Patty Day 11 10:30 Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 Snack Time 3:30 A Vespers		9:30 Hubble Group 9:30 G Shopping at ALDI Grocery Store 11:00 A Tai Chi with Chris 12:00 Pizza Party 1:00 Bingo with Andy 2:00 C Eniscopal Communion	Happy Valentine's Day! 8:30 J "Love is in the Air" Waffle Breakfast 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 M Bocce 11:00 Dog Visits 2:00 F Sit, Step, and Sing with Debra 2:30 A Yoga with Lauren 3:00 E Dominoes 7:00 G Parker Concert Hall at BMC	9:15 Coffee Chat 9:30 RC Mass 10:00 Line Dancing 11:00 Craft Time with Jean 11:00 D Wii Bowling 1:00 Bible Study 1:00 Bingo with Andy 1:00 Knitting Group 2:00 Cornhole 2:00 Random Acts of Kindness Deliveries 5:00 Vino Ladies' Guild in Private Dining Room	10:00 A Exercise with Kerry DVD 10:00 G Shopping at Walmart and Belk 11:00 M Bocce 11:00 A Morning Yoga with Laura 1:00 F Sit, Step, and Sing with Debra 1:00 Turning Points 1:45 A Sit, Step, Sing with Debra 2:00 E Fun Friday - Cherry Pie 2:00 D Pinochle 6:30 D Billiards	17 10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:30 D Scrabble 2:00 E Coffee Chat 2:00 A Ping-Pong 2:00 F Popcorn & Movie in The Inn 7:00 A Movie
10:30 Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 Snack Time 3:30 A Vespers	9:15 Coffee Chat	Mardi Gras Buffet 20 9:30 Hubble Group 11:00 A Tai Chi with Chris 1:00 Bingo with Andy 1:00 A Ping-Pong 2:00 Episcopal Communion 2:30 E Episcopal Coffee 3:00 Music with Linda 3:00 A Special Piano Concert by Doug Alt 4:15 G Wine and Beer 7:00 A Movie	8:00 Continental Breakfast 9:30 Grocery Shopping 10:00 A Exercise with Kerry DVD 10:00 Recycled Card Group 10:50 A Chair Yoga DVD 11:00 Blood Pressure Checks 11:00 M Bocce 11:00 Dog Visits 11:30 The Inn Pizza Party 2:00 F Sit, Step, and Sing with Debra 2:30 A Yoga with Lauren 3:00 Dominoes	9:15 Coffee Chat 9:30 RC Mass 10:00 Line Dancing 11:00 Craft Time with Jean 11:00 Wii Bowling 1:00 Bible Study 1:00 Bingo with Andy 1:00 Knitting Group 2:00 Cornhole 3:00 Celebration of Life for Oscar Reiner 5:00 Additional Vino Ladies' Guild in PDR	10:00 A Exercise with Kerry DVD 10:00 G Shopping at Walmart and Belk 11:00 M Bocce 11:00 A Morning Yoga with Laura 1:00 F Sit, Step, and Sing with Debra 1:00 Turning Points 1:45 A Sit, Step, Sing with Debra 2:00 F Fun Friday - Banana Bread 2:00 D Pinochle 6:30 D Billiards	10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:30 D Scrabble 2:00 E Coffee Chat 2:00 A Ping-Pong 2:00 F Popcorn & Movie in The Inn 7:00 A Movie
10:30 Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 Snack Time 3:30 A Vespers 4:00 E Vespers Committee Meeting	9:15 E Coffee Chat 9:30 G Errands 10:00 A Exercise with Kerry DVD 10:00 L Library Committee Meeting 10:50 A Chair Yoga DVD 11:00 M Bocce 1:15 A Sit, Step, Sing with Debra 2:00 A Cornhole 2:00 F Sit, Step, and Sing with Debra 3:30 E Monday Mixers	9:30 Hubble Group 11:00 A Tai Chi with Chris 1:00 Bingo with Andy 1:00 A Ping-Pong 2:00 C Episcopal Communion 2:00 Land of Waterfalls Dulcimer Group 2:30 E Episcopal Coffee 3:00 A Betts Bar 7:00 A Movie	8:00 Continental Breakfast 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 M Bocce 11:00 Dog Visits 1:00 UU's 2:00 Sit, Step, and Sing with Debra 2:30 Assisted Living Ladies' Tea Party 2:30 A Yoga with Lauren 3:00 D Dominoes	Leap Day 9:15 Coffee Chat 9:30 RC Mass 10:00 Line Dancing 11:00 Wii Bowling 1:00 Bible Study 1:00 Bingo with Andy 1:00 Knitting Group 2:00 Cornhole 2:00 Leap Day Cupcakes 6:45 Movie "Leap Year" 7:00 Parker Concert Hall at BMC		



Assisted Living Ladies' Tea Party

Wednesday, February 28, Assisted Living ladies are invited to enjoy a variety of teas, scones, tea sandwiches and more at 2:30 pm in The Inn Cafe Area. Hats are encouraged, but not required.

National Peppermint Patty Day

Sunday, February 11, stop by the Main Lobby at 2 pm and pick up one of these delicious treats!



Veterans Coffee and Conversation

This group meets the 3rd Monday of each month at 11 am in Activity Room. This month it is Monday, February 19. Why don't you join them for good coffee and even better conversation?

Leap Day

Since it only comes around every four years, we are celebrating this day with themed cupcakes at 2 pm in the upstairs Cafe Area. "Leap Year" is showing at 6:45 pm in Auditorium.



Random Acts of Kindness

Thursday, February 15, encouraging cards with special treats will be hand delivered to random people throughout Transylvania County at 2 pm. Valerie is looking for four volunteers to help her make this possible. Sign up at the Front Desk if interested.





February Birthdays

- Betty Schenfield
- 2 Sue Stickle
- 4 Anna Etters

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- 5 Ruth Unger
- 6 Jim Tyson
- 9 Dottie Holum
- 16 Marilyn Lockhart
- 18 Tommie Jones
- 18 Sharon King
- 18 Barbara Wolfe
- 19 Suzanne Phillips
- 20 Pat Darrow
- 21 Madge Ramey
- 22 Carolyn Nikolai
- 22 Margarete Peterson
- 23 Shirley Grahl
- 24 Joy Ryder
- 29 Jean Woods

Happy Anniversary!

- 14 Jerry & Joan Gerardi
- 17 Tim & Betsy Robinson





