



100 N College Row  
Brevard, NC 28712  
(828) 884-5800  
Fax: (828) 884-5840

*Committed to Brevard,  
Dedicated to Seniors*

Find us on 

## Happy 4th of July!

Friday, July 4th, the Main Meal is from 11:30 am - 1 pm in both Dining Rooms. Depart at 1:20 pm for Patriotic Pops at Brevard Music Center. **Tuxedo Junction** performs all your favorites from 3-5 pm in the Auditorium. Enjoy the **City of Brevard** fireworks at 9:30 pm. Wear red, white and blue! \* NO mail delivery\*



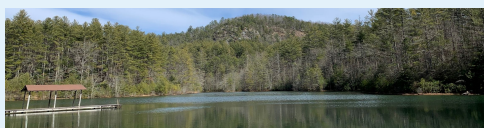
## Brevard Music Center Students Here

They're BACK! This month only, Brevard Music Center students perform every Tuesday afternoon at 3 pm in the Auditorium. You don't want to miss these talented students!



## Picnic in DuPont State Forest

Tuesday, July 29, visit DuPont State Forest for a picnic lunch at Lake Dense shelter. Pack your lunch: College Walk provides drinks. Depart at 10:45 am. Sign up at Front Desk.



## Route 66 Theme Night

Get your kicks on Route 66! Tuesday, July 22, drinks are served at 4 pm in Main Lobby followed by a themed buffet. Afterwards is "Route 66: A Cruise Down Main Street" at 6:30 pm in Auditorium. Dress in your '50s diner-inspired outfit and see you there!

## Cornhole Challenge

Thursday, July 31, our 2nd Annual Resident vs. Staff Cornhole Challenge is at 2 pm in the Auditorium. The staff plans to practice and be ready this year!



## Special Performance

Connestee Chorale performs Monday, July 21, at 3 pm in the Auditorium. Sign up at Front Desk.

## TCarts Exhibit

**Birds, Butterflies and Blooms** at TCart on Tuesday, July 8: Depart at 11 am. No admission, donations are accepted. Sign up at Front Desk.

## Fresh Corn

As soon as McCall's Farm starts harvesting their crop, College Walk will be providing corn for purchase at \$.50 per ear. It's DELICIOUS and a bargain! Watch Table Talk for the exact date and time.

## Chicken and Waffles Brunch

Tuesday, July 15, enjoy a yummy chicken and waffles brunch with scrambled eggs, bacon, sausage, fruit, milk, juice and coffee: No extra charge unless you bring a guest. 10 am in Main Dining Room: Sign up at Front Desk.



## Christmas in July

**\*ONE DAY ONLY\* FRIDAY, JULY 18**, we celebrate Christmas in July with carols, cookies and decorations. Be sure to wear your holiday best!





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>National Gingersnaps Day</b> 1 9:30  Shopping at ALDI Grocery Store 10:30  Hubble Group 11:00  Tai Chi with Chris 1:00  Bingo with Andy 1:00  Ping-Pong 1:30  Gingersnaps 2:00  Episcopal Communion 2:00  Music with Linda 2:30  Episcopal Coffee 3:00  Piano Concert by Brevard Music Center Students 6:30  Movie	2 9:00  Bocce 9:30  Grocery Shopping 10:00  Bocce 10:00  Exercise with Kerry DVD 10:30  Grocery Shopping 10:50  Chair Yoga DVD 11:00  Blood Pressure Checks 11:00  Dog Visits 2:30  Sit, Step, Sing with Debra 2:45  Mindful Meditation 3:00  Dominoes 7:00  Parker Concert Hall at BMC	3 <b>National Chocolate Wafer Day</b> 9:30  RC Mass 10:00  Line Dancing 11:00  Craft Time with Jean 11:00  Wii Bowling 1:00  Bible Study 1:00  Bingo with Andy 1:00  Knitting Group 2:00  Chocolate Wafers 2:00  Cornhole 3:00  Ping-Pong 3:00  Scrabble 5:00 Brew Crew in Private Dining Room	4 <b>Independence Day</b> 9:00  Bocce 10:00  Bocce 10:00  Exercise with Kerry DVD 10:50  Chair Yoga DVD 11:30  Main Meal in both Dining Rooms 1:00  Sit, Step, and Sing with Debra 1:00  Turning Points 1:20  Brevard Music Center 1:45  Sit, Step, Sing with Debra 3:00  Musical Performance by Tuxedo Junction 6:30  Billiards 9:30 City of Brevard Fireworks	5 10:00  Stand & Sit Yoga DVD 10:30  Chair Yoga DVD 1:00  Ping-Pong 1:30  Scrabble 2:00  Popcorn & Movie in The Inn 6:30  Movie 7:00  Brevard Music Center
6 10:30  Church Service 11:30  Main Meal in the Dining Room 2:30  Brevard Music Center 2:30  Snack Time 3:30  Vespers	7 9:00  Bocce 9:30  Errands 10:00  Bocce 10:00  Exercise with Kerry DVD 10:50  Chair Yoga DVD 12:30  BMC at TCL 1:15  Sit, Step, Sing with Debra 2:00  Cornhole 2:00  Hand and Foot Card Game 2:00  Sit, Step, and Sing with Debra 3:30  Monday Mixers 7:00  Parker Concert Hall at BMC	8 <b>National Raspberry Day</b> 10:30  Hubble Group 11:00  Tai Chi with Chris 11:00  Visit TCarts in Brevard 11:30  The Inn Pizza Party 1:00  Bingo with Andy 1:00  Ping-Pong 1:30  Raspberries 2:00  Episcopal Communion 2:00  Listen and Laugh with Carol 2:30  Episcopal Coffee 3:00  Piano Concert by Brevard Music Center Students 6:30  Movie	9 8:00  Continental Breakfast 9:00  Bocce 9:30  Grocery Shopping 10:00  Bocce 10:00  Exercise with Kerry DVD 10:30  Grocery Shopping 10:50  Chair Yoga DVD 11:00  Dog Visits 2:30  Sit, Step, Sing with Debra 2:45  Mindful Meditation 3:00  Dominoes 7:00  Parker Concert Hall at BMC	10 9:30  RC Mass 10:00  Line Dancing 11:00  Craft Time with Jean 1:00  Bible Study 1:00  Bingo with Andy 1:00  First Methodist Gathering and Communion 1:00  Knitting Group 2:00  Visually Impaired Persons' Meeting 3:00  Scrabble 5:00 Vino Ladies' Guild in Private Dining Room	11 <b>National French Fry Day</b> 9:00  Bocce 10:00  Bocce 10:00  Exercise with Kerry DVD 10:00  Shopping at Walmart and Belk 10:50  Chair Yoga DVD 1:00  Sit, Step, and Sing with Debra 1:00  Turning Points 1:45  Sit, Step, Sing with Debra 2:00  Loaded Fries 3:00  Conserving Carolina Program 6:30  Billiards 7:00  Brevard Music Center	12 10:00  Stand & Sit Yoga DVD 10:30  Chair Yoga DVD 1:00  Ping-Pong 1:30  Scrabble 2:00  Popcorn & Movie in The Inn 6:30  Movie 7:00  Brevard Music Center
13 10:30  Church Service 11:30  Main Meal in the Dining Room 2:30  Brevard Music Center 2:30  Snack Time 3:30  Vespers	14 9:00  Bocce 9:30  Errands 10:00  Bocce 10:00  Exercise with Kerry DVD 10:50  Chair Yoga DVD 12:30  BMC at TCL 1:15  Sit, Step, Sing with Debra 2:00  Cornhole 2:00  Hand and Foot Card Game 2:00  Sit, Step, and Sing with Debra 3:30  Monday Mixers 7:00  Parker Concert Hall at BMC	15 <b>National Tapioca Pudding Day</b> 10:00  Chicken and Waffles Brunch 10:30  Hubble Group 11:00  Tai Chi with Chris 1:00  Bingo with Andy 1:00  Ping-Pong 1:30  Tapioca Pudding 2:00  Episcopal Communion 2:00  Music with Linda 2:30  Episcopal Coffee 3:00  Piano Concert by Brevard Music Center Students 6:30  Movie	16 9:00  Bocce 9:30  Grocery Shopping 10:00  Exercise with Kerry DVD 10:00  Recycled Card Group 10:30  Grocery Shopping 11:00  Blood Pressure Checks 2:00  Archives Committee Meeting 2:30  Sit, Step, Sing with Debra 2:45  Mindful Meditation 3:00  Dominoes 6:30  An Evening with Mark Twain 7:00  Parker Concert Hall at BMC	17 <b>National Peach Ice Cream Day</b> 9:30  RC Mass 10:00  Line Dancing 11:00  Craft Time with Jean 11:00  Wii Bowling 1:00  Bible Study 1:00  Bingo with Andy 1:00  Knitting Group 2:00  Cornhole 2:00 Peach Ice Cream 3:00  Ping-Pong 3:00  Scrabble 5:00 Vino Ladies' Guild in Private Dining Room	18 <b>Christmas in July</b> 9:00  Bocce 10:00  Bocce 10:00  Exercise with Kerry DVD 10:00  Shopping at Walmart and Belk 10:50  Chair Yoga DVD 1:00  Sit, Step, and Sing with Debra 1:00  Turning Points 1:45  Sit, Step, Sing with Debra 2:00  Birthday Party 3:00  The History of Feed Sack Quilts 6:30  Billiards 7:00  Brevard Music Center	19 10:00  Stand & Sit Yoga DVD 10:30  Chair Yoga DVD 1:00  Ping-Pong 1:30  Scrabble 2:00  Popcorn & Movie in The Inn 6:30  Movie 7:00  Brevard Music Center
20 10:30  Church Service 11:30  Main Meal in the Dining Room 2:30  Brevard Music Center 2:30  Snack Time 3:30  Vespers	21 9:00  Bocce 9:30  Errands 10:00  Bocce 10:00  Exercise with Kerry DVD 11:00  Veterans' Coffee and Conversation 12:30  BMC at TCL 1:15  Sit, Step, Sing with Debra 2:00  Cornhole 2:00  Hand and Foot Card Game 2:00  Sit, Step, and Sing with Debra 3:00  Connestee Chorale Performance 7:00  Parker Concert Hall at BMC	22 <b>Route 66 Theme Night</b> 10:30  Hubble Group 11:00  Tai Chi with Chris 1:00  Bingo with Andy 1:00  Ping-Pong 2:00  Episcopal Communion 2:00  Music with Jo 2:30  Episcopal Coffee 3:00  Piano Concert by Brevard Music Center Students 4:00  Special Drinks 6:30  Movie	23 <b>National Lemon Day</b> 8:00  Continental Breakfast 9:00  Bocce 9:30  Grocery Shopping 10:00  Bocce 10:00  Exercise with Kerry DVD 10:30  Grocery Shopping 10:50  Chair Yoga DVD 11:00  Dog Visits 1:15  UU's 2:30  Sit, Step, Sing with Debra 2:45  Mindful Meditation 3:00  Dominoes	24 9:30  RC Mass 10:00  Line Dancing 11:00  Craft Time with Jean 11:00  Wii Bowling 12:00  Pizza Party 1:00  Bible Study 1:00  Bingo with Andy 1:00  Knitting Group 2:00  Cornhole 3:00  Ping-Pong 3:00  Scrabble	25 9:00  Bocce 10:00  Bocce 10:00  Exercise with Kerry DVD 10:00  Shopping at Walmart and Belk 10:50  Chair Yoga DVD 1:00  Sit, Step, and Sing with Debra 1:00  Turning Points 1:45  Sit, Step, Sing with Debra 2:00 Traveling Betts Bar The Lodge 3:00 Traveling Betts Bar Patio Homes & Cottages 6:30  Billiards 7:00  Brevard Music Center	26 10:00  Stand & Sit Yoga DVD 10:30  Chair Yoga DVD 1:00  Ping-Pong 1:30  Scrabble 2:00  Popcorn & Movie in The Inn 6:30  Movie 8:00  Brevard Music Center
27 10:30  Church Service 11:30  Main Meal in the Dining Room 2:30  Snack Time 3:30  Vespers 4:00  Vesper Committee Meeting	28 9:00  Bocce 9:30  Errands 10:00  Bocce 10:00  Exercise with Kerry DVD 10:00  Library Committee Meeting 12:30  BMC at TCL 1:15  Sit, Step, Sing with Debra 2:00  Cornhole 2:00  Hand and Foot Card Game 2:00  Sit, Step, and Sing with Debra 3:30  Monday Mixers 7:00  Parker Concert Hall at BMC	29 <b>National Chocolate Milk Day</b> 10:00  Chocolate Milk 10:30  Hubble Group 10:45  Picnic at Lake Dense in DuPont State Forest 11:00  Tai Chi with Chris 1:00  Bingo with Andy 1:00  Ping-Pong 2:00  Episcopal Communion 2:30  Episcopal Coffee 3:00  Piano Concert by Brevard Music Center Students 6:00  Susie and The HitList Show 6:30  Movie 6:30  Parker Concert Hall at BMC	30 8:00  Continental Breakfast 9:00  Bocce 9:30  Grocery Shopping 10:00  Bocce 10:00  Exercise with Kerry DVD 10:30  Grocery Shopping 10:50  Chair Yoga DVD 11:00  Dog Visits 2:30  Sit, Step, Sing with Debra 2:45  Mindful Meditation 3:00  Dominoes 7:00  Parker Concert Hall at BMC	31 9:30  RC Mass 10:00  Line Dancing 11:00  Craft Time with Jean 11:00  Wii Bowling 1:00  Bible Study 1:00  Bingo with Andy 1:00  Knitting Group 2:00  2nd Annual Resident vs. Staff Cornhole Challenge 3:00  Ping-Pong 3:00  Scrabble		

## Mindful Meditation Class

### Meditation Made Easy – Just 30 Minutes to a Calmer, Clearer You!

A quick and relaxing class where you'll learn simple, science-backed mindfulness techniques to boost brain health, improve focus, and support overall well-being. Feel refreshed and recharged with tools to help you stay independent, calm, and mentally sharp—every day. No experience needed! 2:45 pm in Auditorium every Wednesday afternoon in July.



## An Evening With Mark Twain

Wednesday, July 16, be prepared to laugh as Ernie Mills portrays the irreverent Mark Twain at 6:30 pm in Auditorium. Sign up at Front Desk.

## Happy Anniversary!

29 - Victor & Hilda Blackburn



## Conserving Carolina Program

Friday, July 11, Mary Miller presents "The Effects of Light Pollution on Wildlife" at 3 pm in Auditorium. Sign up at Front Desk.

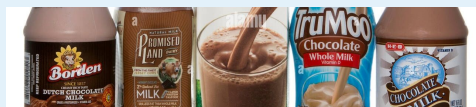
## Quilting Program

Friday, July 18, quilt Expert Alice Earl presents "The History of Feed Sack Quilts" at 3 pm in Auditorium. Sign up at Front Desk.



## National Days in July

- 1 Gingersnaps
- 3 Chocolate Wafer
- 8 Raspberry
- 11 French Fries
- 15 Tapioca Pudding
- 17 Peach Ice Cream
- 23 Lemon
- 29 Chocolate Milk



## July Birthdays

- 2 Trisha Keyes
- 2 Phyllis Sheldon
- 4 Kathie Blozan
- 5 Nancy Shelbourne
- 5 Victor Blackburn
- 6 Barbara Levy
- 7 Barbara Janowitz
- 7 Barbara Meyer
- 10 Adele Colston
- 11 Vel Pointer
- 11 Dolores Shore
- 15 Bonnie Arbuckle
- 15 Dick Fudge
- 15 Rose Wimsatt
- 16 Frank Spellmon
- 18 Thomas Bunny
- 18 Janice Vogel
- 19 Evon Merrell
- 20 Sandra Gresham
- 24 Joann Claytor
- 26 Lorene Macemore
- 27 Faye Doell
- 27 Carolyn Gordon-Loebig
- 27 Jane Prescott
- 28 Richard Harmon
- 28 Sharon Stark
- 29 Beverly Outlaw
- 29 Judy Pierce
- 31 Joan Bloom

