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*Committed to Brevard,
 Dedicated to Seniors*

Find us on

Passport Day: Stamp The Future

Starting in February, we will begin a new program in the Inn called "Passport Day: Stamp the Future." Residents will receive their own passport to get stamped each week they attend. Each month will be a different country. We will start with England. Week 1: Watch a video. Week 2: Guest speaker. Week 3: Snack related to that country. Week 4: Recap all we've learned. Come out to the Inn Media Room every Wednesday at 1 p.m. and let's learn together! If you have a country you would like to learn about next month, or a country you would like to speak on, please let Wren know!



Associate Spotlight

Meet **Cassidy Kehrer**, our new Receptionist! Cassidy is from West Palm, Florida, and just moved to Brevard with her boyfriend in January. She likes concerts, hiking, and building computers. She has no pets and wants to get a Dachshund. Cassidy is new to senior living and is looking forward to getting to know everyone and listening to their stories. Drop by the Front Desk and introduce yourself to Cassidy!



Valentine's Day Cupcake Walk

On Friday, February 13, we will host a Cupcake Walk in the Inn Dining Room at 2 p.m. There will be a circle of numbers and those numbers will be put in a hat. Music will play. When the music stops, a number will be drawn from the hat, and that person with the same number will win a cupcake! Sign up at the Front Desk.

Paint the Town Paint and Sip

Paint the Town, a company based in Asheville, is visiting Tuesday, February 10, at 1 p.m. in the Activity Room to teach a painting class. The event is exclusively for our group, featuring a lively artist who comes to your location to lead you through a fun and creative experience. Wine will be provided. Cost is \$15 a person. Sign up at the Front Desk.

National Days in February

- 1 Dark Chocolate Day
- 3 Carrot Cake Day
- 11 Peppermint Patty Day
- 20 Cherry Pie Day
- 25 Chocolate Covered Nut Day



Mardi Gras Theme Night

Mardi Gras falls on Tuesday, February 17. We will have color everywhere and beads galore. Come out to the Main Lobby at 4 p.m. and enjoy special drinks. Then head to either dining room from 4:30 to 6 p.m. and enjoy some Mardi Gras-themed food.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
National Dark Chocolate Day 1 11:30 J Main Meal in the Dining Room 2:00 E Dark Chocolate Treats 2:30 K Snack Time 3:30 A Vespers	2 9:30 G Errands 10:00 M Bocce 10:00 F Daily Chronicle 10:00 A Exercise with Kerry DVD 10:30 F Brain Games 10:50 A Chair Yoga DVD 11:00 M Bocce 1:15 A Sit, Step, Sing with Debra 2:00 A Cornhole 2:00 B Hand and Foot Card Game 2:00 F Sit, Step, and Sing with Debra 3:30 E Monday Mixers	National Carrot Cake Day 3 10:00 F Daily Chronicle 10:30 F Engagement Time 10:30 B Hubble Group 11:00 A Tai Chi with Chris 1:00 K Bingo with Andy 1:00 A Ping-Pong 2:00 E Carrot Cake 2:00 C Episcopal Communion 2:30 E Episcopal Coffee 3:00 I Music with Linda 6:30 A Movie	4 9:30 G Grocery Shopping 10:00 M Bocce 10:00 F Daily Chronicle 10:00 A Exercise with Kerry DVD 10:30 F Brain Games 10:30 G Grocery Shopping 10:50 A Chair Yoga DVD 11:00 P Blood Pressure Checks 11:00 M Bocce 1:00 F Passport Day: England 2:00 B AAUW Book Club 2:30 A Yoga with Lauren	5 9:30 C RC Mass 10:00 F Daily Chronicle 10:00 A Line Dancing 10:30 B Sarah Ruth Circle 11:00 K Craft Time with Jean 11:00 D Wii Bowling 1:00 B Bible Study 1:00 K Bingo 1:00 D Knitting Group 2:00 A Cornhole 3:00 D Scrabble 5:00 Brew Crew in Private Dining Room	6 10:00 M Bocce 10:00 F Daily Chronicle 10:00 A Exercise with Kerry DVD 10:30 G Shopping at Walmart and Belk 10:30 B Book Discussion Group 10:30 F Brain Games 10:50 A Chair Yoga DVD 11:00 M Bocce 1:00 F Sit, Step, and Sing with Debra 1:00 B Turning Points 1:45 A Sit, Step, Sing with Debra 3:00 K Birthday Party	7 10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:00 K Bingo 1:00 A Ping-Pong 1:30 D Scrabble 2:00 F Popcorn & Movie in The Inn 6:30 A Movie
8 11:30 J Main Meal in the Dining Room 2:30 K Snack Time 3:30 A Vespers	9 9:30 G Errands 10:00 M Bocce 10:00 F Daily Chronicle 10:00 A Exercise with Kerry DVD 10:30 F Brain Games 10:50 A Chair Yoga DVD 11:00 M Bocce 1:15 A Sit, Step, Sing with Debra 2:00 A Cornhole 2:00 B Hand and Foot Card Game 2:00 F Sit, Step, and Sing with Debra 3:30 E Monday Mixers	10 9:30 G Shopping at Aldi 10:30 B Hubble Group 11:00 A Tai Chi with Chris 11:30 K Inn Pizza Party 1:00 K Bingo with Andy 1:00 B Paint the Town Paint and Sip 1:00 A Ping-Pong 2:00 G Episcopal Communion 2:30 E Episcopal Coffee 3:00 F Listen and Laugh with Carol 6:30 A Movie 7:00 G Parker Concert Hall	National Peppermint Patty Day 11 8:00 B Continental Breakfast 9:30 G Grocery Shopping 10:00 M Bocce 10:00 F Daily Chronicle 10:00 A Exercise with Kerry DVD 10:30 G Grocery Shopping 10:50 A Chair Yoga DVD 11:00 M Bocce 1:00 F Passport Day: England 2:00 N Peppermint Patties 2:30 A Yoga with Lauren 3:00 D Dominoes	12 9:30 C RC Mass 10:00 F Daily Chronicle 10:00 A Line Dancing 11:00 K Craft Time with Jean 11:00 D Wii Bowling 12:00 G Baked Potato Bar 1:00 B Bible Study 1:00 K Bingo 1:00 C First Methodist Gathering and Communion 1:00 D Knitting Group 2:00 A Visually Impaired Persons Meeting 5:00 Vino Ladies' Guild in Private Dining Room	13 10:00 M Bocce 10:00 F Daily Chronicle 10:00 A Exercise with Kerry DVD 10:30 G Shopping at Walmart and Belk 10:50 A Chair Yoga DVD 11:00 M Bocce 1:00 F Sit, Step, and Sing with Debra 1:00 B Turning Points 1:45 A Sit, Step, Sing with Debra 2:00 D Brevard Hearing 2:00 Cupcake Walk in Inn Dining Room 3:00 A Black History Book Review w/ Bill Moore	Valentine's Day 14 10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:00 K Bingo 1:00 A Ping-Pong 1:30 D Scrabble 2:00 F Popcorn & Movie in The Inn 3:00 A Musical Performance by Pisgah Jazztet 6:30 A Movie
15 11:30 J Main Meal in the Dining Room 2:30 K Snack Time 3:30 G BDRP Church Concert Series - Asheville Jazz Orchestra 3:30 A Vespers	Presidents Day 16 9:30 G Errands 10:00 M Bocce 10:00 F Daily Chronicle 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 M Bocce 11:00 B Veterans' Coffee and Conversation 1:15 A Sit, Step, Sing with Debra 2:00 A Cornhole 2:00 B Hand and Foot Card Game 2:00 F Sit, Step, and Sing with Debra 3:30 E Monday Mixers	Mardi Gras Theme Night 17 10:00 F Daily Chronicle 10:30 F Engagement Time 10:30 B Hubble Group 11:00 A Tai Chi with Chris 12:30 A Ping-Pong 1:00 K Bingo with Andy 2:00 C Episcopal Communion 2:00 A Health Talk 2:30 E Episcopal Coffee 3:00 I Music with Linda 4:00 G Special Drinks 6:30 A Movie	18 9:30 G Grocery Shopping 10:00 M Bocce 10:00 F Daily Chronicle 10:00 A Exercise with Kerry DVD 10:00 B Recycled Card Group 10:30 G Grocery Shopping 10:50 A Chair Yoga DVD 11:00 P Blood Pressure Checks 1:00 F Passport Day: England 2:00 B Archives Committee Meeting 2:30 A Yoga with Lauren 6:30 A Musical Performance by The Late Bloomers	19 9:30 C RC Mass 10:00 F Daily Chronicle 10:00 A Line Dancing 10:30 F Engagement Time 11:00 K Craft Time with Jean 11:00 D Wii Bowling 1:00 B Bible Study 1:00 K Bingo 1:00 D Knitting Group 1:00 G Visit TCARTS Exhibit 2:00 A Cornhole 5:00 Vino Ladies' Guild in Private Dining Room	National Cherry Pie Day 20 10:00 M Bocce 10:00 F Daily Chronicle 10:00 A Exercise with Kerry DVD 10:30 G Shopping at Walmart and Belk 10:30 F Brain Games 10:50 A Chair Yoga DVD 11:00 M Bocce 12:00 G Sierra Nevada Lunch & Tour 1:00 F Sit, Step, and Sing with Debra 1:00 B Turning Points 1:45 A Sit, Step, Sing with Debra 2:00 E Cherry Pie	21 10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:00 K Bingo 1:00 A Ping-Pong 1:30 D Scrabble 2:00 F Popcorn & Movie in The Inn 3:00 A Singing at the Piano 6:30 A Movie
22 11:30 J Main Meal in the Dining Room 2:30 K Snack Time 3:30 A Vespers 4:00 E Vesper Committee Meeting	23 9:30 G Errands 10:00 M Bocce 10:00 F Daily Chronicle 10:00 A Exercise with Kerry DVD 10:00 L Library Committee Meeting 10:50 A Chair Yoga DVD 11:00 M Bocce 1:15 A Sit, Step, Sing with Debra 2:00 A Cornhole 2:00 B Hand and Foot Card Game 2:00 F Sit, Step, and Sing with Debra 3:30 E Monday Mixers	24 10:00 F Daily Chronicle 10:30 F Engagement Time 10:30 B Hubble Group 11:00 A Tai Chi with Chris 1:00 K Bingo with Andy 1:00 A Ping-Pong 2:00 C Episcopal Communion 2:30 E Episcopal Coffee 3:00 A CW Crew Connect 6:30 A Movie	National Chocolate Covered Nut Day 25 9:30 G Grocery Shopping 10:00 M Bocce 10:00 F Daily Chronicle 10:00 A Exercise with Kerry DVD 10:30 G Grocery Shopping 10:50 A Chair Yoga DVD 11:00 M Bocce 1:00 F Passport Day: England 1:15 B UU's 2:00 E Chocolate Covered Nuts 2:30 A Yoga with Lauren	26 9:30 C RC Mass 10:00 F Daily Chronicle 10:00 A Line Dancing 10:30 F Engagement Time 11:00 K Craft Time with Jean 11:00 D Wii Bowling 12:00 B Pizza Party 1:00 B Bible Study 1:00 K Bingo 1:00 D Knitting Group 2:00 A Cornhole 3:00 D Scrabble	27 10:00 M Bocce 10:00 F Daily Chronicle 10:00 A Exercise with Kerry DVD 10:30 G Shopping at Walmart and Belk 10:30 F Brain Games 10:50 A Chair Yoga DVD 11:00 M Bocce 1:00 F Sit, Step, and Sing with Debra 1:00 B Turning Points 1:45 A Sit, Step, Sing with Debra 3:00 A Talk by Neurosurgeon Dr. Matthew Brown 6:30 D Billiards	28 10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:00 K Bingo 1:00 A Ping-Pong 1:30 D Scrabble 2:00 F Popcorn & Movie in The Inn 6:30 A Movie



Outgoing Trips

- 10 Parker Concert Hall
- 15 Brevard Davidson River Presbyterian
- 19 Transylvania County Arts
- 20 Sierra Nevada



Musical Performances

- 14 Pisgah Jazztet
- 18 The Late Bloomers

Talks of the Month

- 13 Black History Book Review with Bill Moore
- 17 Health Talk
- 24 CW Crew Connect
- 27 Neurosurgeon Talk with Dr. Matthew Brown



Art Exhibit

Thursday, February 19th, visit Transylvania County Arts Council for the exhibit "Mardi Gras in the Mountains." Free Admission. The coach departs at 1 p.m. Sign up at the Front Desk.

During cold and flu season, it is so important to practice regular hand washing. If you feel unwell, do not hesitate to contact the Front Desk and we will get you help!

Baked Potato Bar Buffet

Thursday, February 12, enjoy loaded baked potatoes with all your favorite toppings from Noon to 1 p.m. in the Main Dining Room. Caesar salad, dessert and beverages, too. No additional charge and open to ALL residents. Sign up at Front Desk by Monday, February 9.



February Birthdays

- 1 Betty Schenfield
- 1 Sally Schrader
- 2 Sue Stickle
- 5 Ruth Unger
- 6 Jim Tyson
- 9 Dottie Holum
- 14 Nancy Bubenzer
- 18 Sharon King
- 18 Barbara Wolfe
- 19 Joan Koperski
- 19 Suzanne Phillips
- 20 Pat Darrow
- 20 Sam Denton
- 21 Judy Pilch
- 21 Madge Ramey
- 22 Carolyn Nikolai
- 22 Margarete Peterson
- 23 Shirley Grahl
- 24 Sandy Lane
- 24 Joy Ryder
- 29 Jean Woods

