



100 N College Row
Brevard, NC 28712
(828) 884-5800
Fax: (828) 884-5840

*Committed to Brevard,
Dedicated to Seniors*

Find us on 

Supporting Our Communities' Health

Andrew Schmidt, Program Officer at Pardee Hospital Foundation, will give a historic overview of their regional community hospital, explain the relationship with UNC Health, talk about nonprofit healthcare vs. for-profit, and provide updates on the expansion into Transylvania County. Join him Tuesday, January 14 at 3 pm in Auditorium.



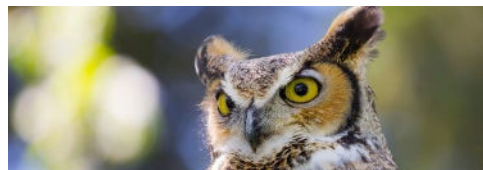
Transylvania in Motion Seminar

Tuesday, January 21 Jeff Adams will answer questions surrounding the current transportation services in Transylvania County as well as update what might be available in the future at 3 pm in Auditorium.



Owls of the Carolinas

On Friday January 3rd, Pam Torlina (Community Engagement Director) with Conserving Carolina will join us. This group focuses on several species of owls found in the Carolinas and will highlight the characteristics that make them successful predators of the night. Participants will get an up-close look at feathers, talons and owl specimens to gain a better understanding of their unique characteristics (it is illegal to possess any part of a migratory bird without the proper permitting, and Conserving Carolina is permitted by the federal government to collect and possess bird specimens to be used for educational purposes). Join Pam at 3 pm in Auditorium.



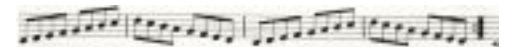
College Walk Annual Chili Cook-off

Get your taste buds ready! Tuesday, January 28 College Walk associates are competing against each other in our 2nd annual chili cook-off. This is your chance to sample and judge their delicious creations at 2 pm in the Activity Room.

Musical Performances in January

Saturday, January 11 Alvin Watson is back for another wonderful performance at 3 pm in Auditorium.

Saturday, January 18 - Sandy and Richard Riccardi present "Brazilian Bossa Nova" at 6:30 pm in Auditorium. Sung in both English and Portuguese, enjoy a trip through the craze from the 60's and 70's starring songs from Antonio Jobim, Gilberto Gil, Astrud Gilberto, Sergio Mendes and Brazil '66 and more!



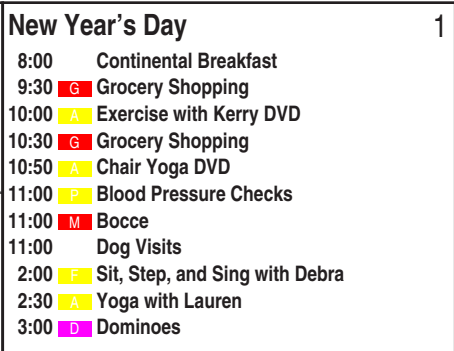
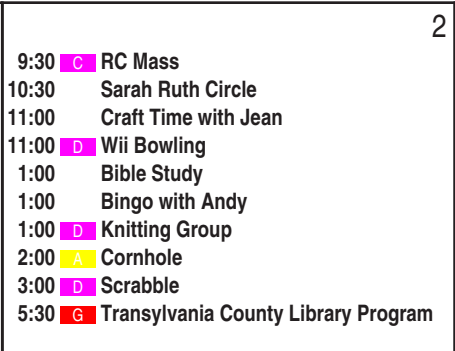
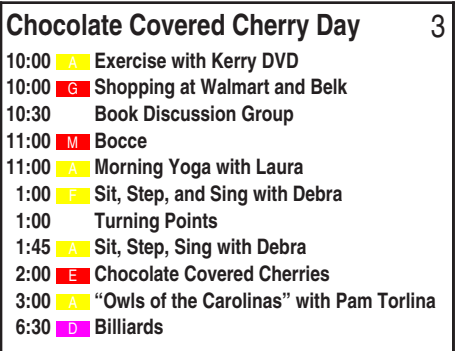
Online Photo Album

Friday, January 10 join Tim Robinson for a College Walk Online Photo Album Tutorial at 2 pm in Auditorium. He will walk you through all steps to be successful on the website.

Sign up at Front Desk if attending programs and performances

"A Little Taste of Honey" Seminar

Friday, January 31 learn about beekeeping and get a taste of local honey with Travis Owen, nursing associate Micaha Owen's father, at 3 pm in Auditorium. Honey varieties include sourwood, spring and July special. Sign up at Front Desk.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
National Bird Day 5 10:30 Church Service 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers	National Shortbread Day 6 9:30 G Errands 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 M Bocce 11:30 The Inn Pizza Party 2:00 A Cornhole 2:00 Hand and Foot Card Game 2:00 E Shortbread Cookies 3:30 E BYOB Monday Mixers	HEALTHY new year 7 9:30 Hubble Group 9:30 G Shopping at ALDI Grocery Store 11:00 A Tai Chi with Chris 1:00 Bingo with Andy 1:00 A Ping pong 2:00 C Episcopal Communion 2:00 D Pinochle 2:30 E Episcopal Coffee 3:00 Music with Linda 6:30 A Movie	New Year's Day 1 8:00 Continental Breakfast 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:30 G Grocery Shopping 10:50 A Chair Yoga DVD 11:00 P Blood Pressure Checks 11:00 M Bocce 11:00 Dog Visits 2:00 F Sit, Step, and Sing with Debra 2:30 A Yoga with Lauren 3:00 D Dominoes	Chocolate Covered Cherry Day 3 10:00 A Exercise with Kerry DVD 10:00 G Shopping at Walmart and Belk 10:30 Book Discussion Group 11:00 M Bocce 11:00 A Morning Yoga with Laura 1:00 F Sit, Step, and Sing with Debra 1:00 Turning Points 1:45 A Sit, Step, Sing with Debra 2:00 E Chocolate Covered Cherries 3:00 D Scrabble 6:30 D Billiards	Stand & Sit Yoga DVD 4 10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:00 A Ping-Pong 1:30 D Scrabble 2:00 F Popcorn & Movie in The Inn 6:30 A Movie	Stand & Sit Yoga DVD 11 10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:00 A Ping-Pong 1:30 D Scrabble 2:00 F Popcorn & Movie in The Inn 3:00 A Musical Performance by Alvin Watson 6:30 A Movie
Church Service 12 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers	Church Service 13 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers	Church Service 14 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers	Church Service 15 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers	Church Service 16 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers	Church Service 17 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers	Church Service 18 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers
Church Service 19 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers	Church Service 20 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers	Church Service 21 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers	Church Service 22 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers	Church Service 23 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers	Church Service 24 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers	Church Service 25 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers
Church Service 26 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers 4:00 E Vesper Committee Meeting	Church Service 27 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers 4:00 E Vesper Committee Meeting	Church Service 28 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers 4:00 E Vesper Committee Meeting	Church Service 29 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers 4:00 E Vesper Committee Meeting	Church Service 30 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers 4:00 E Vesper Committee Meeting	Church Service 31 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers 4:00 E Vesper Committee Meeting	Church Service 32 11:30 J Main Meal in the Dining Room 2:30 Snack Time 3:30 A Vespers 4:00 E Vesper Committee Meeting

Soup Buffet

It's time for our annual soup buffet. Tuesday, January 21 warm-up with your choice of several different soups as well as bread, dessert and beverage from noon - 1 pm in Main Dining Room. For all residents at no additional cost. Sign-up at Front Desk by Thursday, January 16.



National Days in January

- 3 Chocolate-Covered Cherry Day
- 5 Bird Day
- 6 Shortbread Day
- 8 Argyle Day
- 15 Bagel Day
- 16 Fig Newton Day
- 20 Cheese Lovers Day
- 21 Granola Bar Day
- 22 Polka Dot Day
- 23 Pie Day
- 24 Peanut Butter Day
- 27 Chocolate Cake Day
- 30 Croissant Day

Chinese New Year Theme Night

2025 is the Year of the Snake. Wednesday, January 29 join us at 4 pm in Main Lobby for fun beverages while mixing and mingling. Next, celebrate Chinese New Year with a delicious themed buffet followed by "Crazy Rich Asians" at 6:30 pm in Auditorium.



Happy Anniversary!

- 2 - Richard & Joan Keirstead
- 7 - Hugh & Nancy Shelbourne
- 16 - Jim & Jean Smith
- 27 - Joseph & Jessica Cave



January Birthdays

- 3 Leslie Keir
- 8 Sue Stalnaker
- 9 Dare Gaither
- 9 Grace Rowe
- 11 Ellen Dozier
- 11 Barbara Vesely
- 14 Mary Sherwood
- 15 Donald Bunney
- 15 Sheila Swancara
- 20 Jan Rothrock
- 20 Larry Sitton
- 22 Edie Wunderlich
- 24 Joe Bennett
- 25 Newt Colston
- 27 Pat Hendricks
- 27 Joyce Rogers
- 30 Marion Lindsey
- 30 Carol Rowley



East and West Wing Socials

Tuesday, January 28 let's start off the new year by socializing with your friends and neighbors. East and west wing residents are encouraged to gather at 11 am in the 2nd floor elevator lobbies while enjoying coffee and donuts. Sign-up at Front Desk.