

March 2024



100 N College Row
Brevard, NC 28712
(828) 884-5800
Fax: (828) 884-5840

*Committed to Brevard,
Dedicated to Seniors*

Find us on 

LUCK OF THE IRISH

St. Patrick's Day Buffet

We are celebrating early on Friday, March 15, starting with "Laughter is Magic" with Adam Christing at 3 pm in Auditorium. Next, enjoy a delicious Irish-themed buffet from 4:30 - 6 pm in Main Dining Room. Wear green that day or the entire weekend. May your clovers have leaves of four and your luck last forevermore!

Residents' Association Meeting

Monday, March 18, get informed about everything going on at College Walk at 3 pm in Auditorium.



Easter Sunrise Service

Join us Sunday, March 31, at 7 am for our Easter Sunrise Service on the Front Deck (weather permitting). Sign up at Front Desk.



Spring Forward

Daylight saving time begins Sunday, March 10. Set your clocks ahead one hour!



Women's Day Tea

Friday, March 8, we are celebrating International Women's Day with a lovely tea party at 2:30 pm in Auditorium. Hats are optional but encouraged. Sign up at Front Desk.

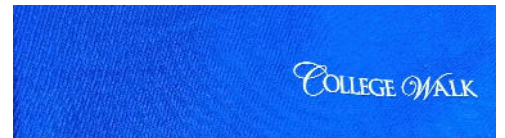
Card Sale

Our Recycled Card Group has a fantastic selection of all occasion cards for you to purchase on Wednesday, March 13, from 10 am - noon in Activity Room. Cards just \$1 each!



Resident Egg Hunt

Our 3rd annual College Walk Resident Egg Hunt begins at 11 am on Friday, March 29. Hunt for brightly-colored eggs throughout College Walk. Each egg will contain a ticket to bring to the Front Desk to claim your prize. Happy Hunting!



Wear Your Sweatshirt

Friday, March 1: wear your College Walk sweatshirt in honor of National Dress in Blue Day!

National Days in March

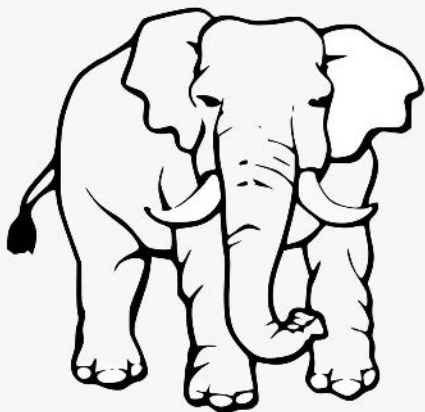
- | | |
|----|-------------------|
| 1 | Dress in Blue Day |
| 4 | Pound Cake Day |
| 5 | Cheese Doodle Day |
| 6 | Oreo Cookie Day |
| 12 | Girl Scout Day |
| 14 | Potato Chip Day |
| 29 | Pita Day |



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>3</div>	 <div>4</div>	 <div>5</div>	 <div>6</div>	 <div>7</div>	<div>1</div> <div>Wear College Walk Sweatshirts</div> <div>10:00 A Exercise with Kerry DVD</div> <div>10:00 G Shopping at Walmart and Belk</div> <div>10:30 Book Discussion Group</div> <div>11:00 M Bocce</div> <div>11:00 A Morning Yoga with Laura</div> <div>1:00 F Sit, Step, and Sing with Debra</div> <div>1:00 Turning Points</div> <div>1:45 A Sit, Step, Sing with Debra</div> <div>2:00 E Birthday Party</div> <div>2:00 D Pinochle</div> <div>3:00 A Healthy Living for Your Brain and Body</div> <div>6:30 D Billiards</div>	<div>2</div> <div>10:00 A Stand & Sit Yoga DVD</div> <div>10:30 A Chair Yoga DVD</div> <div>1:30 D Scrabble</div> <div>2:00 E Coffee Chat</div> <div>2:00 A Ping-Pong</div> <div>2:00 F Popcorn & Movie in The Inn</div> <div>7:00 A Movie</div>
<div>10:30 Church Service</div> <div>11:30 J Main Meal in the Dining Room</div> <div>1:30 D Scrabble</div> <div>2:30 Snack Time</div> <div>3:30 A Vespers</div>	<div>9:15 E Coffee Chat</div> <div>9:30 G Errands</div> <div>10:00 A Exercise with Kerry DVD</div> <div>10:50 A Chair Yoga DVD</div> <div>11:00 M Bocce</div> <div>11:00 Resident Board Meeting</div> <div>1:15 A Sit, Step, Sing with Debra</div> <div>2:00 A Cornhole</div> <div>2:00 F Sit, Step, and Sing with Debra</div> <div>3:30 E Monday Mixers</div>	<div>9:30 Hubble Group</div> <div>11:00 A Tai Chi with Chris</div> <div>11:00 Vesper Committee Meeting</div> <div>1:00 Bingo with Andy</div> <div>1:00 A Ping-Pong</div> <div>2:00 C Episcopal Communion</div> <div>2:30 E Episcopal Coffee</div> <div>3:00 A "Estate Planning Peace of Mind" Seminar</div> <div>3:00 Music with Linda</div> <div>7:00 A Movie</div>	<div>8:00 Continental Breakfast</div> <div>9:30 G Grocery Shopping</div> <div>10:00 A Exercise with Kerry DVD</div> <div>10:50 A Chair Yoga DVD</div> <div>11:00 P Blood Pressure Checks</div> <div>11:00 M Bocce</div> <div>11:00 Dog Visits</div> <div>2:00 AAUW Book Club</div> <div>2:00 F Sit, Step, and Sing with Debra</div> <div>2:30 A Yoga with Lauren</div> <div>3:00 E Dominoes</div> <div>6:30 A Musical Performance by Blue Ridge Bakery Band</div>	<div>9:15 E Coffee Chat</div> <div>9:30 C RC Mass</div> <div>9:30 G Shopping at ALDI Grocery Store</div> <div>10:00 A Line Dancing</div> <div>10:30 Sarah Ruth Circle of PW</div> <div>11:00 Craft Time with Jean</div> <div>11:00 D Wii Bowling</div> <div>1:00 Bible Study</div> <div>1:00 Bingo with Andy</div> <div>1:00 D Knitting Group</div> <div>2:00 A Cornhole</div>	<div>10:00 A Exercise with Kerry DVD</div> <div>10:00 G Shopping at Walmart and Belk</div> <div>11:00 M Bocce</div> <div>11:00 A Morning Yoga with Laura</div> <div>1:00 F Sit, Step, and Sing with Debra</div> <div>1:00 Turning Points</div> <div>2:00 D Pinochle</div> <div>2:30 A International Women's Day Tea Party</div> <div>6:30 D Billiards</div>	<div>10:00 A Stand & Sit Yoga DVD</div> <div>10:30 A Chair Yoga DVD</div> <div>1:30 D Scrabble</div> <div>2:00 E Coffee Chat</div> <div>2:00 A Ping-Pong</div> <div>2:00 F Popcorn & Movie in The Inn</div> <div>7:00 A Movie</div>
<div>Daylight Saving Time Begins!</div> <div>10:30 Church Service</div> <div>11:30 J Main Meal in the Dining Room</div> <div>1:30 D Scrabble</div> <div>2:30 Snack Time</div> <div>3:30 A Vespers</div> <div>10</div>	<div>9:15 E Coffee Chat</div> <div>9:30 G Errands</div> <div>9:30 PEO Group</div> <div>10:00 A Exercise with Kerry DVD</div> <div>10:50 A Chair Yoga DVD</div> <div>11:00 M Bocce</div> <div>1:15 A Sit, Step, Sing with Debra</div> <div>2:00 F Sit, Step, and Sing with Debra</div> <div>3:00 A Residents' Association Meeting</div> <div>11</div>	<div>9:30 Hubble Group</div> <div>11:00 A Tai Chi with Chris</div> <div>1:00 Bingo with Andy</div> <div>1:00 A Ping-Pong</div> <div>2:00 C Episcopal Communion</div> <div>2:30 E Episcopal Coffee</div> <div>3:00 F Listen and Laugh with Carol</div> <div>3:00 A Perfume Bottle Artistry with Elizabeth Creech</div> <div>7:00 A Movie</div> <div>7:00 G Parker Concert Hall at BMC</div> <div>12</div>	<div>8:00 Continental Breakfast</div> <div>9:30 G Grocery Shopping</div> <div>10:00 A Exercise with Kerry DVD</div> <div>10:00 Recycled Card Sale</div> <div>10:50 A Chair Yoga DVD</div> <div>11:00 M Bocce</div> <div>11:00 Dog Visits</div> <div>2:00 F Sit, Step, and Sing with Debra</div> <div>2:30 A Yoga with Lauren</div> <div>3:00 E Dominoes</div> <div>13</div>	<div>9:15 E Coffee Chat</div> <div>9:30 C RC Mass</div> <div>10:00 A Line Dancing</div> <div>11:00 Craft Time with Jean</div> <div>11:00 D Wii Bowling</div> <div>1:00 Bible Study</div> <div>1:00 Bingo with Andy</div> <div>1:00 C First Methodist Gathering and Communion</div> <div>1:00 D Knitting Group</div> <div>2:00 A Visually Impaired Persons Meeting</div> <div>5:00 Brew Crew in PDR</div> <div>14</div>	<div>10:00 A Exercise with Kerry DVD</div> <div>10:00 G Shopping at Walmart and Belk</div> <div>11:00 M Bocce</div> <div>11:00 A Morning Yoga with Laura</div> <div>1:00 A Sit, Step, and Sing with Debra</div> <div>1:00 Turning Points</div> <div>1:45 F Sit, Step, Sing with Debra</div> <div>2:00 E Fun Friday - Irish Potato Candy</div> <div>2:00 D Pinochle</div> <div>3:00 A "Laughter is Magic" with Adam Christing</div> <div>6:30 D Billiards</div> <div>15</div>	<div>10:00 A Stand & Sit Yoga DVD</div> <div>10:30 A Chair Yoga DVD</div> <div>1:30 D Scrabble</div> <div>2:00 E Coffee Chat</div> <div>2:00 A Ping-Pong</div> <div>2:00 F Popcorn & Movie in The Inn</div> <div>7:00 A Movie</div> <div>16</div>
<div>Happy St. Patrick's Day!</div> <div>10:30 Church Service</div> <div>11:30 J Main Meal in the Dining Room</div> <div>1:30 D Scrabble</div> <div>2:30 G Brevard Philharmonic at BDRP Church</div> <div>2:30 Snack Time</div> <div>3:30 A Vespers</div> <div>17</div>	<div>9:15 E Coffee Chat</div> <div>9:30 G Errands</div> <div>10:00 A Exercise with Kerry DVD</div> <div>10:50 A Chair Yoga DVD</div> <div>11:00 M Bocce</div> <div>11:00 Veterans' Coffee and Conversation</div> <div>1:15 A Sit, Step, Sing with Debra</div> <div>2:00 A Cornhole</div> <div>2:00 F Sit, Step, and Sing with Debra</div> <div>3:30 E Monday Mixers</div> <div>18</div>	<div>9:30 Hubble Group</div> <div>11:00 A Tai Chi with Chris</div> <div>12:00 J Baked Potato Bar Buffet</div> <div>1:00 Bingo with Andy</div> <div>2:00 C Episcopal Communion</div> <div>2:00 A Weintraub Films presents "Nature's Wisdom Thru Native Eyes"</div> <div>2:30 E Episcopal Coffee</div> <div>3:00 Music with Linda</div> <div>7:00 A Movie</div> <div>19</div>	<div>8:00 Continental Breakfast</div> <div>9:30 G Grocery Shopping</div> <div>10:00 A Exercise with Kerry DVD</div> <div>10:50 A Chair Yoga DVD</div> <div>11:00 P Blood Pressure Checks</div> <div>11:00 M Bocce</div> <div>11:00 Dog Visits</div> <div>2:00 F Sit, Step, and Sing with Debra</div> <div>2:30 A Yoga with Lauren</div> <div>3:00 E Dominoes</div> <div>20</div>	<div>9:15 E Coffee Chat</div> <div>9:30 C RC Mass</div> <div>10:00 A Line Dancing</div> <div>11:00 Craft Time with Jean</div> <div>11:00 D Wii Bowling</div> <div>12:00 Pizza Party</div> <div>1:00 Bible Study</div> <div>1:00 Bingo with Andy</div> <div>1:00 D Knitting Group</div> <div>2:00 A Cornhole</div> <div>5:00 Vino Ladies' Guild in PDR</div> <div>6:30 A Musical Performance by Andrew Finn Magill</div> <div>21</div>	<div>9:30 Meet and Greet with Jennifer Murgolo</div> <div>10:00 A Exercise with Kerry DVD</div> <div>10:00 G Shopping at Walmart and Belk</div> <div>11:00 M Bocce</div> <div>11:00 A Morning Yoga with Laura</div> <div>1:00 F Sit, Step, and Sing with Debra</div> <div>1:00 Turning Points</div> <div>1:45 A Sit, Step, Sing with Debra</div> <div>2:00 D Pinochle</div> <div>3:00 A Betts Bar</div> <div>6:30 D Billiards</div> <div>22</div>	<div>10:00 A Stand & Sit Yoga DVD</div> <div>10:30 A Chair Yoga DVD</div> <div>1:30 D Scrabble</div> <div>2:00 E Coffee Chat</div> <div>2:00 A Ping-Pong</div> <div>2:00 F Popcorn & Movie in The Inn</div> <div>7:00 A Movie</div> <div>23</div>
<div>10:30 Church Service</div> <div>11:30 J Main Meal in the Dining Room</div> <div>1:30 D Scrabble</div> <div>2:30 Snack Time</div> <div>3:30 A Vespers</div> <div>24</div>	<div>9:15 E Coffee Chat</div> <div>9:30 G Errands</div> <div>10:00 A Exercise with Kerry DVD</div> <div>10:00 L Library Committee Meeting</div> <div>10:50 A Chair Yoga DVD</div> <div>11:00 M Bocce</div> <div>1:15 A Sit, Step, Sing with Debra</div> <div>2:00 A Cornhole</div> <div>2:00 F Sit, Step, and Sing with Debra</div> <div>3:30 E Monday Mixers</div> <div>25</div>	<div>9:30 Hubble Group</div> <div>9:30 G Shopping at ALDI Grocery Store</div> <div>11:00 A Tai Chi with Chris</div> <div>11:30 The Inn Pizza Party</div> <div>1:00 Bingo with Andy</div> <div>2:00 C Episcopal Communion</div> <div>2:00 Land of Waterfalls Dulcimer Group</div> <div>2:00 A Ping-Pong</div> <div>2:30 E Episcopal Coffee</div> <div>7:00 A Movie</div> <div>26</div>	<div>8:00 Continental Breakfast</div> <div>9:30 G Grocery Shopping</div> <div>10:00 A Exercise with Kerry DVD</div> <div>10:50 A Chair Yoga DVD</div> <div>11:00 M Bocce</div> <div>11:00 Dog Visits</div> <div>1:15 UU's</div> <div>2:00 F Sit, Step, and Sing with Debra</div> <div>2:30 A Yoga with Lauren</div> <div>3:00 E Dominoes</div> <div>27</div>	<div>9:15 E Coffee Chat</div> <div>9:30 C RC Mass</div> <div>10:00 A Line Dancing</div> <div>11:00 Craft Time with Jean</div> <div>11:00 D Wii Bowling</div> <div>1:00 Bible Study</div> <div>1:00 Bingo with Andy</div> <div>1:00 D Knitting Group</div> <div>2:00 A Cornhole</div> <div>2:00 White Elephant Sale</div> <div>5:00 Additional Vino Ladies' Guild in PDR</div> <div>7:00 G Parker Concert Hall at BMC</div> <div>28</div>	<div>10:00 A Exercise with Kerry DVD</div> <div>10:00 G Shopping at Walmart and Belk</div> <div>11:00 M Bocce</div> <div>11:00 A Morning Yoga with Laura</div> <div>1:00 F Sit, Step, and Sing with Debra</div> <div>1:00 Turning Points</div> <div>1:45 A Sit, Step, Sing with Debra</div> <div>2:00 E Fun Friday - Pita Bread & Hummus</div> <div>2:00 D Pinochle</div> <div>6:30 D Billiards</div> <div>29</div>	<div>10:00 A Stand & Sit Yoga DVD</div> <div>10:30 A Chair Yoga DVD</div> <div>1:30 D Scrabble</div> <div>2:00 E Coffee Chat</div> <div>2:00 A Ping-Pong</div> <div>2:00 F Popcorn & Movie in The Inn</div> <div>3:00 Musical Performance by Jeff Bianchi</div> <div>7:00 A Movie</div> <div>30</div>
<div>Happy Easter!</div> <div>7:00 N Easter Sunrise Service</div> <div>11:30 J Main Meal in the Dining Room</div> <div>1:30 D Scrabble</div> <div>2:30 Snack Time</div> <div>4:00 E Vesper Committee Mtg.</div> <div>31</div>						

Baked Potato Bar Buffet

Tuesday, March 19, enjoy loaded baked potatoes with all your favorite toppings from Noon - 1 pm in Main Dining Room. Salad, dessert and beverages, too. For ALL residents at no additional cost. Sign up by Friday, March 15. Dinner will be served that evening.



White Elephant Sale

Have those treasures that you think "what am I going to do with this?" If so, why don't you donate them to our White Elephant Sale? Residents and associates will shop the sale on Tuesday, March 26, from 2 - 4 pm in Auditorium. All proceeds donated to a local charity later named in Table Talk.

Musical Performances/Special Programs

"Healthy Living for Your Brain and Body" - Friday, March 1, at 3 pm in Auditorium.

"Estate Planning Peace of Mind" - Tuesday, March 5, at 3 pm in Auditorium.

Musical performance by **Blue Ridge Bakery Band** - Wednesday, March 6, at 6:30 pm in Auditorium.

Perfume Bottle Artistry with Elizabeth Creech - Tuesday, March 12, at 3 pm in Auditorium.

"Laughter is Magic" - Friday, March 15, at 3 pm in Auditorium.

Weintraub Films presents **"Nature's Wisdom Thru Native Eyes"** - Tuesday, March 19, at 2 pm in Auditorium.

Musical performance by **Andrew Finn Magill** - Thursday, March 21, at 6:30 pm in Auditorium.

Meet and Greet with Jennifer Murgolo - Let's try again on Friday, March 22, at 9:30 am in Activity Room.

Musical performance by **Jeff Bianchi** - Saturday, March 30, at 3

pm in The Inn by the Fireplace.

March Birthdays

1	Janice Liebe
5	Barbara Trapasso
8	Jim Pierce
9	Fred Honsell
10	Barbara Merkel
10	Reinhard Unger
13	Margaret Jaques
14	Kathy Filson
14	Paul Leach
16	Howard Dyer
17	John Allen
17	Milt Hamann
17	Gloria Scherer
18	John Carrano
18	Brownie Trainham
18	George Underdahl
21	Skip Sheldon
22	Paul Jaques
22	Linda Jenkins
23	Judy Caldwell
24	Mary Steinbugler
25	Ronnie Peterman
27	Joe Hamrick



Happy Anniversary!

28 Larry & Carroll Sitton

