March 2024

100 N College Row Brevard, NC 28712 (828) 884-5800 Fax: (828) 884-5840

Committed to Brevard, Dedicated to Seniors Find us on



Ollege Malk

St. Patrick's Day Buffet We are celebrating early on Friday, March 15, starting with "Laughter is Magic" with Adam Christing at 3 pm in Auditorium. Next, enjoy a delicious Irish-themed buffet from 4:30 - 6 pm in Main Dining Room. Wear green that day or the entire weekend. May your clovers have leaves of four and your luck last forevermore!

Residents' Association Meeting

Monday, March 18, get informed about everything going on at College Walk at 3 pm in Auditorium.



Easter Sunrise Service

Join us Sunday, March 31, at 7 am for our Easter Sunrise Service on the Front Deck (weather permitting). Sign up at Front Desk.





Spring Forward Daylight saving time begins Sunday, March 10. Set your clocks ahead one hour!



Women's Day Tea Friday, March 8, we are celebrating International Women's Day with a lovely tea party at 2:30 pm in Auditorium. Hats are optional but encouraged. Sign up at Front Desk.

Card Sale

Our Recycled Card Group has a fantastic selection of all occasion cards for you to purchase on Wednesday, March 13, from 10 am - noon in Activity Room. Cards just \$1 each!





Resident Egg Hunt Our 3rd annual College Walk Resident Egg Hunt begins at 11 am on Friday, March 29. Hunt for brightly-colored eggs throughout College Walk. Each egg will contain a ticket to bring to the Front Desk to claim your prize. Happy Hunting!

COLLEGE MALK

Wear Your Sweatshirt

Friday, March 1: wear your College Walk sweatshirt in honor of National Dress in Blue Day!

National Days in March

- Dress in Blue Day 1
- 4 Pound Cake Day
- 5 Cheese Doodle Day
- 6 Oreo Cookie Day
- 12 **Girl Scout Day**
- 14 Potato Chip Day
- 29 Pita Day





March 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
HAPPY PEASTER	10 10 10 10 10 10 10 10 10 10	SPRING		1 HOMENO	Wear College Walk Sweatshirts 1 10:00 A Exercise with Kerry DVD 1 10:00 G Shopping at Walmart and Belk 1 10:30 B Book Discussion Group 1 11:00 M Bocce 1 11:00 Sit, Step, and Sing with Laura 1 1:00 E Sit, Step, and Sing with Debra 1 1:00 B Turning Points 1:45 A Sit, Step, Sing with Debra 2:00 E Birthday Party 2:00 D Pinochle 3:00 A Healthy Living for Your Brain and Body 6:30 D Billiards	2 10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:30 D Scrabble 2:00 E Coffee Chat 2:00 A Ping-Pong 2:00 F Popcorn & Movie in The Inn 7:00 A Movie
10:30 Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble	National Pound Cake Day49:15 ECoffee Chat9:30 GErrands10:00 AExercise with Kerry DVD10:50 AChair Yoga DVD11:00 MBocce11:00 BResident Board Meeting1:15 ASit, Step, Sing with Debra2:00 ACornhole2:00 FSit, Step, and Sing with Debra3:30 EMonday Mixers	9:30 B Hubble Group 11:00 A Tai Chi with Chris 11:00 B Vesper Committee Meeting 1:00 K Bingo with Andy 1:00 A Ping-Pong	National Oreo Cookie Day 6 8:00 Continental Breakfast 9:30 Gocery Shopping 10:00 Exercise with Kerry DVD 10:50 Chair Yoga DVD 11:00 Blood Pressure Checks 11:00 Dog Visits 2:00 Sit, Step, and Sing with Debra 2:30 Yoga with Lauren 3:00 Dominoes 6:30 Musical Performance by Blue Ridge Bakery Band	7 9:15 Coffee Chat 9:30 RC Mass 9:30 Shopping at ALDI Grocery Store 10:00 A Line Dancing 10:30 Sarah Ruth Circle of PW 11:00 Craft Time with Jean 11:00 Wii Bowling 1:00 B Bible Study 1:00 Knitting Group 2:00 A Cornhole	8 10:00 A Exercise with Kerry DVD 10:00 G Shopping at Walmart and Belk 11:00 M Bocce 11:00 A Morning Yoga with Laura 1:00 F Sit, Step, and Sing with Debra 1:00 B Turning Points 2:00 D Pinochle 2:30 A International Women's Day Tea Party 6:30 D Billiards	9 10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:30 D Scrabble 2:00 E Coffee Chat 2:00 A Ping-Pong 2:00 F Popcorn & Movie in The Inn 7:00 A Movie
1:30 D Scrabble	11 9:15 E Coffee Chat 9:30 G Errands 9:30 B PEO Group 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 M Bocce 1:15 A Sit, Step, Sing with Debra 2:00 F Sit, Step, and Sing with Debra 3:00 A Residents' Association Meeting	1:00 A Ping-Pong 2:00 Episcopal Communion 2:30 E Episcopal Coffee 3:00 E Listen and Laugh with Carol	13 8:00 B Continental Breakfast 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:00 B Recycled Card Sale 10:50 A Chair Yoga DVD 11:00 M Bocce 11:00 Dog Visits 2:00 F Sit, Step, and Sing with Debra 2:30 A Yoga with Lauren 3:00 E Dominoes	National Potato Chip Day 14 9:15 © Coffee Chat 9:30 © RC Mass 10:00 A Line Dancing 11:00 © Craft Time with Jean 11:00 D Wii Bowling 1:00 Bible Study 1:00 First Methodist Gathering and Communion 1:00 Knitting Group 2:00 Visually Impaired Persons Meeting 5:00 Brew Crew in PDR	Pre St. Paddy's Day Buffet1510:00A Exercise with Kerry DVD10:00G Shopping at Walmart and Belk11:00M Bocce11:00A Morning Yoga with Laura1:00A Sit, Step, and Sing with Debra1:00B Turning Points1:45F Sit, Step, Sing with Debra2:00E Fun Friday - Irish Potato Candy2:00D Pinochle3:00A "Laughter is Magic" with Adam Christing6:30D Billiards	16 10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:30 D Scrabble 2:00 E Coffee Chat 2:00 A Ping-Pong 2:00 F Popcorn & Movie in The Inn 7:00 A Movie
Room 1:30 D Scrabble 2:30 G Brevard Philharmonic at BDRP Church 2:30 K Snack Time 3:30 A Vespers	10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 M Bocce 11:00 B Veterans' Coffee and Conversation 1:15 A Sit, Step, Sing with Debra 2:00 A Cornhole 2:00 F Sit, Step, and Sing with Debra 3:30 E Monday Mixers	1:00 K Bingo with Andy 2:00 Episcopal Communion 2:00 A Weintraub Films presents "Nature's Wisdom Thru Native Eyes" 2:30 E Episcopal Coffee 3:00 Music with Linda 7:00 A Movie	20 8:00 B Continental Breakfast 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 P Blood Pressure Checks 11:00 Bocce 11:00 Dog Visits 2:00 F Sit, Step, and Sing with Debra 2:30 A Yoga with Lauren 3:00 E Dominoes	9:15 Coffee Chat 9:30 RC Mass 10:00 Line Dancing 11:00 Craft Time with Jean 11:00 Wii Bowling 12:00 Pizza Party 1:00 Bible Study 1:00 Bible Study 1:00 Kitting Group 2:00 Cornhole 5:00 Vino Ladies' Guild in PDR 6:30 Musical Performance by Andrew Finn Magill	22 9:30 B Meet and Greet with Jennifer Murgolo 10:00 A Exercise with Kerry DVD 10:00 G Shopping at Walmart and Belk 11:00 M Bocce 11:00 A Morning Yoga with Laura 1:00 F Sit, Step, and Sing with Debra 1:00 B Turning Points 1:45 A Sit, Step, Sing with Debra 2:00 D Pinochle 3:00 A Betts Bar 6:30 D Billiards	23 10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:30 D Scrabble 2:00 E Coffee Chat 2:00 A Ping-Pong 2:00 F Popcorn & Movie in The Inn 7:00 A Movie
2:30 K Shack Time 3:30 A Vespers		11:30 The Inn Pizza Party 1:00 K Bingo with Andy	27 8:00 B Continental Breakfast 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 M Bocce 11:00 Dog Visits 1:15 B UU's 2:00 F Sit, Step, and Sing with Debra 2:30 A Yoga with Lauren 3:00 E Dominoes	28 9:15 Coffee Chat 9:30 RC Mass 10:00 A Line Dancing 11:00 Craft Time with Jean 11:00 Wii Bowling 1:00 Bible Study 1:00 Bible Study 1:00 Bible Study 1:00 Kitting Group 2:00 A Cornhole 2:00 White Elephant Sale 5:00 Additional Vino Ladies' Guild in PDR 7:00 Parker Concert Hall at BMC	Resident Egg Hunt2910:00 A Exercise with Kerry DVD10:00 G Shopping at Walmart and Belk11:00 M Bocce11:00 A Morning Yoga with Laura1:00 F Sit, Step, and Sing with Debra1:00 B Turning Points1:45 A Sit, Step, Sing with Debra2:00 E Fun Friday - Pita Bread & Hummus2:00 D Pinochle6:30 D Billiards	30 10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:30 D Scrabble 2:00 E Coffee Chat 2:00 A Ping-Pong 2:00 F Popcorn & Movie in The Inn 3:00 Musical Performance by Jeff Bianchi 7:00 A Movie



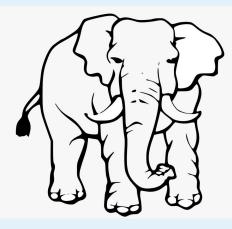


The Inn



Baked Potato Bar Buffet

Tuesday, March 19, enjoy loaded baked potatoes with all your favorite toppings from Noon - 1 pm in Main Dining Room. Salad, dessert and beverages, too. For ALL residents at no additional cost. Sign up by Friday, March 15. Dinner will be served that evening.



White Elephant Sale

Have those treasures that you think "what am I going to do with this?" If so, why don't you donate them to our White Elephant Sale? Residents and associates will shop the sale on Tuesday, March 26, from 2 - 4 pm in Auditorium. All proceeds donated to a local charity later named in Table Talk.

Musical **Performances/Special Programs**

"Healthy Living for Your Brain and Body" - Friday, March 1, at 3 pm in Auditorium.

"Estate Planning Peace of Mind" - Tuesday, March 5, at 3 pm in Auditorium.

Musical performance by Blue Ridge Bakery Band - Wednesday, March 6, at 6:30 pm in Auditorium.

Perfume Bottle Artistry with Elizabeth Creech - Tuesday, March 12, at 3 pm in Auditorium. "Laughter is Magic" - Friday, March 15, at 3 pm in Auditorium.

Weintraub Films presents

"Nature's Wisdom Thru Native Eyes" - Tuesday, March 19, at 2 pm in Auditorium.

Musical performance by Andrew Finn Magill - Thursday, March 21, at 6:30 pm in Auditorium.

Meet and Greet with Jennifer Murgolo - Let's try again on Friday, March 22, at 9:30 am in Activity Room.

Musical performance by Jeff Bianchi - Saturday, March 30, at 3 pm in The Inn by the Fireplace.

March Birthdays

- Janice Liebe
- Barbara Trapasso
- 8 Jim Pierce

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- 9 Fred Honsell
- 10 Barbara Merkel
- 10 **Reinhard Unger**
- 13 Margaret Jaques
- 14 Kathy Filson
- 14 Paul Leach
- 16 Howard Dyer
- 17 John Allen
- 17 Milt Hamann
- 17
- Gloria Scherer
- 18 John Carrano
- 18 Brownie Trainham
- 18 George Underdahl
- 21 Skip Sheldon
- 22 **Paul Jaques**
- 22 Linda Jenkins
- 23 Judy Caldwell
- Mary Steinbugler 24
- 25 Ronnie Peterman
- 27 Joe Hamrick

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Happy Anniversary! Larry & Carroll Sitton



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