

July 2023



100 N College Row  
Brevard, NC 28712  
(828) 884-5800  
Fax: (828) 884-5840

*Committed to Brevard,  
Dedicated to Seniors*

Find us on 

**YES**, we will have corn again this year! As soon as McCall's Farm starts harvesting their crop, College Walk will be providing corn for purchase at \$.50 per ear. What a bargain! Watch Table Talk for the exact date.



### Breakfast Taco Buffet

Tuesday, July 18 breakfast tacos plus bacon, sausage, fruit, milk, juice and coffee will be served from 8:30-9:30 am in Main Dining Room. No extra charge and open to ALL residents. Sign up at Front Desk by Friday, July 14.



### Bright Colors Day

Thursday, July 6 wear your favorite bright colors all day or just to dinner.



### Associate Spotlight

**Jayne Field**, Dining Services

Director, joined our team in September 2022. Married to Rob for 36 years, they have two grown children (Hannah and Will) and two four-legged children (Zack and Little Nell). Jayne has a Masters in Social Work and a Culinary Arts Degree. She loves to read, garden and cook as well as walk her four-legged children for exercise. We are so HAPPY Jayne joined the College Walk team!



### Happy 4th of July!

On Tuesday, July 4 the Main Meal is from 11:30 am - 1 pm in Main Dining Room. The motorcoach departs at 1:20 pm for Patriotic Pops at Brevard Music Center. Wine and Cheese is from 3 - 4 pm in Activity Room. Enjoy **City of Brevard** fireworks at 9:30 pm. NO mail delivery!

### Fun Fridays

- 7 Strawberry Sundae
- 14 Birthday Party
- 21 Push Up Pops
- 28 Fudgesicles



### Special Programs

8th - Musical Performance by Alvin Watson at 3 pm in Auditorium.

14th - The Family Place of Brevard seminar at 3 pm in Auditorium.








20th - Pardee's Vision for Transylvania County Health Talk at 3 pm in Auditorium.

### Shred-It Day

Shred-It mobile shredding unit will be here Friday, July 14 from 10 am to noon East Wing front parking area.





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<div>2</div> <p>10:30 Church Service 11:30 <b>J</b> Main Meal in the Dining Room 1:30 <b>D</b> Scrabble 2:30 <b>G</b> Brevard Music Center 2:30 Snack Time 3:30 <b>A</b> Vespers</p>	<div>3</div> <p>National Pina Colada Day 9:15 <b>E</b> Coffee Chat 9:30 <b>G</b> Errands 10:00 <b>A</b> Exercise with Kerry DVD 11:00 <b>A</b> Chair Yoga DVD 12:30 <b>G</b> Brevard Music Center Students at TCL 2:00 <b>A</b> Cornhole 2:00 <b>F</b> Sit, Step, and Sing with Debra 3:30 <b>E</b> Pina Colada Day</p>	<div>4</div> <p>Independence Day 9:30 Hubble Group 11:00 Vesper Committee Meeting 11:30 <b>J</b> Main Meal in the Dining Room 1:00 <b>E</b> Bingo with Andy 1:20 <b>G</b> Brevard Music Center 2:00 <b>C</b> Episcopal Communion 2:00 <b>A</b> Ping-Pong 2:30 <b>E</b> Episcopal Coffee 3:00 Music with Linda 3:00 Wine and Cheese 6:45 <b>A</b> Movie</p>	<div>5</div> <p>8:00 Continental Breakfast 9:30 <b>G</b> Grocery Shopping 10:00 <b>A</b> Exercise with Kerry DVD 11:00 <b>P</b> Blood Pressure Checks 11:00 <b>A</b> Chair Yoga DVD 11:00 Dog Visits 2:00 AAUW Book Club 2:00 <b>F</b> Sit, Step, and Sing with Debra 2:30 <b>A</b> Yoga with Lauren 3:00 <b>D</b> Dominoes</p>	<div>6</div> <p>Wear Bright Colors Day 9:30 <b>C</b> RC Communion 10:00 <b>A</b> Line Dancing 11:00 Craft Time with Jean 11:00 <b>D</b> Wii Bowling 1:00 Bible Study 1:00 <b>E</b> Bingo with Andy 1:00 <b>D</b> Knitting Group 2:00 <b>A</b> Cornhole 3:00 Scenic Ride for The Inn</p>	<div>7</div> <p>National Strawberry Sundae Day 10:00 <b>A</b> Exercise with Kerry DVD 10:30 Book Discussion Group 10:30 <b>G</b> Shopping at Walmart and Belk 11:00 <b>A</b> Morning Yoga with Laura 1:00 <b>F</b> Sit, Step, and Sing with Debra 1:00 Turning Points 2:00 <b>E</b> National Strawberry Sundae Day 2:00 <b>D</b> Pinochle 6:30 <b>D</b> Billiards 7:00 <b>G</b> Brevard Music Center</p>	<div>8</div> <p>10:00 <b>A</b> Stand &amp; Sit Yoga DVD 10:30 <b>A</b> Chair Yoga DVD 1:00 <b>A</b> Ping-Pong 1:30 <b>D</b> Scrabble 2:00 <b>E</b> Coffee Chat 2:00 <b>F</b> Popcorn &amp; Movie in The Inn 3:00 <b>A</b> Musical Performance by Alvin Watson 6:45 <b>A</b> Movie 7:00 <b>G</b> Brevard Music Center</p>
<div>9</div> <p>10:30 Church Service 11:30 <b>J</b> Main Meal in the Dining Room 1:30 <b>D</b> Scrabble 2:30 Snack Time 3:30 <b>A</b> Vespers</p>	<div>10</div> <p>9:15 <b>E</b> Coffee Chat 9:30 <b>G</b> Errands 9:30 PEO Group 10:00 <b>A</b> Exercise with Kerry DVD 11:00 <b>A</b> Chair Yoga DVD 12:30 <b>G</b> Brevard Music Center Students at TCL 2:00 <b>A</b> Cornhole 2:00 <b>F</b> Sit, Step, and Sing with Debra 3:30 <b>E</b> Monday Mixers</p>	<div>11</div> <p>9:30 Hubble Group 1:00 <b>E</b> Bingo with Andy 2:00 <b>C</b> Episcopal Communion 2:00 Land of Waterfalls Dulcimer Group 2:00 <b>A</b> Ping-Pong 2:30 <b>E</b> Episcopal Coffee 2:30 Patio Home Block Party at the end of South College Row 6:45 <b>A</b> Movie</p>	<div>12</div> <p>National Pecan Pie Day 8:00 Continental Breakfast 9:30 <b>G</b> Grocery Shopping 10:00 <b>A</b> Exercise with Kerry DVD 11:00 <b>A</b> Chair Yoga DVD 11:00 Dog Visits 2:00 <b>E</b> Pecan Pie 2:00 <b>F</b> Sit, Step, and Sing with Debra 2:30 <b>A</b> Yoga with Lauren 3:00 <b>D</b> Dominoes</p>	<div>13</div> <p>9:30 <b>C</b> RC Communion 10:00 <b>A</b> Line Dancing 11:00 Craft Time with Jean 11:00 <b>D</b> Wii Bowling 1:00 Bible Study 1:00 <b>E</b> Bingo with Andy 1:00 <b>C</b> First Methodist Gathering and Communion 1:00 <b>D</b> Knitting Group 2:00 <b>A</b> Cornhole 2:00 Traveling Betts Bar The Lodge 3:00 Traveling Betts Bar Patio Homes &amp; Cottages 5:00 Brew Crew in PDR</p>	<div>14</div> <p>10:00 <b>A</b> Exercise with Kerry DVD 10:00 Shred It Mobile Shredding Unit 10:30 <b>G</b> Shopping at Walmart and Belk 11:00 <b>A</b> Morning Yoga with Laura 1:00 <b>F</b> Sit, Step, and Sing with Debra 1:00 Turning Points 2:00 <b>E</b> Fun Friday - Birthday Party 2:00 <b>D</b> Pinochle 3:00 <b>A</b> Special Seminar about The Family Place 6:30 <b>D</b> Billiards 7:00 <b>G</b> Brevard Music Center</p>	<div>15</div> <p>10:00 <b>A</b> Stand &amp; Sit Yoga DVD 10:30 <b>A</b> Chair Yoga DVD 1:30 <b>D</b> Scrabble 2:00 <b>E</b> Coffee Chat 2:00 <b>A</b> Ping-Pong 2:00 <b>F</b> Popcorn &amp; Movie in The Inn 6:45 <b>A</b> Movie 7:00 <b>G</b> Brevard Music Center</p>
<div>16</div> <p>10:30 Church Service 11:30 <b>J</b> Main Meal in the Dining Room 1:30 <b>D</b> Scrabble 2:30 <b>G</b> Brevard Music Center 2:30 Snack Time 3:30 <b>A</b> Vespers</p>	<div>17</div> <p>9:15 <b>E</b> Coffee Chat 9:30 <b>G</b> Errands 10:00 <b>A</b> Exercise with Kerry DVD 11:00 <b>A</b> Chair Yoga DVD 11:00 Veterans Coffee and Conversation 12:30 <b>G</b> Brevard Music Center Students at TCL 2:00 <b>A</b> Cornhole 2:00 <b>F</b> Sit, Step, and Sing with Debra 3:30 <b>E</b> Monday Mixers</p>	<div>18</div> <p>8:30 <b>J</b> Breakfast Tacos Buffet 9:30 Hubble Group 10:00 <b>A</b> Covid Booster 11:30 <b>G</b> Noontime Notions at Transylvania County Library 1:00 <b>E</b> Bingo with Andy 2:00 <b>C</b> Episcopal Communion 2:00 <b>A</b> Ping-Pong 2:30 <b>E</b> Episcopal Coffee 3:00 Music with Linda 6:45 <b>A</b> Movie</p>	<div>19</div> <p>National Daiquiri Day 8:00 Continental Breakfast 9:30 <b>G</b> Grocery Shopping 10:00 <b>A</b> Exercise with Kerry DVD 10:00 Recycled Card Group 11:00 <b>P</b> Blood Pressure Checks 11:00 <b>A</b> Chair Yoga DVD 11:00 Dog Visits 2:00 <b>F</b> Sit, Step, and Sing with Debra 2:30 <b>A</b> Yoga with Lauren 3:00 <b>D</b> Dominoes 4:00 <b>G</b> Daiquiris</p>	<div>20</div> <p>9:30 <b>C</b> RC Communion 10:00 <b>A</b> Line Dancing 11:00 <b>D</b> Wii Bowling 12:00 Pizza Party 1:00 Bible Study 1:00 <b>E</b> Bingo with Andy 1:00 <b>D</b> Knitting Group 2:00 <b>A</b> Cornhole 3:00 <b>A</b> Pardee's Vision for Transylvania County Health Talk 5:00 Vino Ladies Guild in PDR</p>	<div>21</div> <p>10:00 <b>A</b> Exercise with Kerry DVD 10:30 <b>G</b> Shopping at Walmart and Belk 11:00 <b>A</b> Morning Yoga with Laura 1:00 <b>F</b> Sit, Step, and Sing with Debra 1:00 Turning Points 2:00 <b>E</b> Fun Friday - Push Up Pops 2:00 <b>D</b> Pinochle 6:30 <b>D</b> Billiards 7:00 <b>G</b> Brevard Music Center</p>	<div>22</div> <p>10:00 <b>A</b> Stand &amp; Sit Yoga DVD 10:30 <b>A</b> Chair Yoga DVD 1:30 <b>D</b> Scrabble 2:00 <b>E</b> Coffee Chat 2:00 <b>A</b> Ping-Pong 2:00 <b>F</b> Popcorn &amp; Movie in The Inn 6:45 <b>A</b> Movie 7:00 <b>G</b> Brevard Music Center</p>
<div>23</div> <p>10:30 Church Service 11:30 <b>J</b> Main Meal in the Dining Room 1:30 <b>D</b> Scrabble 2:30 Snack Time 3:30 <b>A</b> Vespers</p>	<div>24</div> <p>9:30 <b>G</b> Errands 10:00 <b>A</b> Exercise with Kerry DVD 11:00 <b>A</b> Chair Yoga DVD 12:30 <b>G</b> BMC at TCL 2:00 <b>F</b> Sit, Step, and Sing with Debra</p>	<div>25</div> <p>9:30 Hubble Group 11:00 <b>G</b> Picnic at Mt. Pisgah Picnic Area on Blue Ridge Parkway 1:00 <b>E</b> Bingo with Andy 2:00 <b>C</b> Episcopal Communion 2:00 <b>A</b> Ping-Pong 2:30 <b>E</b> Episcopal Coffee 3:00 <b>F</b> Listen and Laugh with Carol 6:45 <b>A</b> Movie</p>	<div>26</div> <p>8:00 Continental Breakfast 9:30 <b>G</b> Grocery Shopping 10:00 <b>A</b> Exercise with Kerry DVD 11:00 <b>A</b> Chair Yoga DVD 11:00 Dog Visits 11:30 The Inn Pizza Party 2:00 <b>F</b> Sit, Step, and Sing with Debra 2:30 <b>A</b> Yoga with Lauren 3:00 <b>D</b> Dominoes</p>	<div>27</div> <p>9:30 <b>C</b> RC Communion 10:00 <b>A</b> Line Dancing 11:00 Craft Time with Jean 11:00 <b>D</b> Wii Bowling 1:00 Bible Study 1:00 <b>E</b> Bingo with Andy 1:00 <b>D</b> Knitting Group 2:00 <b>A</b> Cornhole 2:00 Traveling Betts Bar The Lodge 3:00 Traveling Betts Bar Patio Homes &amp; Cottages</p>	<div>28</div> <p>10:00 <b>A</b> Exercise with Kerry DVD 10:30 Book Discussion Group 10:30 <b>G</b> Shopping at Walmart and Belk 11:00 <b>A</b> Morning Yoga with Laura 1:00 <b>F</b> Sit, Step, and Sing with Debra 1:00 Turning Points 2:00 <b>E</b> Fun Friday - Fudgesicles 2:00 <b>D</b> Pinochle 6:30 <b>D</b> Billiards 7:00 <b>G</b> Brevard Music Center</p>	<div>29</div> <p>National Lipstick Day 10:00 <b>A</b> Stand &amp; Sit Yoga DVD 10:30 <b>A</b> Chair Yoga DVD 1:30 <b>D</b> Scrabble 2:00 <b>E</b> Coffee Chat 2:00 <b>A</b> Ping-Pong 2:00 <b>F</b> Popcorn &amp; Movie in The Inn 6:45 <b>A</b> Movie 8:00 <b>G</b> Brevard Music Center</p>
<div>30</div> <p>11:30 <b>J</b> Main Meal in the Dining Room 2:30 <b>G</b> Brevard Music Center 2:30 Snack Time 3:30 <b>A</b> Vespers 4:00 <b>E</b> Vesper Committee Meeting</p>	<div>31</div> <p>9:30 <b>G</b> Errands 10:00 <b>A</b> Exercise with Kerry DVD 11:00 <b>A</b> Chair Yoga DVD 12:30 <b>G</b> BMC at TCL 2:00 <b>F</b> Sit, Step, and Sing with Debra</p>					





### COVID Booster

COVID booster shots will be administered by Americare Pharmacy Tuesday, July 18 from 10 -12 in Auditorium. Paperwork is available at Front Desk. Watch Table Talk for more details.

### Patio Home Block Party

Let's try again! Tuesday, July 11 block party for all residents who live in Patio Homes. Refreshments served 2:30-3:30 pm in the green space at the end of South College Row. Sign up at Front Desk. Bring a chair!



### Picnic Outing

Tuesday, July 25 pack a lunch and join us for a picnic at Mt. Pisgah picnic area located on Blue Ridge Parkway. College Walk will provide drinks. The motorcoach will depart College Walk at 11 am. Sign up at Front Desk!



### National Strawberry Sundae Day

**YUM!** Friday, July 7 celebrate this national day with a delicious strawberry sundae at 2 pm in upstairs Cafe Area. Sign up at Front Desk!



### July Birthdays

- |    |                       |
|----|-----------------------|
| 2  | Phyllis Sheldon       |
| 4  | Kathie Blozan         |
| 5  | Nancy Shelbourne      |
| 6  | Barbara Levy          |
| 7  | Barbara Janowitz      |
| 11 | JoAnn Clemmer         |
| 11 | Gail Garrett          |
| 11 | Vel Pointer           |
| 11 | Delores Shore         |
| 13 | Jeanne Daniel         |
| 15 | Bonnie Arbuckle       |
| 15 | Tim Robinson          |
| 15 | Rose Wimsatt          |
| 16 | Frank Spellmon        |
| 18 | Evon Merrell          |
| 23 | Jerry Gerardi         |
| 25 | Trinie Case           |
| 27 | Faye Doell            |
| 27 | Carolyn Gordon-Loebig |
| 27 | Jane Prescott         |
| 28 | Sharon Stark          |
| 29 | Beverly Outlaw        |
| 29 | Judy Pierce           |



### Happy Anniversary!

- |    |                          |
|----|--------------------------|
| 24 | Glen & Sue Rainsley      |
| 29 | Victor & Hilda Blackburn |