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*Committed to Brevard,
Dedicated to Seniors*

Find us on 

Senior Games Spelling Bee

Friday, April 17, cheer on resident competitors at the Senior Games Spelling Bee at 3 pm in the Auditorium.



Senior Games Bocce

Senior Games Bocce Competition is Monday, April 20, at 9 am on the Bocce Courts. Cheer on your friends and neighbors as they compete with other Transylvania County Residents.



Volunteer Appreciation Luncheon

If you have volunteered within this last year, let the Front Desk know so we can invite you to our appreciation luncheon at 12 noon on the 30th. You mean so much to our community!



Department Spotlight: Health and Wellness

From helping you contact your doctors to medication management and making sure you are well, our Health and Wellness team does it all! **Jonlyn, Gneita, MyMy and Breze** all work tirelessly together to ensure you are well taken care of. If you are feeling sick, or just need a quick check up, our Health and Wellness team is there. They help facilitate our Health Talks, discussing new things we can offer you as well as how to take care of yourself. If you ever need them, contact the Front Desk and we will send them to you!



Plan a Celebration of Life

A Celebration of Life is a way to give a generous and precious gift to family and caregivers in preparation for the end of life, and a few words about Hospice and how supportive it can be. Susan Petersen will give a short presentation on the essentials needed on Tuesday, April 7th, at 2 pm in the Auditorium. Sign up at the Front Desk!



April Showers Theme Night

April Showers are back! If you have an umbrella, especially with a hook end, that you would let Wren borrow, please drop it off at the Front Desk before April 20. Wear your rain boots and coats for this theme night! Special drinks at 4 pm on April 23 in the Main Lobby.

National Days in April

- 3 Chocolate Mousse Day
- 7 Coffee Cake Day
- 13 Peach Cobbler Day
- 14 Pecan Day
- 22 Jelly Bean Day
- 30 Oatmeal Cookie Day



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



8:00 **B** Continental Breakfast
 9:30 **G** Grocery Shopping
 10:00 **M** Bocce
 10:00 **F** Daily Chronicle
 10:00 **A** Exercise with Kerry DVD
 10:30 **G** Grocery Shopping
 10:50 **A** Chair Yoga DVD
 11:00 **M** Bocce
 11:00 **I** Dog Visits
 1:00 **F** Passport Day: Ireland
 2:00 **B** AAUW Book Club
 2:30 **A** Yoga with Lauren

9:30 **C** RC Mass
 10:00 **A** Line Dancing
 10:30 **B** Sarah Ruth Circle
 11:00 **K** Craft Time with Jean
 11:00 **D** Wii Bowling
 1:00 **B** Bible Study
 1:00 **K** Bingo
 1:00 **D** Knitting Group
 2:00 **E** Celebrate Spring with a Fruit Bar
 2:00 **A** Cornhole
 5:00 Brew Crew in Private Dining Room
 6:00 **B** Rummikub

National Chocolate Mousse Day
 10:00 **M** Bocce
 10:00 **F** Daily Chronicle
 10:00 **A** Exercise with Kerry DVD
 10:00 **G** Shopping at Walmart and Belk
 10:30 **B** Book Discussion Group
 10:50 **A** Chair Yoga DVD
 11:00 **M** Bocce
 1:00 **F** Sit, Step, and Sing with Debra
 1:00 **B** Turning Points
 1:45 **A** Sit, Step, Sing with Debra
 2:00 **E** Chocolate Mousse
 3:00 **A** Four Seasons Program on "Go Bags"

10:00 **A** Stand & Sit Yoga DVD
 10:30 **A** Chair Yoga DVD
 1:00 **K** Bingo
 1:00 **A** Ping-Pong
 1:30 **D** Scrabble
 2:00 **F** Popcorn & Movie in The Inn
 6:30 **A** Movie

11:30 **J** Main Meal in the Dining Room
 2:30 **K** Snack Time
 3:30 **A** Vespers
 6:30 **A** Movie

9:30 **G** Errands
 10:00 **M** Bocce
 10:00 **F** Daily Chronicle
 10:00 **A** Exercise with Kerry DVD
 10:30 **F** Brain Games
 10:50 **A** Chair Yoga DVD
 11:00 **M** Bocce
 1:15 **A** Sit, Step, Sing with Debra
 2:00 **A** Cornhole
 2:00 **B** Hand and Foot Card Game
 2:00 **F** Sit, Step, and Sing with Debra
 4:00 **E** Monday Mixers

National Coffee Cake Day
 10:30 **B** Hubble Group
 11:00 **A** Tai Chi with Chris
 11:30 **K** The Inn Pizza Party
 12:30 **A** Ping-Pong
 1:00 **K** Bingo
 2:00 **E** Coffee Cake
 2:00 **C** Episcopal Communion
 2:00 **A** Susan Petersen's Talk on Celebration of Life Planning
 2:30 **E** Episcopal Coffee
 3:00 **I** Music with Linda
 6:30 **A** Movie

8:00 **B** Continental Breakfast
 9:30 **G** Grocery Shopping
 10:00 **M** Bocce
 10:00 **F** Daily Chronicle
 10:00 **A** Exercise with Kerry DVD
 10:30 **G** Grocery Shopping
 10:50 **A** Chair Yoga DVD
 11:00 **M** Bocce
 11:00 **I** Dog Visits
 1:00 **F** Passport Day: Ireland
 2:30 **A** Yoga with Lauren
 6:30 **A** Musical Performance by The Masci Family Duo

9:30 **C** RC Mass
 10:00 **A** Line Dancing
 11:00 **K** Craft Time with Jean
 11:00 **D** Wii Bowling
 1:00 **B** Bible Study
 1:00 **K** Bingo
 1:00 **C** First Methodist Gathering and Communion
 1:00 **D** Knitting Group
 2:00 **B** Readers Theater Rehearsal
 2:00 **A** Visually Impaired Persons Meeting
 5:00 Vino Ladies' Guild in Private Dining Room
 6:00 **B** Rummikub

10:00 **M** Bocce
 10:00 **F** Daily Chronicle
 10:00 **A** Exercise with Kerry DVD
 10:00 **G** Shopping at Walmart and Belk
 10:30 **F** Brain Games
 10:50 **A** Chair Yoga DVD
 11:00 **M** Bocce
 1:00 **F** Sit, Step, and Sing with Debra
 1:00 **B** Turning Points
 1:45 **A** Sit, Step, Sing with Debra
 3:00 **K** Birthday Party
 3:00 **A** Conserving Carolina Program

10:00 **A** Stand & Sit Yoga DVD
 10:30 **A** Chair Yoga DVD
 1:00 **K** Bingo
 1:00 **A** Ping-Pong
 1:30 **D** Scrabble
 2:00 **F** Popcorn & Movie in The Inn
 6:30 **A** Movie

11:30 **J** Main Meal in the Dining Room
 2:30 **K** Snack Time
 3:30 **G** BDRP Church Concert Series
 3:30 **A** Vespers
 6:30 **A** Movie

National Peach Cobbler Day
 9:30 **G** Errands
 10:00 **M** Bocce
 10:00 **F** Daily Chronicle
 10:00 **A** Exercise with Kerry DVD
 10:50 **A** Chair Yoga DVD
 11:00 **M** Bocce
 1:15 **A** Sit, Step, Sing with Debra
 2:00 **A** Cornhole
 2:00 **B** Hand and Foot Card Game
 2:00 **E** Peach Cobbler
 2:00 **F** Sit, Step, and Sing with Debra
 4:00 **E** Monday Mixers

National Pecan Day
 9:30 **G** Shopping at ALDI
 10:30 **B** Hubble Group
 11:00 **P** Blood Pressure Checks
 11:00 **A** Tai Chi with Chris
 12:30 **A** Ping-Pong
 1:00 **K** Bingo
 1:00 Free Rein Visit in the Courtyard
 2:00 **C** Episcopal Communion
 2:00 **E** Pecans
 2:30 **E** Episcopal Coffee
 6:00 **B** Rummikub
 6:30 **A** Movie

8:00 **B** Continental Breakfast
 9:30 **G** Grocery Shopping
 10:00 **M** Bocce
 10:00 **A** Exercise with Kerry DVD
 10:00 **B** Recycled Card Group
 10:30 **G** Grocery Shopping
 10:50 **A** Chair Yoga DVD
 11:00 **M** Bocce
 11:00 **I** Dog Visits
 1:00 **F** Passport Day: Ireland
 2:00 **B** Archives Committee Meeting
 2:30 **A** Yoga with Lauren

9:30 **C** RC Mass
 10:00 **A** Line Dancing
 11:00 **K** Craft Time with Jean
 11:00 **D** Wii Bowling
 1:00 **B** Bible Study
 1:00 **K** Bingo
 1:00 **D** Knitting Group
 2:00 **A** Cornhole
 2:00 **B** Readers Theater Rehearsal
 3:00 **D** Scrabble
 5:00 Vino Ladies' Guild in Private Dining Room
 6:00 **B** Rummikub

10:00 **M** Bocce
 10:00 **F** Daily Chronicle
 10:00 **A** Exercise with Kerry DVD
 10:00 **G** Shopping at Walmart and Belk
 10:30 **F** Brain Games
 10:50 **A** Chair Yoga DVD
 11:00 **M** Bocce
 1:00 **F** Sit, Step, and Sing with Debra
 1:00 **B** Turning Points
 1:45 **A** Sit, Step, Sing with Debra
 3:00 **A** Senior Games Spelling Bee

10:00 **A** Stand & Sit Yoga DVD
 10:30 **A** Chair Yoga DVD
 1:00 **K** Bingo
 1:00 **A** Ping-Pong
 1:30 **D** Scrabble
 2:00 **F** Popcorn & Movie in The Inn
 3:00 **A** Musical Performance by Al Watson
 6:30 **A** Movie

11:30 **J** Main Meal in the Dining Room
 2:30 **K** Snack Time
 3:30 **A** Vespers
 6:30 **A** Movie

9:00 **M** Senior Games Bocce Competition
 9:30 **G** Errands
 10:00 **F** Daily Chronicle
 10:00 **A** Exercise with Kerry DVD
 10:50 **A** Chair Yoga DVD
 11:00 **M** Bocce
 11:00 **B** Veterans' Coffee and Conversation
 1:15 **A** Sit, Step, Sing with Debra
 2:00 **A** Cornhole
 2:00 **B** Hand and Foot Card Game
 2:00 **F** Sit, Step, and Sing with Debra
 4:00 **E** Monday Mixers

10:00 **F** Daily Chronicle
 10:30 **F** Engagement Time
 10:30 **B** Hubble Group
 11:00 **A** Tai Chi with Chris
 12:30 **A** Ping-Pong
 1:00 **K** Bingo
 2:00 **C** Episcopal Communion
 2:00 **A** Health Talk
 2:30 **E** Episcopal Coffee
 3:00 **I** Music with Linda
 6:00 **B** Rummikub
 6:30 **A** Movie

National Jelly Bean Day
 9:30 **G** Grocery Shopping
 10:00 **M** Bocce
 10:00 **A** Exercise with Kerry DVD
 10:30 **G** Grocery Shopping
 10:50 **A** Chair Yoga DVD
 11:00 **M** Bocce
 1:00 **F** Passport Day: Ireland
 1:15 **B** UU's
 2:00 **F** Inn Resident Forum
 2:00 **E** Jelly Beans
 2:30 **A** Yoga with Lauren
 6:30 **A** Musical Performance by the Carolina Flattops

April Showers Theme Night
 9:30 **C** RC Mass
 10:00 **A** Line Dancing
 11:00 **K** Craft Time with Jean
 11:00 **D** Wii Bowling
 12:00 **B** Pizza Party
 1:00 **B** Bible Study
 1:00 **K** Bingo
 1:00 **D** Knitting Group
 2:00 **A** Cornhole
 2:00 **B** Readers Theater Rehearsal
 4:00 **G** Special Drinks
 7:00 **G** Parker Concert Hall

10:00 **M** Bocce
 10:00 **F** Daily Chronicle
 10:00 **A** Exercise with Kerry DVD
 10:00 **G** Shopping at Walmart and Belk
 10:30 **F** Brain Games
 10:50 **A** Chair Yoga DVD
 11:00 **M** Bocce
 1:00 **F** Sit, Step, and Sing with Debra
 1:00 **G** Trip to Burning Blush
 1:00 **B** Turning Points
 1:45 **A** Sit, Step, Sing with Debra
 6:00 **A** Spring Bingo Bash

10:00 **A** Stand & Sit Yoga DVD
 10:30 **A** Chair Yoga DVD
 1:00 **K** Bingo
 1:00 **A** Ping-Pong
 1:30 **D** Scrabble
 2:00 **F** Popcorn & Movie in The Inn
 3:00 **A** Musical Performance by Tim Shepard
 6:30 **A** Movie

11:30 **J** Main Meal in the Dining Room
 2:30 **K** Snack Time
 3:30 **A** Vespers
 4:00 **E** Vesper Committee Meeting
 6:30 **A** Movie

9:30 **G** Errands
 10:00 **M** Bocce
 10:00 **F** Daily Chronicle
 10:00 **A** Exercise with Kerry DVD
 10:00 **L** Library Committee Meeting
 10:50 **A** Chair Yoga DVD
 11:00 **M** Bocce
 1:15 **A** Sit, Step, Sing with Debra
 2:00 **A** Cornhole
 2:00 **B** Hand and Foot Card Game
 2:00 **F** Sit, Step, and Sing with Debra
 4:00 **E** Monday Mixers

10:00 **F** Daily Chronicle
 10:30 **F** Engagement Time
 10:30 **B** Hubble Group
 11:00 **P** Blood Pressure Checks
 11:00 **A** Tai Chi with Chris
 12:30 **A** Ping-Pong
 1:00 **K** Bingo
 2:00 **C** Episcopal Communion
 2:00 **I** The Inn Open House
 2:30 **E** Episcopal Coffee
 6:00 **B** Rummikub
 6:30 **A** Movie

8:00 **B** Continental Breakfast
 9:30 **G** Grocery Shopping
 10:00 **M** Bocce
 10:00 **F** Daily Chronicle
 10:00 **A** Exercise with Kerry DVD
 10:30 **G** Grocery Shopping
 10:50 **A** Chair Yoga DVD
 11:00 **M** Bocce
 11:00 **I** Dog Visits
 1:00 **F** Passport Day: Ireland
 2:30 **A** Yoga with Lauren
 3:00 **D** Dominoes

9:30 **C** RC Mass
 10:00 **F** Daily Chronicle
 10:00 **A** Line Dancing
 11:00 **K** Craft Time with Jean
 11:00 **D** Wii Bowling
 12:00 **J** Volunteer Appreciation Luncheon
 1:00 **B** Bible Study
 1:00 **K** Bingo
 1:00 **D** Knitting Group
 2:00 **A** Readers Theater Rehearsal
 3:00 **D** Scrabble
 6:00 **B** Rummikub



Aerial Insectivores: The Art of Mid-Air Dining

AmeriCorps Project Conserve member serving as community engagement and education associate, Sarah Branagan will be presenting a program on **birds!** She works with Pam Torlina with Conserving Carolina. Here is a short description on her program! Some birds spend much of their lives in the air, skillfully catching insects on the wing. We'll explore the fascinating group of birds known as aerial insectivores and the remarkable adaptations that make them masters of flight. Featuring species found across Western North Carolina including the Chimney Swifts, Barn Swallows, and Common Nighthawks, we'll take a closer look at how wing shape, feeding strategies, and behavior help these birds hunt in midair. Along the way, discover how insect loss and changing landscapes are shaping the future of these remarkable birds and what we can do locally to help keep our skies full of life.

Music and More

- 3 Four Seasons - Go Bags
- 7 Susan Petersen Talk
- 8 Masci Family Duo
- 10 Conserving Carolina
- 12 BDRP Church Concert
- 13 Senior Games Opening
- 17 SG Spelling Bee
- 18 Al Watson
- 20 SG Bocce Tournament
- 21 Health Talk
- 22 Carolina Flattops
- 23 Parker Concert Hall
- 24 Burning Blush Trip
- 25 Tim Shepard Concert
- 28 Inn Open House

Four Seasons Hospice Presentation

Four Seasons Hospice will review what a "Go-Bag" is. This presentation outlines what you need by your front door ready to go if you must go to the hospital or some other emergency setting.



April Birthdays

- 2 Rhonda Amato
- 4 Joan Fenner
- 4 Chuck Stohr
- 6 Sandra Kirkman
- 10 Dorothy Chapman
- 10 David Jones
- 12 Jim Schenfield
- 13 Linda Voll
- 13 Harvey Miller
- 16 John Austin
- 16 Richard Keirstead
- 17 Harry Trantham
- 17 Michael Tousey
- 19 Ray Dunkelberg
- 21 Joan Smith
- 22 Bob Currier

Happy Anniversary!

- 6 Joe Hamrick and Jean Woods
- 20 Ron and Carole Silver
- 26 Ray and Jane Dunkelberg

Free Rein Visit

As part of their "Little Hooves Touching Hearts" program, Free Rein Center for Therapeutic Riding here in Brevard is bringing some special guests for a visit. Join them April 14 at 1 pm in the Courtyard!