

100 N College Row Brevard, NC 28712 (828) 884-5800 Fax: (828) 884-5840

Committed to Brevard, Dedicated to Seniors

Find us on



National Cream Puff Day

Fluffy cream puffs available Tuesday, January 2, at 2 pm in upstairs Cafe. Sign up at Front Desk.



East and West Wing Socials

What better way to welcome the new year than a meet and greet with your friends and neighbors? Friday, January 19, east and west wing residents are encouraged to socialize at 3 pm in 1st floor elevator lobbies. Sign up at Front Desk.

College Walk's First Annual Chili Cook-off

Tuesday, January 30, College Walk associates are competing against each other in our first ever chili cook-off. An impartial panel of judges including residents as well as members of the local community will pick their favorite chili. College Walk residents aet the chance to sample these delicious creations at 2 pm in Auditorium. Sign up at Front Desk.



Jennifer Murgolo

Jennifer joined our team in October 2021 as receptionist. She transitioned to Move-in Coordinator and has done such a fabulous job that it was only natural she become our Sales and Marketing Director. Married to Jim for 20 years, they have a 13-year-old son, Dimitri. 3 Huskies, 1 Blue Heeler and 1 Pomeranian round-out their household. Jennifer likes to read, hike and travel. Join her on Friday, January 12, for a meet and greet at 9:30 am in Activity Room. Perfect time to get to know her better!



Inclement Weather

During times of bad weather, our policy is when schools are closed, the waitstaff doesn't report to work. We deliver your meal to your apartment, cottage or patio home.







National Hat and **Strawberry Ice Cream Dav**

Two for one! Monday, January 15, be sure to wear your favorite hat while enjoying strawberry ice cream at 2 pm in upstairs Cafe Area. Sign up at Front Desk.





National Popcorn Day

Friday, January 19, bags of popcorn will be available in Main Lobby from 10 am - 2 pm. Stop by and grab a bag!



Musical Performances

Tuesday, January 2 - Dave Currier at 6:30 pm in Auditorium.

Thursday, January 18 - Solomon Eichner at 6:30 pm in Auditorium.

Thursday, January 25 - Neal Douglas Trio at 6:30 pm in Auditorium.

Tuesday, January 30 - Susie and The HitList at 3 pm in The Inn.



January 2024

A Auditorium
Activity Room
C Chapel
D Game Room
C Cafe Area

The Inn Media Room
M Bocce Courts
P Wellness Office
D Game Room
The Inn Cafe Area

A SENIOR LIVING COMMU			Cafe Area The Inn Cafe Area			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HEALTHY -vew year	New Year's Day 1 9:15 E Coffee Chat 9:30 G Errands 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 M Bocce 2:00 A Cornhole 3:00 National Bloody Mary Day	9:30 Hubble Group 11:00 A Tai Chi with Chris 11:00 Vesper Committee Meeting 1:00 Bingo with Andy 2:00 E Episcopal Communion 2:00 National Cream Puff Day 2:00 A Ping Pong 2:30 E Episcopal Coffee 3:00 Music with Linda 6:30 A Musical performance by Dave Currier	8:00 Continental Breakfast 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 P Blood Pressure Checks 11:00 M Bocce 11:00 Dog Visits 2:00 AAUW Book Club 2:30 A Yoga with Lauren 3:00 Dominoes	The Grant Time Milli Count	10:00 A Exercise with Kerry DVD 10:00 G Shopping at Walmart and Belk 10:30 Book Discussion Group 11:00 M Bocce 11:00 A Morning Yoga with Laura 1:00 Turning Points 2:00 E Fun Friday - Birthday Party 2:00 D Pinochle 6:30 D Billiards	10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:30 D Scrabble 2:00 E Coffee Chat 2:00 A Ping Pong 2:00 F Popcorn & Movie in The Inn 7:00 A Movie
10:30 Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 Snack Time 3:30 A Vespers	9:15 E Coffee Chat 9:30 G Errands 9:30 PEO Group 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 M Bocce 1:15 A Sit, Step, Sing with Debra 2:00 A Cornhole 2:00 F Sit, Step, and Sing with Debra 3:30 E Monday Mixers	9:30 Hubble Group 11:00 A Tai Chi with Chris 1:00 Bingo with Andy 2:00 Birthday Party for Grace Rowe 2:00 Episcopal Communion 2:00 A Ping Pong 2:30 E Episcopal Coffee 3:00 Listen and Laugh with Carol 7:00 A Movie	8:00 Continental Breakfast 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 M Bocce 11:00 Dog Visits 2:00 F Sit, Step, and Sing with Debra 2:30 A Yoga with Lauren 3:00 E Dominoes	9:15 E Coffee Chat 9:30 C RC Mass	9:30 Meet and Greet with Jennifer Murgolo 10:00 A Exercise with Kerry DVD 10:00 G Shopping at Walmart and Belk 11:00 M Bocce 11:00 A Morning Yoga with Laura 1:00 F Sit, Step, and Sing with Debra 1:00 Turning Points 1:45 A Sit, Step, Sing with Debra 2:00 E Fun Friday - Hot Cider 2:00 D Pinochle 6:30 D Billiards	13 10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:30 D Scrabble 2:00 E Coffee Chat 2:00 A Ping Pong 2:00 F Popcorn & Movie in The Inn 7:00 A Movie
10:30 Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 Snack Time 3:30 A Vespers	Martin Luther King Jr. Day 9:15 Coffee Chat 9:30 Coffee Chat 9:	9:30 Hubble Group 11:00 A Tai Chi with Chris 12:00 J Soup Buffet 1:00 Bingo with Andy 2:00 Episcopal Communion 2:00 A Ping Pong 2:30 E Episcopal Coffee 3:00 Journaling Club Social 3:00 Music with Linda 7:00 A Movie	8:00 Continental Breakfast 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:00 Recycled Card Group 10:50 A Chair Yoga DVD 11:00 Blood Pressure Checks 11:00 Bocce 11:00 Dog Visits 2:00 Sit, Step, and Sing with Debra 2:30 A Yoga with Lauren 3:00 Dominoes	9:15 Coffee Chat 9:30 RC Mass 10:00 Line Dancing 11:00 Craft Time with Jean 11:00 D Wii Bowling 1:00 Bible Study 1:00 Bingo with Andy 1:00 Knitting Group 2:00 Cornhole 5:00 Vino Ladies' Guild in Private Dining Room 6:30 Piano Concert by Solomon Eichner	19 10:00 A Exercise with Kerry DVD 10:00 E Fun Friday - National Popcorn Day 10:00 S Shopping at Walmart and Belk 11:00 M Bocce 11:00 A Morning Yoga with Laura 1:00 F Sit, Step, and Sing with Debra 1:00 Turning Points 1:45 A Sit, Step, Sing with Debra 2:00 D Pinochle 3:00 East and West Wing Socials in 1st Floor Elevator Lobbies 6:30 B Billiards	10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:30 D Scrabble 2:00 E Coffee Chat 2:00 A Ping Pong 2:00 F Popcorn & Movie in The Inn 7:00 A Movie
10:30 Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 Snack Time 3:30 A Vespers	9:15 Coffee Chat 9:30 Errands 10:00 A Exercise with Kerry DVD 10:00 L Library Committee Meeting 10:50 A Chair Yoga DVD 11:00 M Bocce 1:15 A Sit, Step, Sing with Debra 2:00 A Cornhole 2:00 F Sit, Step, and Sing with Debra 3:30 Monday Mixers	9:30 Hubble Group 11:00 A Tai Chi with Chris 12:00 Pizza Party 1:00 Bingo with Andy 1:00 A Ping Pong 1:30 E National Pie Day 2:00 C Episcopal Communion 2:30 E Episcopal Coffee 3:00 A Betts Bar 7:00 A Movie	8:00 Continental Breakfast 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 M Bocce 11:00 Dog Visits 1:00 UU's 2:00 F Sit, Step, and Sing with Debra 2:30 A Yoga with Lauren 3:00 E Dominoes	9:15 Coffee Chat 9:30 RC Mass	10:00 A Exercise with Kerry DVD 10:00 S Shopping at Walmart and Belk 11:00 M Bocce 11:00 A Morning Yoga with Laura 1:00 Sit, Step, and Sing with Debra 1:00 Turning Points 1:45 A Sit, Step, Sing with Debra 2:00 F Fun Friday - National Peanut Brittle Day 2:00 D Pinochle 3:00 A College Walk Variety Show 6:30 D Billiards	10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:30 D Scrabble 2:00 E Coffee Chat 2:00 A Ping Pong 2:00 F Popcorn & Movie in The Inn 7:00 A Movie
10:30 Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 Snack Time 3:30 A Vespers 4:00 E Vesper Committee Meeting	9:15 E Coffee Chat 9:30 G Errands 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 M Bocce 1:15 A Sit, Step, Sing with Debra 2:00 A Cornhole 2:00 F Sit, Step, and Sing with Debra 3:30 E Monday Mixers	9:30 Hubble Group 11:00 A Tai Chi with Chris 1:00 Bingo with Andy 2:00 A College Walk First Annual Chili Cook-off 2:00 C Episcopal Communion 2:30 E Episcopal Coffee	8:00 Continental Breakfast 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:00 G National Hot Chocolate Day 10:50 A Chair Yoga DVD 11:00 M Bocce 11:00 Dog Visits 11:30 The Inn Pizza Party 2:00 Sit, Step, and Sing with Debra 2:30 A Yoga with Lauren 3:00 E Dominoes			

Soup Buffet

Baby, it's cold outside so let's warm up with hot soup! Tuesday, January 16, enjoy several different soups as well as bread, dessert and beverage from noon - 1 pm in Main Dining Room. For all residents at no additional cost. Sign up at Front Desk by Thursday, January 11.



Journaling Club Social

Ever wanted to keep a journal? Tuesday, January 16, stop by Activity Room at 3 pm to pick up a journal (College Walk will provide) and get tips how to keep a successful journal all year. Interested? Sign up at Front Desk.





Hand-Washing Tip

With cold and flu season underway, it's more important than ever to wash your hands to fight germs. While many of us were taught to always use soap and warm water, the Centers for Disease Control and Prevention reports that when it comes to killing bacteria, the temperature of the water doesn't matter—the amount of time spent scrubbing does. Using cold water will save energy as well as prevent the skin on your hands from becoming cracked and dry.

College Walk Variety Show

Watch Table Talk for details about our College Walk Variety Show on Friday, Jan. 26, at 3 pm in Auditorium.

Tuesday, January 23, is National Pie Day. Enjoy different varieties at 1:30 pm in upstairs Cafe Area. Sign up at Front Desk.

January Birthdays

Leslie Keir

3

- 9 Dare Gaither
- 9 Grace Rowe
- 11 Ellen Dozier
- 14 Mary Sherwood
- 15 Sheila Swancara
- 20 Jan Rothrock
- 20 Larry Sitton
- 22 Edie Wunderlich
- 24 Joe Bennett
- 26 Carolyn Stein
- 27 Pat Hendricks
- 27 Joyce Rogers
- 30 Marion Lindsey
- 30 Carol Rowley



Happy Anniversary!

- 2 Richard & Joan Keirstead 7 - Hugh & Nancy Shelbourne
- 27 Joe & Jessica Cave



National Peanut Brittle Day

Friday, January 26, stop by either upstairs Cafe Area or The Inn Cafe Area at 2 pm for this delicious treat. Sign up at Front Desk.



