



100 N College Row
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*Committed to Brevard,
Dedicated to Seniors*

Find us on



Hot Dog Lunch

National Hot Dog Day is July 17 but we are celebrating a day early! Tuesday, July 16, enjoy beef or turkey dogs with your choice of onions, kraut, cheese, chili, relish, slaw, etc., as well as onion rings, dessert and beverage from Noon to 1 pm in Main Dining Room. No additional charge and open to ALL residents. Sign up at Front Desk by Friday, July 12.

National Days

- 1 Gingersnap
- 8 Freezer Pop
- 9 Sugar Cookie
- 17 Hot Dog (celebrating July 16)
- 25 Hot Fudge Sundae



Let the competition begin! Our first Resident vs Staff Cornhole Challenge is Thursday, July 11, at 2 pm in Auditorium. Sign up at Front Desk if interested in competing.

4th of July Festivities!

Thursday, July 4, the Main Meal is from 11:30 am - 1 pm in Main Dining Room. The motorcoach departs at 1:20 pm for **Patriotic Pops** at Brevard Music Center. Wine and cheese is from 3-4 pm in Activity Room. Enjoy the **City of Brevard** fireworks at 9:30 pm. NO mail delivery!



National Hot Fudge Sundae Day

Thursday, July 25, hot fudge sundaes are on the menu at 2 pm in both Cafe areas. Sign up at Front Desk by Monday, July 22.



Luau Theme Night Buffet

Tuesday, July 23, drinks served from 4-5 pm in Main Lobby followed by a delicious luau themed buffet. Afterwards, Spirit of Polynesia performs at 6:30 pm in Auditorium. Throughout the generations, many styles of dance have emerged from the Polynesian islands and the dancers are proud to represent four of these islands. Don't forget your grass skirt!



The Great Outdoors

Tuesday, July 9 - Picnic at Mills River Recreation Area. Pack your lunch, CW provides drinks. Depart at 10:30 am.

Tuesday, July 30 - special program at Pisgah Forest Ranger Station followed by picnic. Pack your lunch, CW provides drinks. Depart at 9:45 am.

July 2024

A Auditorium B Bocce C Chapel D Dining Room E Cafe Area
F The Inn Media Room G Main Lobby H The Inn I Main Dining Room J The Inn Cafe Area
K Library L Bocce Courts M Wellness Office

Sunday		Monday		Tuesday		Wednesday		Thursday		Friday		Saturday			
 HAPPY 4th JULY INDEPENDENCE DAY		National Gingersnap Day 9:00 A Bocce 9:30 B Errands 10:00 C Exercise with Kerry DVD 10:30 D Chair Yoga DVD 12:30 E BIC at TCL 1:15 F Sit, Step, Sing with Debra 2:00 G Cornhole 2:30 H Gingersnaps 3:30 I Sit, Step, Sing with Debra 7:00 J Parker Concert Hall at BMC		National Freezer Pop Day 9:00 A Bocce 9:30 B Errands 10:00 C Exercise with Kerry DVD 10:30 D Chair Yoga DVD 12:30 E BIC at TCL 1:15 F Sit, Step, Sing with Debra 2:00 G Cornhole 2:30 H Freezer Pops 3:30 I Sit, Step, Sing with Debra 7:00 J Parker Concert Hall at BMC		National Sugar Cookie Day 9:30 A Huddle Group 10:45 B Picnic at Mills River Recreation Area 11:00 C National Sugar Cookie Day 11:00 D Tai Chi with Chris 1:00 E Bingo with Andy 1:00 F Ping-Pong 2:00 G Episcopal Communion 2:00 H Pinnole 2:30 I Episcopal Coffee 3:00 J Listen and Laugh with Carol 7:00 K Movie		2 8:00 A Continental Breakfast 9:00 B Bocce 9:30 C Grocery Shopping 10:00 D Exercise with Kerry DVD 10:30 E Grocery Shopping 10:30 F Chair Yoga DVD 11:00 G Blood Pressure Checks 11:00 H Dog Visits 2:00 I Sit, Step, and Sing with Debra 2:30 J Yoga with Lauren 3:00 K Dominoes 7:00 L Parker Concert Hall at BMC		3 Independence Day - NO Mail 9:30 A RC Mass 10:00 B Line Dancing 11:00 C Wii Bowling 11:30 D Main Meal in the Dining Room 1:00 E Knitting Group 1:20 F Brevard Music Center 2:00 G Cornhole 3:00 H Wine and Cheese 9:30 I City of Brevard Fireworks		4 9:00 A Bocce 10:00 B Exercise with Kerry DVD 10:00 C Shopping at Walmart and Belk 10:30 D Book Discussion Group 11:00 E Morning Yoga with Laura 1:00 F Sit, Step, and Sing with Debra 1:00 G Turning Points 1:45 H Sit, Step, Sing with Debra 2:00 I July Birthday Party 6:30 J Billiards 7:00 K Brevard Music Center		5 10:00 A Stand & Sit Yoga DVD 10:30 B Chair Yoga DVD 1:00 C Ping-Pong 1:30 D Scrabble 2:00 E Coffee Chat 2:00 F Popcorn & Movie in The Inn 6:45 G Movie 7:00 H Brevard Music Center	
10:30 J Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 K Snack Time 3:30 A Vespers		7 10:30 J Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 K Snack Time 3:30 A Vespers		8 National Freezer Pop Day 9:00 A Bocce 9:30 B Errands 10:00 C Exercise with Kerry DVD 10:30 D Chair Yoga DVD 12:30 E BIC at TCL 1:15 F Sit, Step, Sing with Debra 2:00 G Cornhole 2:30 H Freezer Pops 3:30 I Sit, Step, Sing with Debra 7:00 J Parker Concert Hall at BMC		9 National Sugar Cookie Day 9:30 A Huddle Group 10:45 B Picnic at Mills River Recreation Area 11:00 C National Sugar Cookie Day 11:00 D Tai Chi with Chris 1:00 E Bingo with Andy 1:00 F Ping-Pong 2:00 G Episcopal Communion 2:00 H Pinnole 2:30 I Episcopal Coffee 3:00 J Listen and Laugh with Carol 7:00 K Movie		10 8:00 A Continental Breakfast 9:00 B Bocce 9:30 C Grocery Shopping 10:00 D Exercise with Kerry DVD 10:30 E Grocery Shopping 10:30 F Chair Yoga DVD 11:00 G Dog Visits 2:00 H Sit, Step, and Sing with Debra 2:30 I Yoga with Lauren 3:00 J Dominoes 7:00 K Parker Concert Hall at BMC		11 9:30 A RC Mass 10:00 B Line Dancing 11:00 C Craft Time with Jean 11:00 D Wii Bowling 1:00 E Bible Study 1:00 F Bingo with Andy 1:00 G First Methodist Gathering and Communion 1:00 H Knitting Group 1:30 I Treat Thursday - Watermelon 2:00 J Resident vs Staff Cornhole Challenge 3:00 K Scrabble 5:00 L Brew Crew in PDR		12 9:00 A Bocce 10:00 B Exercise with Kerry DVD 10:00 C Shopping at Walmart and Belk 11:00 D Morning Yoga with Laura 1:00 E Sit, Step, and Sing with Debra 1:00 F Turning Points 1:45 G Sit, Step, Sing with Debra 2:00 H Traveling Betts Bar The Lodge 3:00 I Traveling Betts Bar Patio Homes & Cottages 6:30 J Billiards 7:00 K Brevard Music Center		13 10:00 A Stand & Sit Yoga DVD 10:30 B Chair Yoga DVD 1:00 C Ping-Pong 1:30 D Scrabble 2:00 E Coffee Chat 2:00 F Popcorn & Movie in The Inn 3:00 G Musical Performance by Alvin Watson 6:45 A Movie 7:00 G Brevard Music Center	
14 10:30 J Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 G Brevard Music Center 2:30 K Snack Time 3:30 A Vespers		15 Wear Yellow Day 9:30 A Huddle Group 9:30 B Tai Chi with Chris 11:00 C Tai Chi with Chris 12:00 D Hot Dog Lunch 1:00 E Bingo with Andy 1:00 F Ping-Pong 2:00 G BIC at TCL 2:00 H Veterans Coffee and Conversation 1:15 I Sit, Step, Sing with Debra 2:00 J Cornhole 2:30 K Sit, Step, and Sing with Debra 3:30 L Monday Mixers 7:00 G Parker Concert Hall at BMC		16 9:30 A Huddle Group 9:30 B Tai Chi with Chris 11:00 C Tai Chi with Chris 12:00 D Hot Dog Lunch 1:00 E Bingo with Andy 1:00 F Ping-Pong 2:00 G Ducky Derby under Lodge Porte-cochere 2:00 H Episcopal Communion 2:00 I Pinnole 2:30 J Episcopal Coffee 3:00 K Music with Linda 7:00 A Movie		17 9:00 A Bocce 9:30 B Grocery Shopping 10:00 C Exercise with Kerry DVD 10:30 D Recycled Card Group 10:30 E Grocery Shopping 10:30 F Chair Yoga DVD 11:00 G Blood Pressure Checks 2:00 H Sit, Step, and Sing with Debra 2:30 I Yoga with Lauren 3:00 J Archives Committee Meeting 3:00 K Dominoes 6:30 L Blue Ridge Bakery Band		18 9:30 A RC Mass 10:00 B Line Dancing 11:00 C Wii Bowling 12:00 D Pizza Party 1:00 E Bingo with Andy 1:00 F Knitting Group 2:00 G Cornhole 2:30 H Scenic Ride for The Inn 3:00 I Scrabble 5:00 J Volo Ladies Guild in PDR		19 9:00 A Bocce 10:00 B Exercise with Kerry DVD 10:00 C Shopping at Walmart and Belk 11:00 D Morning Yoga with Laura 1:00 E Sit, Step, and Sing with Debra 1:00 F Turning Points 1:45 G Sit, Step, Sing with Debra 2:00 H Fun Friday - College Walk Ice Cream Parlor 6:30 I Billiards 7:00 G Brevard Music Center		20 10:00 A Stand & Sit Yoga DVD 10:30 B Chair Yoga DVD 1:00 C Ping-Pong 1:30 D Scrabble 2:00 E Coffee Chat 2:00 F Popcorn & Movie in The Inn 6:45 A Movie 7:00 G Brevard Music Center			
21 10:30 J Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 K Snack Time 3:30 A Vespers		22 Luau Theme Night Buffet 9:30 A Huddle Group 9:30 B Shopping at ALDI Grocery Store 11:00 C Tai Chi with Chris 1:00 D Bingo with Andy 1:00 E Ping-Pong 2:00 F Episcopal Communion 2:00 G Land of Waterfalls Dulcimer Group 2:00 H Pinnole 2:30 I Episcopal Coffee 4:00 J Special Drinks 6:30 K Spirit of Polynesia Performance		23 9:30 A Huddle Group 9:30 B Shopping at ALDI Grocery Store 11:00 C Tai Chi with Chris 1:00 D Bingo with Andy 1:00 E Ping-Pong 2:00 F Episcopal Communion 2:00 G Land of Waterfalls Dulcimer Group 2:00 H Pinnole 2:30 I Episcopal Coffee 4:00 J Special Drinks 6:30 K Spirit of Polynesia Performance		24 8:00 A Continental Breakfast 9:00 B Bocce 9:30 C Grocery Shopping 10:00 D Exercise with Kerry DVD 10:30 E Grocery Shopping 10:30 F Chair Yoga DVD 11:00 G Dog Visits 1:15 H UU's 2:00 I Sit, Step, and Sing with Debra 2:30 J Yoga with Lauren 3:00 K Dominoes 7:00 L Parker Concert Hall at BMC		25 National Hot Fudge Sundae Day 9:30 A RC Mass 10:00 B Line Dancing 11:00 C Craft Time with Jean 11:00 D Wii Bowling 1:00 E Bible Study 1:00 F Bingo with Andy 1:00 G Knitting Group 2:00 H Cornhole 2:00 I Treat Thursday - Hot Fudge Sundaes 3:00 J History's Great Art Heists 3:00 K Scrabble 5:00 L Volo Ladies Guild in PDR		26 9:00 A Bocce 10:00 B Exercise with Kerry DVD 10:00 C Shopping at Walmart and Belk 11:00 D Shred It Mobile Shredding Unit 11:00 E Morning Yoga with Laura 1:00 F Sit, Step, and Sing with Debra 1:00 G Turning Points 1:45 H Sit, Step, Sing with Debra 2:00 I Traveling Betts Bar The Lodge 3:00 J Traveling Betts Bar Patio Homes & Cottages 6:30 K Billiards 7:00 L Brevard Music Center		27 10:00 A Stand & Sit Yoga DVD 10:30 B Chair Yoga DVD 1:00 C Ping-Pong 1:30 D Scrabble 2:00 E Coffee Chat 2:00 F Popcorn & Movie in The Inn 6:45 A Movie 7:00 G Brevard Music Center			
28 10:30 J Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 G Brevard Music Center 2:30 K Snack Time 3:30 A Vespers 4:00 E Vesper Committee Meeting		29 9:00 A Bocce 9:30 B Errands 10:00 C Exercise with Kerry DVD 10:30 D Chair Yoga DVD 12:30 E BIC at TCL 1:15 F Sit, Step, Sing with Debra 2:00 G College Walk Variety Show Rehearsal 2:30 H Sit, Step, and Sing with Debra 3:30 I Monday Mixers 7:00 J Parker Concert Hall at BMC		30 9:30 A Huddle Group 9:45 B Program at Pisgah Forest Ranger Station and Picnic Lunch 11:00 C Tai Chi with Chris 1:00 D Bingo with Andy 1:00 E Ping-Pong 2:00 F Episcopal Communion 2:00 G Pinnole 2:30 H Episcopal Coffee 3:30 I College Walk Variety Show 5:30 J TC Library Program 7:00 K Movie		31 8:00 A Continental Breakfast 9:00 B Bocce 9:30 C Grocery Shopping 10:00 D Exercise with Kerry DVD 10:30 E Grocery Shopping 10:30 F Chair Yoga DVD 11:00 G Dog Visits 1:15 H UU's 2:00 I Sit, Step, and Sing with Debra 2:30 J Yoga with Lauren 3:00 K Dominoes 7:00 L Parker Concert Hall at BMC									

Fresh Corn

As soon as McCall's Farm starts harvesting their crop, College Walk will be providing corn for purchase at \$.50 per ear. What a bargain and so DELICIOUS! Watch Table Talk for the exact date and time.



Shred-It Day

Many of you have asked and we listened! Shred-it mobile shredding unit will be here Friday, July 26, from 10 am to noon in the East Wing front parking area.



Shred-it
A SECURIT COMPANY

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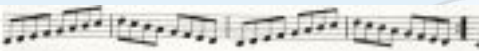
Happy Anniversary!

29 - Victor & Hilda Blackburn



BMC @ TCL

Brevard Music Center students perform at Transylvania County Library every Monday in July. Motorcoach departs at 12:30 pm. Sign up at Front Desk.



Ducky Derby

Tuesday, July 16, College Walk hosts its 11th annual Ducky Derby to raise money for The Bread of Life. Duckies are \$5 each or 3 for \$10. Purchase ducks at Front Desk. The "race" begins at 2 pm in the small pool under Lodge porte-cochere.



Don't miss our College Walk Variety Show, featuring several different acts on Tuesday, July 30, at 3 pm in Auditorium.

July Birthdays

- 2

Patricia Keyes
- 2

Phyllis Sheldon
- 4

Kathie Blozan
- 5

Victor Blackburn
- 5

Nancy Shelbourne
- 6

Barbara Levy
- 7

Barbara Janowitz
- 7

Barbara Meyer
- 10

Adele Colston
- 11

Jo Ann Clemmer
- 11

Gail Garrett
- 11

Vel Pointer
- 11

Dolores Shore
- 13

Jeanne Daniel
- 15

Bonnie Arbuckle
- 15

Tim Robinson
- 15

Rose Wimsatt
- 16

Frank Spellmon
- 18

Janice Vogel
- 19

Evon Merrell
- 20

Sandra Gresham
- 25

Trinie Case
- 27

Faye Doell
- 27

Carolyn Gordon-Loebig
- 27

Jane Prescott
- 28

Sharon Stark
- 29

Beverly Outlaw
- 29

Judy Pierce

