

100 N College Row Brevard, NC 28712 (828) 884-5800 Fax: (828) 884-5840

Committed to Brevard, Dedicated to Seniors

Find us on **f** 



## **Conserving Carolina Program**

Pam Torlina, community engagement director for Conserving Carolina presents "Beneficial Bats" on Friday, August 2, at 3 pm, in Auditorium. This presentation focuses on our only flying mammal: bats! Learn about species of bats found in North Carolina, their unique adaptations, habitat requirements, effects of White Nose Syndrome, as well as the benefits of having bats around and what you can do to help them.

## **Cheese Blintz Brunch**

Tuesday, August 20, enjoy a cheese blintz or two with choice of toppings as well as sausage, bacon, fresh fruit, milk, juice and coffee from 10:30-11:30 am, in Main Dining Room. No additional charge and open to ALL residents. Sign up at Front Desk by Friday, August 16.



## **Associate Spotlight**

Adrienne Spradling, Dining Room Supervisor, joins us from the manufacturing world at Demmel where she worked as a Production Manager Assistant. Her hometown is Charleston, WV, and she enjoys hiking and video games. She's married (since 2006) and proudly has 3 children. "Happy to be part of College Walk!" We are thankful Adrienne is part of our team!



## **Voter Registration**

Federal, state and local elections will be held in November. Are you registered to vote in Transylvania County? If not, on Wednesday, August 14, get registered at 10 am in Activity Room. Also information about absentee ballots, early voting, sample ballots and the possibility of obtaining an official photo ID.

# National Days in August

- 8 Frozen Custard
- 14 Creamsicle
- 15 Lemon Meringue Pie
- 21 Spumoni
- 23 Sponge Cake
- 28 Cherry Turnover



## **WNC Air Museum**

Wednesday, August 7, we will travel to Hendersonville for a self-guided tour of WNC Air Museum. It features an impressive collection of restored, replica and vintage airplanes, models, engines and flying memorabilia including a few new planes in the collection. Free admission but donations accepted. Depart College Walk at 9:30 am.



## **August Programs**

- 2 Beneficial Bats
- 7 Concert by Woodwind Quintet
- 16 Piano Concert by Solomon Eichner
- 22 Van Gogh: His Life, Art & Rise to Fame
- 23 Crazy Quilts
- 30 Magic & Balloons



A Auditorium F The Inn Media Room Library B Activity Room G Main Lobby M Bocce Courts P Wellness Office Chapel The Inn D Game Room J Main Dining Room
Cafe Area

A SENIOR LIVING COMMU	INITY		Cafe Area The Inn Cafe Area			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	HELLO			11:00 K Craft Time with Jean 11:00 D Wii Bowling 1:00 B Bible Study 1:00 K Bingo with Andy 1:00 D Knitting Group 2:00 A Cornhole 2:00 D Scrabble 5:30 G All Things Appalachian at TC Library	9:00 M Bocce 10:00 A Exercise with Kerry DVD 10:00 S Shopping at Walmart and Belk 10:30 B Book Discussion Group 11:00 A Morning Yoga with Laura 1:00 F Sit, Step, and Sing with Debra 1:00 Turning Points 1:45 A Sit, Step, Sing with Debra 2:00 A Logust Birthday Party 3:00 A Conserving Carolina Program 6:30 D Billiards 7:00 G Brevard Music Center	10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:00 A Ping-Pong 1:30 D Scrabble 2:00 E Coffee Chat 2:00 F Popcorn & Movie in The Inn 6:45 A Movie 7:00 G Brevard Music Center
10:30 Church Service 11:30 Main Meal in the Dining Room 1:30 D Scrabble 2:30 G Brevard Music Center 2:30 K Snack Time 3:30 A Vespers	9:00 M Bocce 9:30 G Errands 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 G Corn on the Cob Sale 1:15 A Sit, Step, Sing with Debra 2:00 A Cornhole 2:00 F Sit, Step, and Sing with Debra 3:30 E Monday Mixers	9:30 G Grocery Shopping 9:30 B Hubble Group 10:30 G Grocery Shopping 11:00 A Tai Chi with Chris 1:00 K Bingo with Andy 1:00 A Ping-pong 2:00 C Episcopal Communion 2:00 B Pinochle 2:30 E Episcopal Coffee 3:00 Music with Linda 7:00 A Movie	8:00 B Continental Breakfast 9:00 M Bocce 9:30 G Visit Western North Carolina Air Museum in Hendersonville 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 P Blood Pressure Checks 11:00 Dog Visits 2:00 Sit, Step, and Sing with Debra 2:30 A Yoga with Lauren 3:00 D Dominoes 6:30 A Special Concert by Woodwind Quintet	National Frozen Custard Day  9:30	9:00 M Bocce 10:00 A Exercise with Kerry DVD 10:00 G Shopping at Walmart and Belk 11:00 A Morning Yoga with Laura 1:00 F Sit, Step, and Sing with Debra 1:00 B Turning Points 1:45 A Sit, Step, Sing with Debra 2:00 Traveling Betts Bar - Lodge 3:00 Traveling Betts Bar - Patio Homes & Cottages 6:30 D Billiards	10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:00 A Ping-Pong 1:30 D Scrabble 2:00 E Coffee Chat 2:00 F Popcorn & Movie in The Inn 7:00 A Movie
10:30 Church Service 11:30 Main Meal in the Dining Room 1:30 D Scrabble 2:30 K Snack Time 3:30 A Vespers	9:00 M Bocce 9:30 G Errands 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 G Corn on the Cob Sale 1:15 A Sit, Step, Sing with Debra 2:00 A Cornhole 2:00 F Sit, Step, and Sing with Debra 3:30 E Monday Mixers	9:30 B Hubble Group 10:45 G Picnic at Mills River Recreation Area 11:00 A Tai Chi with Chris 1:00 K Bingo with Andy 1:00 A Ping-pong 2:00 C Episcopal Communion 2:00 B Pinochle 2:30 E Episcopal Coffee 3:00 F Listen and Laugh with Carol 7:00 A Movie	National Creamsicle Day  8:00		9:00 M Bocce 10:00 A Exercise with Kerry DVD 10:00 G Shopping at Walmart and Belk 11:00 A Morning Yoga with Laura 1:00 F Sit, Step, and Sing with Debra 1:00 B Turning Points 1:45 A Sit, Step, Sing with Debra 3:00 A Piano Concert by Solomon Eichner 6:30 D Billiards	17 10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:00 A Ping-Pong 1:30 D Scrabble 2:00 E Coffee Chat 2:00 F Popcorn & Movie in The Inn 6:45 A Movie 7:30 G Brevard Music Center
10:30 Church Service 11:30 J Main Meal in the Dining Room 1:30 D Scrabble 2:30 K Snack Time 3:30 A Vespers	9:00 M Bocce 9:30 G Errands 10:00 A Exercise with Kerry DVD 10:50 A Chair Yoga DVD 11:00 G Corn on the Cob Sale 11:00 B Veterans' Coffee and Conversation 1:15 A Sit, Step, Sing with Debra 2:00 A Cornhole 2:00 F Sit, Step, and Sing with Debra 3:30 E Monday Mixers	9:30 B Hubble Group 10:30 J Cheese Blintz Brunch 11:00 A Tai Chi with Chris 1:00 K Bingo with Andy 1:00 A Ping-pong 2:00 Episcopal Communion 2:00 Pinochle 2:00 Traveling Betts Bar - Lodge 2:30 Episcopal Coffee 3:00 M Music with Linda 3:00 Traveling Betts Bar - Patio Homes & Cottages 7:00 A Movie	National Spumoni Day  8:00 B Continental Breakfast 9:00 M Bocce 9:30 G Grocery Shopping 10:00 A Exercise with Kerry DVD 10:30 G Grocery Shopping 10:50 A Chair Yoga DVD 11:00 P Blood Pressure Checks 11:00 Dog Visits 2:00 F Sit, Step, and Sing with Debra 2:00 E Spumoni 2:30 A Yoga with Lauren 3:00 D Dominoes	9:30  ORC Mass  10:00  A Line Dancing  11:00  Craft Time with Jean  11:00  D Wii Bowling  12:00  B Pizza Party  1:00  B Bible Study  1:00  CBingo with Andy  1:00  A Cornhole  1:00  D Knitting Group  2:00  D Scrabble  3:00  A Carol Jonson presents Vincent Van Gogh: His Life, Art and Rise to Fame  5:00 Vino Ladies' Guild in PDR	National Sponge Cake Day 9:00 M Bocce 10:00 A Exercise with Kerry DVD 10:00 G Shopping at Walmart and Belk 11:00 A Morning Yoga with Laura 1:00 Sit, Step, and Sing with Debra 1:00 Turning Points 1:45 A Sit, Step, Sing with Debra 2:00 F Fun Friday - Sponge Cake 3:00 A Alice Earl presents Crazy Quilts 6:30 D Billiards	10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:00 A Ping-Pong 1:30 D Scrabble 2:00 E Coffee Chat 2:00 F Popcorn & Movie in The Inn 7:00 A Movie
	White Squirrel Photo Contest  Begins  9:00 M Bocce 9:30 G Errands  10:00 A Exercise with Kerry DVD  10:00 L Library Committee Meeting  10:50 A Chair Yoga DVD  11:00 G Corn on the Cob Sale  1:15 A Sit, Step, Sing with Debra  2:00 A Cornhole  2:00 Sit, Step, and Sing with Debra  3:30 E Monday Mixers	9:30 B Hubble Group 9:45 G Tour New Transylvania County EMS – Brevard Base 11:00 A Tai Chi with Chris 1:00 K Bingo with Andy 1:00 A Ping-pong 2:00 Episcopal Communion 2:00 Land of Waterfalls Dulcimer Group 2:00 B Pinochle 2:30 E Episcopal Coffee 7:00 A Movie	National Cherry Turnover Day  8:00	Night Buffet	9:00 M Bocce 10:00 A Exercise with Kerry DVD 10:00 G Shopping at Walmart and Belk 11:00 A Morning Yoga with Laura 11:30 K The Inn Pizza Party 1:00 Sit, Step, and Sing with Debra 1:00 B Turning Points 1:45 A Sit, Step, Sing with Debra 2:00 F Fun Friday - Veggie Tray 3:00 A Magic and Balloons with Chris Bilotta 6:30 D Billiards	10:00 A Stand & Sit Yoga DVD 10:30 A Chair Yoga DVD 1:00 A Ping-Pong 1:30 D Scrabble 2:00 E Coffee Chat 2:00 F Popcorn & Movie in The Inn 7:00 A Movie

## White Squirrel Photo Contest

Our 3rd Annual White Squirrel photo contest starts Monday, August 26. Photos must be taken by the resident/staff, framed and limited to two entries. Residents, staff and visitors will vote for their favorite squirrel. Photos will be displayed in Game Room. Voting ends Monday, September 2. Questions? Contact Valerie and good luck!



## Corn Sale

It's that time! Fresh corn-onthe-cob available @ \$.50 per ear every Monday, at 11 am, in Main Lobby. What a bargain!



# "A Night at the Movies" Theme Night Buffet

Thursday, August 29, dress as your favorite movie character and join us for drinks at 4 pm, in main lobby. Next, enjoy a delicious themed buffet followed by Mary Poppins at 6:30 pm, in Auditorium.



## **Tuesday Trip**

Tuesday, August 13 - Let's try again! Picnic at Mills River Recreation Area. Pack your lunch, College Walk provides drinks. Depart at 10:45 a.m.

Tuesday, August 27 - Tour the brand new Transylvania County EMS (Brevard Base) building. Depart at 9:45 a.m.



## **August Birthdays**

- 1 Sandi Hall
- 2 Jessica Cave
- 2 Ruth Ann Weisenauer
- 5 Martha Farrar
- 6 Joanna Bliss
- 8 Mary Gillespie
- 9 Lillian Updike
- 9 Carolyn Winchester
- 10 Ella Mae Heaton
- 10 Nanc Marshall
- 13 Richard Gibson
- 13 Claire Rouse
- 14 Anna Nielsen
- 20 Bill Wallace
- 22 Virainia Diehl
- 23 Roy Cross
- 24 Flo Suddeth
- 25 Etta Jean Jarrell
- 26 Susan Petersen
- 26 Fred Sturges
- 27 Anne Honer
- 31 Judy Nebrig



# **Happy Anniversary!**

- 6 Fred & Judy Nebrig
- 10 Warren & Jerri Redwing
- 21 Newt & Adele Colston



