



100 N College Row  
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*Committed to Brevard,  
Dedicated to Seniors*

Find us on 

### Mardi Gras Buffet

Our Fat Tuesday celebration starts with a jazz concert by Neal Douglas Trio at 3 pm in the Auditorium. Next, enjoy a New Orleans themed buffet where we will crown our "King" or "Queen" of College Walk. Don't forget to wear the special colors of purple, gold and green.



### Volunteer Spotlight

You will see Jean doing several different activities in Assisted Living but she is famous for her Craft Time sessions. Many residents proudly display their art/crafts in front of their apartments. We are so appreciative of her creativeness and infectious smile. Thank you, Jean!

### College Walk Spirit Week 13 - Tie Dye Monday



### 14 - Show Your Love Tuesday



### 15 - Wacky Tacky Wednesday



### 16 - Superhero Thursday



### 17 - Freedom Friday



### Super Bowl Party

It's Super Bowl time! Which team are you rooting for? Or are you cheering for the commercials? Whatever draws you to the big game, join us for football, food and fun during our Super Bowl party on Sunday, February 12, at 6 pm in the Auditorium. Subway sandwiches, chips, cookies and beverage are only \$5. Sign up and pay at the desk!



### Card Sale

Wednesday, February 8, the Recycled Card Group will be selling all occasion cards for the low price of \$1 each from 10 am to Noon in Activity Room. Proceeds benefit the Children's Center of Transylvania County.



### Baked Potato Bar Buffet

Tuesday, February 7, enjoy loaded baked potatoes with all your favorite toppings from Noon to 1 pm in Main Dining Room. Caesar salad, fruit and beverages, too. No additional charge and open to ALL residents. Sign up at Front Desk by Friday, February 3.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
5	6	7	8	9	10	11
<p>10:30 <b>I</b> Church Service</p> <p>11:30 <b>J</b> Main Meal in the Dining Room</p> <p>1:30 <b>D</b> Scrabble</p> <p>2:30 <b>I</b> Snack Time</p> <p>3:30 <b>A</b> Vespers</p>	<p>9:15 <b>E</b> Coffee Chat</p> <p>9:30 <b>G</b> Errands</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>11:00 <b>M</b> Bocce</p> <p>11:00 <b>A</b> Chair Yoga DVD</p> <p>2:00 <b>A</b> Cornhole</p> <p>2:00 <b>F</b> Sit, Step, Sing with Debra</p> <p>3:30 <b>E</b> Monday Mixers</p>	<p>9:30 <b>B</b> Hubble Group</p> <p>10:00 <b>C</b> RC Communion</p> <p>12:00 <b>J</b> Baked Potato Bar Buffet</p> <p>1:00 <b>E</b> Bingo with Andy</p> <p>2:00 <b>C</b> Episcopal Communion</p> <p>2:00 <b>A</b> Ping Pong</p> <p>2:30 <b>E</b> Episcopal Coffee</p> <p>3:00 <b>I</b> Music with Linda</p> <p>6:45 <b>A</b> Movie</p> <p>7:00 <b>G</b> Parker Concert Hall at BMC</p>	<p>8:00 <b>B</b> Continental Breakfast</p> <p>9:30 <b>G</b> Grocery Shopping</p> <p>10:00 <b>B</b> Children's Center Card Sale</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>10:30 <b>G</b> Grocery Shopping</p> <p>11:00 <b>M</b> Bocce</p> <p>11:00 <b>A</b> Chair Yoga DVD</p> <p>11:00 <b>I</b> Dog Visits</p> <p>2:00 <b>F</b> Sit, Step, Sing with Debra</p> <p>2:30 <b>A</b> Yoga with Lauren</p> <p>3:00 <b>D</b> Dominoes</p>	<p>9:15 <b>E</b> Coffee Chat</p> <p>10:00 <b>A</b> Line Dancing</p> <p>11:00 <b>K</b> Craft Time with Jean</p> <p>11:00 <b>D</b> Wii Bowling</p> <p>1:00 <b>E</b> Bingo with Andy</p> <p>1:00 <b>D</b> Knitting Group</p> <p>2:00 <b>A</b> Cornhole</p> <p>2:00 <b>C</b> First Methodist Gathering and Communion</p> <p>2:00 <b>A</b> Visually Impaired Persons Meeting</p>	<p>9:30 <b>G</b> Errands</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>10:30 <b>G</b> Shopping at Walmart and Belk</p> <p>11:00 <b>M</b> Bocce</p> <p>11:00 <b>A</b> Morning Yoga with Laura</p> <p>1:00 <b>F</b> Sit, Step, Sing with Debra</p> <p>1:00 <b>B</b> Turning Points</p> <p>2:00 <b>E</b> Birthday Party</p> <p>2:00 <b>D</b> Pinochle</p> <p>6:30 <b>D</b> Billiards</p>	<p>10:00 <b>A</b> Stand &amp; Sit Yoga DVD</p> <p>10:30 <b>A</b> Chair Yoga DVD</p> <p>1:30 <b>D</b> Scrabble</p> <p>2:00 <b>E</b> Coffee Chat</p> <p>2:00 <b>A</b> Ping Pong</p> <p>6:00 <b>F</b> Popcorn &amp; Movie in The Inn</p> <p>7:00 <b>A</b> Movie</p>
12	13	14	15	16	17	18
<p>Super Bowl Sunday</p> <p>10:30 <b>I</b> Church Service</p> <p>11:30 <b>J</b> Main Meal in the Dining Room</p> <p>1:30 <b>D</b> Scrabble</p> <p>2:30 <b>I</b> Snack Time</p> <p>3:30 <b>A</b> Vespers</p> <p>6:00 <b>A</b> Super Bowl Party</p>	<p>Tie Dye Monday</p> <p>9:15 <b>E</b> Coffee Chat</p> <p>9:30 <b>G</b> Errands</p> <p>9:30 <b>B</b> PEO Group</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>11:00 <b>M</b> Bocce</p> <p>11:00 <b>A</b> Chair Yoga DVD</p> <p>2:00 <b>A</b> Cornhole</p> <p>2:00 <b>F</b> Sit, Step, Sing with Debra</p> <p>3:30 <b>E</b> Monday Mixers</p>	<p>Show Your Love Tuesday</p> <p>9:30 <b>B</b> Hubble Group</p> <p>10:00 <b>C</b> RC Communion</p> <p>10:00 <b>G</b> Shopping at Aldi Grocery Store</p> <p>1:00 <b>E</b> Bingo with Andy</p> <p>2:00 <b>C</b> Episcopal Communion</p> <p>2:00 <b>I</b> Land of Waterfalls Dulcimer Group</p> <p>2:00 <b>A</b> Ping Pong</p> <p>2:30 <b>E</b> Episcopal Coffee</p> <p>7:00 <b>A</b> Movie</p>	<p>Wacky Tacky Wednesday</p> <p>8:00 <b>B</b> Continental Breakfast</p> <p>9:30 <b>G</b> Grocery Shopping</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>10:30 <b>G</b> Grocery Shopping</p> <p>11:00 <b>P</b> Blood Pressure Checks</p> <p>11:00 <b>M</b> Bocce</p> <p>11:00 <b>A</b> Chair Yoga DVD</p> <p>11:00 <b>I</b> Dog Visits</p> <p>2:00 <b>F</b> Sit, Step, Sing with Debra</p> <p>2:30 <b>A</b> Yoga with Lauren</p> <p>3:00 <b>D</b> Dominoes</p>	<p>Superhero Thursday</p> <p>9:15 <b>E</b> Coffee Chat</p> <p>10:00 <b>A</b> Line Dancing</p> <p>11:00 <b>D</b> Wii Bowling</p> <p>12:00 <b>B</b> Pizza Party</p> <p>1:00 <b>E</b> Bingo with Andy</p> <p>1:00 <b>D</b> Knitting Group</p> <p>2:00 <b>A</b> Cornhole</p> <p>7:00 <b>G</b> Parker Concert Hall at BMC</p>	<p>Freedom Friday</p> <p>9:30 <b>G</b> Errands</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>10:30 <b>G</b> Shopping at Walmart and Belk</p> <p>11:00 <b>M</b> Bocce</p> <p>11:00 <b>A</b> Morning Yoga with Laura</p> <p>1:00 <b>F</b> Sit, Step, Sing with Debra</p> <p>1:00 <b>B</b> Turning Points</p> <p>2:00 <b>E</b> Fun Friday - Snow Cream Ice Cream</p> <p>2:00 <b>D</b> Pinochle</p> <p>2:30 <b>G</b> Random Acts of Kindness Deliveries</p> <p>6:30 <b>D</b> Billiards</p>	<p>10:00 <b>A</b> Stand &amp; Sit Yoga DVD</p> <p>10:30 <b>A</b> Chair Yoga DVD</p> <p>1:30 <b>D</b> Scrabble</p> <p>2:00 <b>E</b> Coffee Chat</p> <p>2:00 <b>A</b> Ping Pong</p> <p>6:00 <b>F</b> Popcorn &amp; Movie in The Inn</p> <p>7:00 <b>A</b> Movie</p>
19	20	21	22	23	24	25
<p>10:30 <b>I</b> Church Service</p> <p>11:30 <b>J</b> Main Meal in the Dining Room</p> <p>1:30 <b>D</b> Scrabble</p> <p>2:30 <b>I</b> Snack Time</p> <p>3:30 <b>A</b> Vespers</p>	<p>Presidents Day</p> <p>9:15 <b>E</b> Coffee Chat</p> <p>9:30 <b>G</b> Errands</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>11:00 <b>M</b> Bocce</p> <p>11:00 <b>A</b> Chair Yoga DVD</p> <p>2:00 <b>A</b> Cornhole</p> <p>2:00 <b>E</b> National Cherry Pie</p> <p>2:00 <b>F</b> Sit, Step, Sing with Debra</p> <p>3:30 <b>E</b> Monday Mixers</p>	<p>Mardi Gras Buffet</p> <p>9:30 <b>B</b> Hubble Group</p> <p>10:00 <b>C</b> RC Communion</p> <p>1:00 <b>E</b> Bingo with Andy</p> <p>1:00 <b>A</b> Ping Pong</p> <p>2:00 <b>C</b> Episcopal Communion</p> <p>2:30 <b>E</b> Episcopal Coffee</p> <p>3:00 <b>I</b> Music with Linda</p> <p>3:00 <b>A</b> Musical Performance by Neal Douglas Trio</p> <p>7:00 <b>A</b> Movie</p>	<p>8:00 <b>B</b> Continental Breakfast</p> <p>9:30 <b>G</b> Grocery Shopping</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>10:30 <b>G</b> Grocery Shopping</p> <p>11:00 <b>M</b> Bocce</p> <p>11:00 <b>A</b> Chair Yoga DVD</p> <p>11:00 <b>I</b> Dog Visits</p> <p>1:00 <b>B</b> UU's</p> <p>2:00 <b>F</b> Sit, Step, Sing with Debra</p> <p>2:30 <b>A</b> Yoga with Lauren</p> <p>3:00 <b>D</b> Dominoes</p> <p>4:00 <b>G</b> National Margarita Day</p>	<p>9:15 <b>E</b> Coffee Chat</p> <p>10:00 <b>A</b> Line Dancing</p> <p>11:00 <b>K</b> Craft Time with Jean</p> <p>11:00 <b>D</b> Wii Bowling</p> <p>11:30 <b>K</b> The Inn Pizza Party</p> <p>1:00 <b>E</b> Bingo with Andy</p> <p>1:00 <b>D</b> Knitting Group</p> <p>3:00 <b>A</b> Betts Bar</p> <p>3:00 Scenic Ride for The Inn</p>	<p>9:30 <b>G</b> Errands</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>10:30 <b>G</b> Shopping at Walmart and Belk</p> <p>11:00 <b>M</b> Bocce</p> <p>11:00 <b>A</b> Morning Yoga with Laura</p> <p>1:00 <b>F</b> Sit, Step, Sing with Debra</p> <p>1:00 <b>B</b> Turning Points</p> <p>2:00 <b>E</b> Fun Friday - National Tortilla Chips Day</p> <p>2:00 <b>D</b> Pinochle</p> <p>3:30 <b>A</b> Senior Games Presentation with Brenda Skeffington</p> <p>6:30 <b>D</b> Billiards</p>	<p>10:00 <b>A</b> Stand &amp; Sit Yoga DVD</p> <p>10:30 <b>A</b> Chair Yoga DVD</p> <p>1:30 <b>D</b> Scrabble</p> <p>2:00 <b>E</b> Coffee Chat</p> <p>2:00 <b>A</b> Ping Pong</p> <p>6:00 <b>F</b> Popcorn &amp; Movie in The Inn</p> <p>7:00 <b>A</b> Movie</p>
26	27	28				
<p>10:30 <b>I</b> Church Service</p> <p>11:30 <b>J</b> Main Meal in the Dining Room</p> <p>1:30 <b>D</b> Scrabble</p> <p>2:30 <b>I</b> Snack Time</p> <p>3:30 <b>A</b> Vespers</p> <p>4:00 <b>E</b> Vesper Committee Meeting</p>	<p>9:15 <b>E</b> Coffee Chat</p> <p>9:30 <b>G</b> Errands</p> <p>10:00 <b>A</b> Exercise with Kerry DVD</p> <p>10:00 <b>L</b> Library Committee Meeting</p> <p>11:00 <b>M</b> Bocce</p> <p>11:00 <b>A</b> Chair Yoga DVD</p> <p>2:00 <b>A</b> Cornhole</p> <p>2:00 <b>F</b> Sit, Step, Sing with Debra</p> <p>3:30 <b>E</b> Monday Mixers</p>	<p>Breakfast for Dinner Buffet</p> <p>9:30 <b>B</b> Hubble Group</p> <p>10:00 <b>C</b> RC Communion</p> <p>1:00 <b>E</b> Bingo with Andy</p> <p>2:00 <b>C</b> Episcopal Communion</p> <p>2:00 <b>A</b> Ping Pong</p> <p>2:30 <b>E</b> Episcopal Coffee</p> <p>3:00 <b>F</b> Listen and Laugh with Carol</p> <p>6:45 <b>A</b> Movie</p> <p>7:00 <b>G</b> Parker Concert Hall at BMC</p>				



## National Carrot Cake Day

Friday, February 3, enjoy a slice of carrot cake at 2 pm in The Inn Cafe Area and upstairs Cafe Area. Sign up at the Front Desk.



## National Tortilla Chips Day

Friday, February 24, enjoy tortilla chips with special toppings at 2 pm in The Inn Cafe Area and upstairs Cafe Area. Sign up at Front Desk.



## Special Buffet

Breakfast for dinner? Yes, please! Tuesday, February 28, we will be serving delicious breakfast options for dinner.



## National Cherry Pie Day

Monday, February 20, enjoy a scrumptious slice of cherry pie (with or without vanilla ice cream) at 2 pm in upstairs Cafe Area and 2:30 pm in The Inn Cafe Area. Sign up at Front Desk.



## Special Program

Join resident Bill Moore for a special program entitled "All About Tolkien" on Thursday, February 2, at 6:30 pm in the Auditorium. More information will be in our weekly update.



## February Birthdays

- 2 Sue Stickle
- 5 Ruth Unger
- 9 Bob Case
- 9 Dottie Holum
- 16 Marilyn Lockhart
- 18 Florence Calabrese
- 18 Tommie Jones
- 18 Sharon King
- 18 Jill Roberts
- 18 Barbara Wolfe
- 19 Suzanne Phillips
- 20 Pat Darrow
- 22 Carolyn Nikolai
- 22 Margarete Peterson
- 23 Shirley Grahl
- 24 Joy Ryder
- 25 Voncille Calhoun
- 29 Jean Woods

## Happy Anniversary!

- 14 Jerry & Joan Gerardi
- 17 Tim & Betsy Robinson

## Random Acts of Kindness

Friday, February 17, encouraging cards from College Walk with special treats will be hand delivered to random people throughout Transylvania County at 2:30 pm. If you would like to join us, sign up at Front Desk.