



100 N College Row
Brevard, NC 28712
(828) 884-5800
Fax: (828) 884-5840

*Committed to Brevard,
Dedicated to Seniors*

Find us on 

National Wear Red Day

The first Friday in February (February 2) is National Wear Red Day. On this day of American Heart Month, everyone across the country dons the color red to raise awareness in hopes to help eradicate heart disease and stroke in millions of women all over our nation. You can choose to wear this color all day or just to dinner.



Pardee Health Talk

Thursday, February 8, learn more about Pardee’s cardiovascular services, their commitment to the community, and how they’re working to meet the needs of Transylvania County. Holly Humphrey, MD, FACC with Pardee Cardiology Associates will explore the topic **Heart Health** at 3 pm in Auditorium.



Mardi Gras Buffet

We are celebrating a little later in the month. Tuesday, February 20, grab your beads and enjoy a special piano concert by Doug Alt at 3 pm in the Auditorium. Next, wine and beer are served in Main Lobby, 4:15-5:30 pm. Our New Orleans-themed buffet is where we crown our “King” or “Queen” of College Walk. Don’t forget to wear the special colors of purple, green and gold.



“Love Is in the Air” Waffle Breakfast

Join us Wednesday, February 14, for a special Valentine’s Day breakfast featuring waffles, bacon, sausage, fruit, milk, juice and coffee: No additional charge and for ALL residents. Sign up at Front Desk by 9 am Friday, February 9.

“Death by Chocolate” Party

If you LOVE chocolate, this party is for you! Tuesday, February 13, enjoy delicious, chocolate treats at 2:30 pm in the upstairs Cafe area. Sign up at Front Desk.



National Tater Tots Day

Friday, February 2, is National Tater Tots Day: we’re serving loaded tots at 2 pm in upstairs Cafe Area. Sign up at Front Desk.



National Cherry Pie Day

We are celebrating this national day early. Friday, February 16, grab a fork and enjoy a slice of cherry pie at 2 pm in the upstairs Cafe Area. Sign up at the Front Desk.



National Banana Bread Day

Friday, February 23, stop by the upstairs Cafe Area at 2 pm to sample this scrumptious treat. Sign up at the Front Desk.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>BLACK HISTORY MONTH</p>	 <p>HAPPY PRESIDENTS DAY</p>	 <p>MARDI GRAS</p>	 <p>HAPPY GROUNDHOG DAY</p>	 <p>NATIONAL WEAR RED DAY!</p>	 <p>NATIONAL WEAR RED DAY!</p>	 <p>NATIONAL WEAR RED DAY!</p>
<p>10:30 I Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 I Snack Time 3:30 A Vespers</p>	<p>9:15 E Coffee Chat 9:30 G Errands 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 M Bocce 1:15 A Sit, Step, Sing with Debra 2:00 A Cornhole 2:00 F Sit, Step, and Sing with Debra 3:30 E Monday Mixers</p>	<p>9:30 B Hubble Group 11:00 A Tai Chi with Chris 11:00 B Vesper Committee Mtg. 1:00 K Bingo with Andy 2:00 C Episcopal Communion 2:00 A Ping-Pong 2:00 G Visit TCart's Exhibit 2:30 E Episcopal Coffee 3:00 I Music with Linda 7:00 A Movie</p>	<p>8:00 B Continental Breakfast 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 P Blood Pressure Checks 11:00 M Bocce 11:00 I Dog Visits 2:00 B AAUW Book Club 2:00 F Sit, Step, and Sing with Debra 2:30 A Yoga with Lauren 3:00 E Dominoes</p>	<p>9:15 E Coffee Chat 9:30 C RC Mass 11:00 K Craft Time with Jean 11:00 D Wii Bowling 1:00 B Bible Study 1:00 K Bingo with Andy 1:00 A Cornhole 1:00 C First Methodist Gathering and Communion 1:00 D Knitting Group 2:00 B VIP Meeting 3:00 A Pardee Health Talk - Heart Health 5:00 Brew Crew in Private Dining Room</p>	<p>10:00 A Exercise with Kerry DVD 10:00 G Shopping at Walmart and Belk 11:00 M Bocce 11:00 A Morning Yoga with Laura 1:00 F Sit, Step, and Sing with Debra 1:00 B Turning Points 1:45 A Sit, Step, Sing with Debra 2:00 E Fun Friday - Birthday Party 2:00 D Pinochle 6:30 D Billiards</p>	<p>10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:30 D Scrabble 2:00 E Coffee Chat 2:00 A Ping-Pong 2:00 F Popcorn & Movie in The Inn 7:00 A Movie</p>
<p>National Peppermint Patty Day 10:30 I Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 I Snack Time 3:30 A Vespers</p>	<p>9:15 E Coffee Chat 9:30 G Errands 9:30 B PEO Group 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 M Bocce 1:15 A Sit, Step, Sing with Debra 2:00 A Cornhole 2:00 F Sit, Step, and Sing with Debra 3:30 E Monday Mixers</p>	<p>9:30 B Hubble Group 9:30 G Shopping at ALDI Grocery Store 11:00 A Tai Chi with Chris 12:00 B Pizza Party 1:00 K Bingo with Andy 2:00 C Episcopal Communion 2:00 A Ping-Pong 2:30 B "Death by Chocolate" Party 2:30 E Episcopal Coffee 3:00 F Listen and Laugh with Carol 7:00 A Movie</p>	<p>Happy Valentine's Day! 8:30 J "Love is in the Air" Waffle Breakfast 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 M Bocce 11:00 I Dog Visits 2:00 F Sit, Step, and Sing with Debra 2:30 A Yoga with Lauren 3:00 E Dominoes 7:00 G Parker Concert Hall at BMC</p>	<p>9:15 E Coffee Chat 9:30 C RC Mass 10:00 A Line Dancing 11:00 K Craft Time with Jean 11:00 D Wii Bowling 1:00 B Bible Study 1:00 K Bingo with Andy 1:00 D Knitting Group 2:00 A Cornhole 2:00 G Random Acts of Kindness Deliveries 5:00 Vino Ladies' Guild in Private Dining Room</p>	<p>10:00 A Exercise with Kerry DVD 10:00 G Shopping at Walmart and Belk 11:00 M Bocce 11:00 A Morning Yoga with Laura 1:00 F Sit, Step, and Sing with Debra 1:00 B Turning Points 1:45 A Sit, Step, Sing with Debra 2:00 E Fun Friday - Cherry Pie 2:00 D Pinochle 6:30 D Billiards</p>	<p>10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:30 D Scrabble 2:00 E Coffee Chat 2:00 A Ping-Pong 2:00 F Popcorn & Movie in The Inn 7:00 A Movie</p>
<p>10:30 I Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 I Snack Time 3:30 A Vespers</p>	<p>Presidents Day 9:15 E Coffee Chat 9:30 G Errands 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 M Bocce 11:00 B Veterans Coffee and Conversation 1:15 A Sit, Step, Sing with Debra 2:00 A Cornhole 2:00 F Sit, Step, and Sing with Debra 3:30 E Monday Mixers</p>	<p>Mardi Gras Buffet 9:30 B Hubble Group 11:00 A Tai Chi with Chris 1:00 K Bingo with Andy 1:00 A Ping-Pong 2:00 C Episcopal Communion 2:30 E Episcopal Coffee 3:00 I Music with Linda 3:00 A Special Piano Concert by Doug Alt 4:15 G Wine and Beer 7:00 A Movie</p>	<p>8:00 B Continental Breakfast 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:00 B Recycled Card Group 10:50 A Chair Yoga DVD 11:00 P Blood Pressure Checks 11:00 M Bocce 11:00 I Dog Visits 11:30 K The Inn Pizza Party 2:00 F Sit, Step, and Sing with Debra 2:30 A Yoga with Lauren 3:00 E Dominoes</p>	<p>9:15 E Coffee Chat 9:30 C RC Mass 10:00 A Line Dancing 11:00 K Craft Time with Jean 11:00 D Wii Bowling 1:00 B Bible Study 1:00 K Bingo with Andy 1:00 D Knitting Group 2:00 A Cornhole 3:00 B Celebration of Life for Oscar Reiner 5:00 Additional Vino Ladies' Guild in PDR</p>	<p>10:00 A Exercise with Kerry DVD 10:00 G Shopping at Walmart and Belk 11:00 M Bocce 11:00 A Morning Yoga with Laura 1:00 F Sit, Step, and Sing with Debra 1:00 B Turning Points 1:45 A Sit, Step, Sing with Debra 2:00 E Fun Friday - Banana Bread 2:00 D Pinochle 6:30 D Billiards</p>	<p>10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:30 D Scrabble 2:00 E Coffee Chat 2:00 A Ping-Pong 2:00 F Popcorn & Movie in The Inn 7:00 A Movie</p>
<p>10:30 I Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 I Snack Time 3:30 A Vespers 4:00 E Vespers Committee Meeting</p>	<p>9:15 E Coffee Chat 9:30 G Errands 10:00 A Exercise with Kerry DVD 10:00 L Library Committee Meeting 10:50 A Chair Yoga DVD 11:00 M Bocce 1:15 A Sit, Step, Sing with Debra 2:00 A Cornhole 2:00 F Sit, Step, and Sing with Debra 3:30 E Monday Mixers</p>	<p>9:30 B Hubble Group 11:00 A Tai Chi with Chris 1:00 K Bingo with Andy 1:00 A Ping-Pong 2:00 C Episcopal Communion 2:00 I Land of Waterfalls Dulcimer Group 2:30 E Episcopal Coffee 3:00 A Betts Bar 7:00 A Movie</p>	<p>8:00 B Continental Breakfast 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 M Bocce 11:00 I Dog Visits 1:00 B UU's 2:00 F Sit, Step, and Sing with Debra 2:30 K Assisted Living Ladies' Tea Party 2:30 A Yoga with Lauren 3:00 E Dominoes</p>	<p>Leap Day 9:15 E Coffee Chat 9:30 C RC Mass 10:00 A Line Dancing 11:00 K Craft Time with Jean 11:00 D Wii Bowling 1:00 B Bible Study 1:00 K Bingo with Andy 1:00 D Knitting Group 2:00 A Cornhole 2:00 G Leap Day Cupcakes 6:45 A Movie "Leap Year" 7:00 G Parker Concert Hall at BMC</p>	 	



Assisted Living Ladies' Tea Party

Wednesday, February 28, Assisted Living ladies are invited to enjoy a variety of teas, scones, tea sandwiches and more at 2:30 pm in The Inn Cafe Area. Hats are encouraged, but not required.

National Peppermint Patty Day

Sunday, February 11, stop by the Main Lobby at 2 pm and pick up one of these delicious treats!



Veterans Coffee and Conversation

This group meets the 3rd Monday of each month at 11 am in Activity Room. This month it is Monday, February 19. Why don't you join them for good coffee and even better conversation?

Leap Day

Since it only comes around every four years, we are celebrating this day with themed cupcakes at 2 pm in the upstairs Cafe Area. "Leap Year" is showing at 6:45 pm in Auditorium.



Random Acts of Kindness

Thursday, February 15, encouraging cards with special treats will be hand delivered to random people throughout Transylvania County at 2 pm. Valerie is looking for four volunteers to help her make this possible. Sign up at the Front Desk if interested.



February Birthdays

- 1 Betty Schenfield
- 2 Sue Stickle
- 4 Anna Etters
- 5 Ruth Unger
- 6 Jim Tyson
- 9 Dottie Holum
- 16 Marilyn Lockhart
- 18 Tommie Jones
- 18 Sharon King
- 18 Barbara Wolfe
- 19 Suzanne Phillips
- 20 Pat Darrow
- 21 Madge Ramey
- 22 Carolyn Nikolai
- 22 Margarete Peterson
- 23 Shirley Grahl
- 24 Joy Ryder
- 29 Jean Woods

Happy Anniversary!

- 14 Jerry & Joan Gerardi
- 17 Tim & Betsy Robinson

