



100 N College Row
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*Committed to Brevard,
Dedicated to Seniors*

Find us on 

YES, we will have corn again this year! As soon as McCall's Farm starts harvesting their crop, College Walk will be providing corn for purchase at \$.50 per ear. What a bargain! Watch Table Talk for the exact date.



Breakfast Taco Buffet

Tuesday, July 18 breakfast tacos plus bacon, sausage, fruit, milk, juice and coffee will be served from 8:30-9:30 am in Main Dining Room. No extra charge and open to ALL residents. Sign up at Front Desk by Friday, July 14.



Bright Colors Day

Thursday, July 6 wear your favorite bright colors all day or just to dinner.



Associate Spotlight

Jayne Field, Dining Services Director, joined our team in September 2022. Married to Rob for 36 years, they have two grown children (Hannah and Will) and two four-legged children (Zack and Little Nell). Jayne has a Masters in Social Work and a Culinary Arts Degree. She loves to read, garden and cook as well as walk her four-legged children for exercise. We are so HAPPY Jayne joined the College Walk team!



Happy 4th of July!

On Tuesday, July 4 the Main Meal is from 11:30 am - 1 pm in Main Dining Room. The motorcoach departs at 1:20 pm for Patriotic Pops at Brevard Music Center. Wine and Cheese is from 3 - 4 pm in Activity Room. Enjoy **City of Brevard** fireworks at 9:30 pm. NO mail delivery!

Fun Fridays

- 7 Strawberry Sundae
- 14 Birthday Party
- 21 Push Up Pops
- 28 Fudgesicles



Special Programs

8th - Musical Performance by Alvin Watson at 3 pm in Auditorium.

14th - The Family Place of Brevard seminar at 3 pm in Auditorium.

20th - Pardee's Vision for Transylvania County Health Talk at 3 pm in Auditorium.

Shred-It Day

Shred-It mobile shredding unit will be here Friday, July 14 from 10 am to noon East Wing front parking area.



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



10:00 **A** Stand & Sit Yoga DVD
10:30 **A** Chair Yoga DVD
1:30 **D** Scrabble
2:00 **E** Coffee Chat
2:00 **A** Ping-Pong
2:00 **F** Popcorn & Movie in The Inn
6:45 **A** Movie
7:00 **G** Brevard Music Center

2
10:30 **I** Church Service
11:30 **J** Main Meal in the Dining Room
1:30 **D** Scrabble
2:30 **G** Brevard Music Center
2:30 **I** Snack Time
3:30 **A** Vespers

3
9:15 **E** Coffee Chat
9:30 **G** Errands
10:00 **A** Exercise with Kerry DVD
11:00 **A** Chair Yoga DVD
12:30 **G** Brevard Music Center Students at TCL
2:00 **A** Cornhole
2:00 **F** Sit, Step, and Sing with Debra
3:30 **E** Pina Colada Day

4
Independence Day
9:30 **B** Hubble Group
11:00 **B** Vesper Committee Meeting
11:30 **J** Main Meal in the Dining Room
1:00 **E** Bingo with Andy
1:20 **G** Brevard Music Center
2:00 **C** Episcopal Communion
2:00 **A** Ping-Pong
2:30 **E** Episcopal Coffee
3:00 **B** Music with Linda
3:00 **B** Wine and Cheese
6:45 **A** Movie

5
8:00 **B** Continental Breakfast
9:30 **G** Grocery Shopping
10:00 **A** Exercise with Kerry DVD
11:00 **P** Blood Pressure Checks
11:00 **A** Chair Yoga DVD
11:00 **I** Dog Visits
2:00 **B** AAUW Book Club
2:00 **F** Sit, Step, and Sing with Debra
2:30 **A** Yoga with Lauren
3:00 **D** Dominoes

6
Wear Bright Colors Day
9:30 **C** RC Communion
10:00 **A** Line Dancing
11:00 **K** Craft Time with Jean
11:00 **D** Wii Bowling
1:00 **B** Bible Study
1:00 **E** Bingo with Andy
1:00 **D** Knitting Group
2:00 **A** Cornhole
3:00 Scenic Ride for The Inn

7
National Strawberry Sundae Day
10:00 **A** Exercise with Kerry DVD
10:30 **B** Book Discussion Group
10:30 **G** Shopping at Walmart and Belk
11:00 **A** Morning Yoga with Laura
1:00 **F** Sit, Step, and Sing with Debra
1:00 **B** Turning Points
2:00 **E** National Strawberry Sundae Day
2:00 **D** Pinochle
6:30 **D** Billiards
7:00 **G** Brevard Music Center

8
10:00 **A** Stand & Sit Yoga DVD
10:30 **A** Chair Yoga DVD
1:00 **A** Ping-Pong
1:30 **D** Scrabble
2:00 **E** Coffee Chat
2:00 **F** Popcorn & Movie in The Inn
3:00 **A** Musical Performance by Alvin Watson
6:45 **A** Movie
7:00 **G** Brevard Music Center

9
10:30 **I** Church Service
11:30 **J** Main Meal in the Dining Room
1:30 **D** Scrabble
2:30 **I** Snack Time
3:30 **A** Vespers

10
9:15 **E** Coffee Chat
9:30 **G** Errands
9:30 **B** PEO Group
10:00 **A** Exercise with Kerry DVD
11:00 **A** Chair Yoga DVD
12:30 **G** Brevard Music Center Students at TCL
2:00 **A** Cornhole
2:00 **F** Sit, Step, and Sing with Debra
3:30 **E** Monday Mixers

11
9:30 **B** Hubble Group
1:00 **E** Bingo with Andy
2:00 **C** Episcopal Communion
2:00 **I** Land of Waterfalls Dulcimer Group
2:00 **A** Ping-Pong
2:30 **E** Episcopal Coffee
2:30 Patio Home Block Party at the end of South College Row
6:45 **A** Movie

12
National Pecan Pie Day
8:00 **B** Continental Breakfast
9:30 **G** Grocery Shopping
10:00 **A** Exercise with Kerry DVD
11:00 **A** Chair Yoga DVD
11:00 **I** Dog Visits
2:00 **E** Pecan Pie
2:00 **F** Sit, Step, and Sing with Debra
2:30 **A** Yoga with Lauren
3:00 **D** Dominoes

13
9:30 **C** RC Communion
10:00 **A** Line Dancing
11:00 **K** Craft Time with Jean
11:00 **D** Wii Bowling
1:00 **B** Bible Study
1:00 **E** Bingo with Andy
1:00 **C** First Methodist Gathering and Communion
1:00 **D** Knitting Group
2:00 **A** Cornhole
2:00 Traveling Betts Bar The Lodge
3:00 Traveling Betts Bar Patio Homes & Cottages
5:00 Brew Crew in PDR

14
10:00 **A** Exercise with Kerry DVD
10:00 Shred It Mobile Shredding Unit
10:30 **G** Shopping at Walmart and Belk
11:00 **A** Morning Yoga with Laura
1:00 **F** Sit, Step, and Sing with Debra
1:00 **B** Turning Points
2:00 **E** Fun Friday - Birthday Party
2:00 **D** Pinochle
3:00 **A** Special Seminar about The Family Place
6:30 **D** Billiards
7:00 **G** Brevard Music Center

15
10:00 **A** Stand & Sit Yoga DVD
10:30 **A** Chair Yoga DVD
1:30 **D** Scrabble
2:00 **E** Coffee Chat
2:00 **A** Ping-Pong
2:00 **F** Popcorn & Movie in The Inn
6:45 **A** Movie
7:00 **G** Brevard Music Center

16
10:30 **I** Church Service
11:30 **J** Main Meal in the Dining Room
1:30 **D** Scrabble
2:30 **G** Brevard Music Center
2:30 **I** Snack Time
3:30 **A** Vespers

17
9:15 **E** Coffee Chat
9:30 **G** Errands
10:00 **A** Exercise with Kerry DVD
11:00 **A** Chair Yoga DVD
11:00 **B** Veterans Coffee and Conversation
12:30 **G** Brevard Music Center Students at TCL
2:00 **A** Cornhole
2:00 **F** Sit, Step, and Sing with Debra
3:30 **E** Monday Mixers

18
8:30 **J** Breakfast Tacos Buffet
9:30 **B** Hubble Group
10:00 **A** Covid Booster
11:30 **G** Noontime Notions at Transylvania County Library
1:00 **E** Bingo with Andy
2:00 **C** Episcopal Communion
2:00 **A** Ping-Pong
2:30 **E** Episcopal Coffee
3:00 **B** Music with Linda
6:45 **A** Movie

19
National Daiquiri Day
8:00 **B** Continental Breakfast
9:30 **G** Grocery Shopping
10:00 **A** Exercise with Kerry DVD
10:00 **B** Recycled Card Group
11:00 **P** Blood Pressure Checks
11:00 **A** Chair Yoga DVD
11:00 **I** Dog Visits
2:00 **F** Sit, Step, and Sing with Debra
2:30 **A** Yoga with Lauren
3:00 **D** Dominoes
4:00 **G** Daiquiris

20
9:30 **C** RC Communion
10:00 **A** Line Dancing
11:00 **D** Wii Bowling
12:00 **B** Pizza Party
1:00 **B** Bible Study
1:00 **E** Bingo with Andy
1:00 **D** Knitting Group
2:00 **A** Cornhole
3:00 **A** Pardee's Vision for Transylvania County Health Talk
5:00 Vino Ladies Guild in PDR

21
10:00 **A** Exercise with Kerry DVD
10:30 **G** Shopping at Walmart and Belk
11:00 **A** Morning Yoga with Laura
1:00 **F** Sit, Step, and Sing with Debra
1:00 **B** Turning Points
2:00 **E** Fun Friday - Push Up Pops
2:00 **D** Pinochle
6:30 **D** Billiards
7:00 **G** Brevard Music Center

22
10:00 **A** Stand & Sit Yoga DVD
10:30 **A** Chair Yoga DVD
1:30 **D** Scrabble
2:00 **E** Coffee Chat
2:00 **A** Ping-Pong
2:00 **F** Popcorn & Movie in The Inn
6:45 **A** Movie
7:00 **G** Brevard Music Center

23
10:30 **I** Church Service
11:30 **J** Main Meal in the Dining Room
1:30 **D** Scrabble
2:30 **I** Snack Time
3:30 **A** Vespers

24
9:30 **G** Errands
10:00 **A** Exercise with Kerry DVD
11:00 **A** Chair Yoga DVD
12:30 **G** BMC at TCL
2:00 **F** Sit, Step, and Sing with Debra

25
9:30 **B** Hubble Group
11:00 **G** Picnic at Mt. Pisgah Picnic Area on Blue Ridge Parkway
1:00 **E** Bingo with Andy
2:00 **C** Episcopal Communion
2:00 **A** Ping-Pong
2:30 **E** Episcopal Coffee
3:00 **F** Listen and Laugh with Carol
6:45 **A** Movie

26
8:00 **B** Continental Breakfast
9:30 **G** Grocery Shopping
10:00 **A** Exercise with Kerry DVD
11:00 **A** Chair Yoga DVD
11:00 **I** Dog Visits
11:30 **K** The Inn Pizza Party
2:00 **F** Sit, Step, and Sing with Debra
2:30 **A** Yoga with Lauren
3:00 **D** Dominoes

27
9:30 **C** RC Communion
10:00 **A** Line Dancing
11:00 **K** Craft Time with Jean
11:00 **D** Wii Bowling
1:00 **B** Bible Study
1:00 **E** Bingo with Andy
1:00 **D** Knitting Group
2:00 **A** Cornhole
2:00 Traveling Betts Bar The Lodge
3:00 Traveling Betts Bar Patio Homes & Cottages

28
10:00 **A** Exercise with Kerry DVD
10:30 **B** Book Discussion Group
10:30 **G** Shopping at Walmart and Belk
11:00 **A** Morning Yoga with Laura
1:00 **F** Sit, Step, and Sing with Debra
1:00 **B** Turning Points
2:00 **E** Fun Friday - Fudgesicles
2:00 **D** Pinochle
6:30 **D** Billiards
7:00 **G** Brevard Music Center

29
National Lipstick Day
10:00 **A** Stand & Sit Yoga DVD
10:30 **A** Chair Yoga DVD
1:30 **D** Scrabble
2:00 **E** Coffee Chat
2:00 **A** Ping-Pong
2:00 **F** Popcorn & Movie in The Inn
6:45 **A** Movie
8:00 **G** Brevard Music Center

30
11:30 **J** Main Meal in the Dining Room
2:30 **G** Brevard Music Center
2:30 **I** Snack Time
3:30 **A** Vespers
4:00 **E** Vesper Committee Meeting

31
9:30 **G** Errands
10:00 **A** Exercise with Kerry DVD
11:00 **A** Chair Yoga DVD
12:30 **G** BMC at TCL
2:00 **F** Sit, Step, and Sing with Debra



COVID Booster

COVID booster shots will be administered by Americare Pharmacy Tuesday, July 18 from 10 -12 in Auditorium. Paperwork is available at Front Desk. Watch Table Talk for more details.

Patio Home Block Party

Let's try again! Tuesday, July 11 block party for all residents who live in Patio Homes. Refreshments served 2:30-3:30 pm in the green space at the end of South College Row. Sign up at Front Desk. Bring a chair!



Picnic Outing

Tuesday, July 25 pack a lunch and join us for a picnic at Mt. Pisgah picnic area located on Blue Ridge Parkway. College Walk will provide drinks. The motorcoach will depart College Walk at 11 am. Sign up at Front Desk!



National Strawberry Sundae Day

YUM! Friday, July 7 celebrate this national day with a delicious strawberry sundae at 2 pm in upstairs Cafe Area. Sign up at Front Desk!



July Birthdays

- 2 Phyllis Sheldon
- 4 Kathie Blozan
- 5 Nancy Shelbourne
- 6 Barbara Levy
- 7 Barbara Janowitz
- 11 JoAnn Clemmer
- 11 Gail Garrett
- 11 Vel Pointer
- 11 Delores Shore
- 13 Jeanne Daniel
- 15 Bonnie Arbuckle
- 15 Tim Robinson
- 15 Rose Wimsatt
- 16 Frank Spellmon
- 18 Evon Merrell
- 23 Jerry Gerardi
- 25 Trinie Case
- 27 Faye Doell
- 27 Carolyn Gordon-Loebig
- 27 Jane Prescott
- 28 Sharon Stark
- 29 Beverly Outlaw
- 29 Judy Pierce



Happy Anniversary!

- 24 Glen & Sue Rainsley
- 29 Victor & Hilda Blackburn